PSYCHOLOGICAL DISABILITY
Disability Documentation Guidelines

The following guidelines are provided in the interest of assuring that the documentation is appropriate to establish
the student as an individual with a disability and to provide a rationale for reasonable accommodations. These
guidelines are consistent with the CSU Policy on Provision of Services to Students with Disabilities.

Verification of Psychological Disability:
A licensed mental health professional, such as a psychiatrist, psychologist, clinical social worker or marriage
and family therapist, must provide documentation. Documentation needs to provide a clear statement of the
Diagnostic Statistical Manual 5 code, date of initial diagnosis, and date last seen for treatment or
evaluation. In addition such documentation must detail the functional limitations which this diagnosis creates
for the student in the educational setting, e.g. limited alertness etc.

Evaluation must be current. Since assessment constitutes the basis for determining reasonable
accommodations, it is in a student's best interest to provide verification that reflects current level of functioning.

Type of Documentation:
You may submit a letter from your physician on letterhead stationary which addresses the areas above or you
may choose to use the Disability Verification form provided here.

www.csuchico.edu/arc/disabilityverification