**Student Success Map**

**FRESHMAN**

- Learn where to find and how to use campus resources such as the Student Learning Center, Health Center, Academic Advising, and Wellness Center and your faculty advisor.
- Visit each of your instructors during their office hours. Make a point to get to know your professors.
- Obtain your Major Academic Plan (MAP). It will enable you and your advisor to plan for each semester.
- If you need preparatory math and/or English courses, complete them in your first year.
- Take NFSC 155 and begin lower division chemistry, biology and NFSC courses and Math 105.
- Confirm graduation progress with an Evaluator.
- Visit the Student Activities Office and get involved with a club or organization—start your own. Check out the Freshman Leadership Opportunity (FLO).
- Read the Book in Common (BIC) and participate in BIC activities.

**SOPHOMORE**

- Know how to use your Degree Progress Report (DPR) in your Student Center. Go to Academic Advising for help.
- Meet with your advisor every semester. Discuss your career goal.
- Complete lower division science and NFSC courses (NFSC 120, 122, NFSC 230). Take NFSC 340.
- Complete your GE Foundation courses. Explore GE Pathways. Consider completing an interdisciplinary minor within your GE. Consult an advisor for help.
- Learn about NFSC externship opportunities from NFSC faculty.
- Consider an internship to explore your major and build professional skills. Internships provide you with valuable work experience prior to graduation.
- Become a more active member of NFSA.

**JUNIOR**

- Apply for graduation one year in advance of your expected graduation date. Meet with your advisor every semester and discuss how you can use your summer to advance your career goal.
- Complete a sufficient number of units each term (35–36 units) to graduate in four years. Some programs require more.
- Check your Student Center prior to registration for registration holds and updating your personal info.
- Complete 300 level NFSC courses.

**SENIOR**

- Develop a post-graduation plan with your advisor.
- Complete 400 level NFSC courses. Finish all major requirements.
- Network with alumni, advisory boards, and other potential employers.
- Attend a national or state professional meeting.
- Explore international volunteer and paid opportunities.
- Develop a post-graduation plan with your advisor.

**Get Good Advice**

- Meet with your major advisor and consult Advisers in SSC 200 as needed for course selection strategies. Take courses in the proper sequence.
- Meet deadlines to register, pay fees, and apply for financial aid.
- Check your DPR. Are you on-track to meet requirements?
- Complete a sufficient number of units each term (35–36 units) to graduate in four years. Some programs require more.
- Check your Student Center prior to registration for registration holds and updating your personal info.
- Check your Student Center in the first two weeks of classes to confirm your class schedule and that all adds and drops have been processed as you expected.
- Check your Student Center after each semester for your grades and academic standing. If your GPA drops below a 2.0, consult an Advisor.

**Take the Right Classes**

- Begin your Upper Division GE Pathway courses. Complete 300 level NFSC courses.
- Complete a NFSC externship in your junior or senior year.
- Consider a leadership position in NFSA.
- Review your involvement, leadership, and cultural resumes. Have you participated in on- or off-campus activities such as clubs, community service, recreational opportunities, musical, dramatic or cultural performances, lectures or forums?

**Apply What You Learn**

- Complete a NFSC externship in your junior or senior year.
- Complete 400 level NFSC courses.
- Finish all major requirements.
- Consider a time management workshop in the Student Learning Center.
- Use the Career Center to assess your interests, skills, and work values.
- Think about a part-time job in foodservice.
- Explore Study Abroad opportunities. Attend an info meeting they offer every semester. Or consider National Student Exchange.
- Obtain volunteer and/or work experiences that build your resume.
- Visit the Career Center to learn about career opportunities and resume building. Attend a career fair on campus, regularly scheduled early in fall semesters and several times during spring semesters.

**Connect with Peers**

- Explore international volunteer and paid opportunities.
- Take GRE or other appropriate exams. Apply for graduate/professional school.
- Join a professional organization and network with individuals who can advance your career goal.
- Get to know International Students in your classroom.
- Attend on-campus events and learn about other cultures.
- Explore Study Abroad opportunities. Attend an info meeting they offer every semester. Or consider National Student Exchange.

**Prepare for Life After Graduation**

- Consider a leadership position in NFSA.
- Review your involvement, leadership, and cultural resumes. Have you participated in on- or off-campus activities such as clubs, community service, recreational opportunities, musical, dramatic or cultural performances, lectures or forums?
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**Food and Nutrition Communication**

- Nutrition educator or assistant
- Worksite wellness coordinator
- Personal trainer

**Foodservice Administration**

- Manager in school or college foodservice
- Dietary supervisor in healthcare facility
- Foodservice manager for camp or health spa

**Dietetics**

- Clinical dietitian
- Community dietitian
- Management dietitian

**Department of Nutrition and Food Science**

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