



California State University, Chico

Drug-Free Schools and Campuses Regulations [Edgar Part 86] Biennial Review:
Academic Years 2020-2021 & 2021-2022

KAIT A UTNEHMER, MA

WELLCAT PREVENTION

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California State University, Chico
Drug-Free Schools and Campuses Regulations [EDGAR Part 86]
Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student’s program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
- Ensure that its disciplinary sanctions are consistently enforced.

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400 W 1st Street
Chico CA, 95926

Typed Name of Chief Executive Officer

IRS Employer Identification Number

Signature of the Chief Executive Officer

Telephone Number

Date

e-mail address

Introduction

The Drug Free Schools and Communities Act (DFSCA) was amended in 1989 to include institutions of higher education (IHE). In order to receive funds (or any other forms of financial assistance under any Federal program), DFSCA requires an IHE to certify that they have adopted and implemented an alcohol and other drug (AOD) prevention program in order to prevent “unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.” The AOD prevention program must include, at minimum, the following:

1. Annual Distribution of a document to all students and employees that includes:
 - a. Standards of conduct prohibiting unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
 - b. A description of the local, State, and Federal laws which provide sanctions against unlawful possession or distribution of illicit drugs and alcohol.
 - c. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
 - d. A description of the treatment resources available to students and employees.
 - e. A clear statement that the college or university will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law).
 - f. A description of those sanctions, up to and including expulsion, or termination of employment and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.
2. Completion of a Biennial review by the University of its Drug and Alcohol Program that includes the following objectives:
 - a. Evaluation of the effectiveness of AOD policies and programs.
 - b. Verification that the disciplinary sanctions described in the document are consistently enforced.
 - c. Recommendations for program and policy changes as needed.

A copy of the biennial review must remain on file and be available for inspection by the U.S. Department of Education. California State University, Chico (CSU Chico) is committed to maintaining an environment that supports the health and wellbeing of its community members, while discouraging the illicit use of drugs and alcohol. The University demonstrates this commitment through the continuous development of policies, programs, and services that support healthy lifestyles. The intent of this document is to meet the legal requirements of conducting a biennial review and summarize the various activities and programs that occurred on the CSU Chico campus as they relate to drug and alcohol prevention during the 2020-2021 and 2021-2022 academic years.

Biennial Review Process

This biennial review covers the academic years 2020-2021 and 2021-2022. A committee oriented to the requirements of the Drug Free Schools and Communities Act was convened in order to review sections of the university's drug and alcohol program including: policy statements, publications, services, data collection, campus programs, and data on student and employee conduct. Data for the Biennial Review was collected by the committee chair, with the assistance of committee members, and reviewed by the entire committee. In addition, recommendations for the 2022-2024 review were developed and included in this report.

Biennial reviews are kept in the office of the Vice President of Student Affairs. Any requests for copies of current or previous biennial reviews can be made to this office. All biennial reviews are kept on file and available for review for three years after the fiscal year they were created pursuant to 34 C.F.R. § 86.103.

Annual Policy Notification Process

In compliance with the *Drug-Free Workplace and Drug-Free Schools and Campuses Regulations of the Drug-Free Schools and Communities Act (DFSCA)*, CSU Chico electronically provides each student and employee with a notification which includes the following: an overview of CSU policies and sanctions for drug and alcohol violations; education, prevention programs, assistance services, and resources; health risks; federal laws and sanctions; and California laws and sanctions. To view a copy of the annual student notification, please see Appendix A. The notification is distributed to the student body annually in September by Dean of Students in the Office of the Vice President of Student Affairs. To view a copy of the annual employee notification, please see Appendix B. The notification is distributed to all employees annually near the start of each academic year via an announcement from campus Human Resources.

In addition to the annual notification, as part of our new employee onboarding and orientation process, employees are provided access to the relevant policies, including a copy of the annual notification, and asked to acknowledge the fact that they have received them (Appendix C). These acknowledgements are placed in the employee's personnel file.

Alcohol and Other Drug Policy, Enforcement & Compliance

Student Conduct Code

Student Conduct, Rights, and Responsibilities (SCRR) is the office responsible for ensuring that student rights and responsibilities under Title 5 of the Education Code are upheld. Student behavior that is not consistent with the Student Conduct Code is addressed through an educational process designed to promote safety, good citizenship and, when necessary, impose appropriate consequences.

SCRR reviews and investigates complaints received from students, staff and faculty. Title IX/DHR cases investigated and may be referred for discipline. If there appears to be evidence of a policy violation, SCRR sends the student a "Notice of Conference" letter by email, informing them they have been charged with allegedly violating the university's Student Code of Conduct and requesting they contact SCRR to schedule an appointment. The student charged also receives a copy of Title 5 Standards for Student conduct.

Title 5 Alcohol and Drug Policies

(a) **Campus Community Values:** The University is committed to maintaining a safe and healthy living and learning environment for students, faculty, and staff. Each member of the campus community must choose behaviors that contribute toward this end. Students are expected to be good citizens and to engage in responsible behaviors that reflect well upon their university, to be civil to one another and to others in the campus community, and contribute positively to student and university life.

(b) **Grounds for Student Discipline** Student behavior that is not consistent with the Student Conduct Code is addressed through an educational process that is designed to promote safety and good citizenship and, when necessary, impose appropriate consequences.

The following are the grounds upon which student discipline can be based:

(9) Use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia, (except as expressly permitted by law and University regulations) or the misuse of legal pharmaceutical drugs.

(10) Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University regulations), or public intoxication while on campus or at a University related activity.

See Appendix D for the student disciplinary process.

University Housing Policies

University Housing (UH) policy changes year to year in response to current needs of the UH community. UH policy is enforced by all UH staff, and primarily by Resident Advisors and live-in professional staff. Residence Conduct Coordinators adjudicate any suspected violations of UH policy, and for more egregious cases will refer students to SCRR. University Police will assist housing staff as needed, but do not enforce UH policy.

University Housing alcohol and drug policy underwent several changes from the 2018-19 school year to the 2019-2020 school year. Both sets of policy are outlined below.

University Housing Policy 2020-2022

Alcohol

This policy applies to all individuals and areas of University Housing communities, including public areas in and around the residence halls. University Housing will dispose of all found alcohol and paraphernalia. Damage resulting from alcohol use will be the financial responsibility of the resident.

- 1.1. Use, possession, manufacture, and distribution of alcoholic beverages is prohibited in and around University Housing communities.
- 1.2. Public intoxication, the inability to care for oneself, or disruption of the residence hall community while under the influence is prohibited.
- 1.3. Residents must not possess, collect, or display alcohol containers or paraphernalia including, but not limited to flasks, shot glasses, empty containers of alcohol, beer bongs, kegs, and alcohol boxes.
- 1.4. Drinking games or simulated drinking games (i.e., water pong) are strictly prohibited.

Cannabis

This policy includes synthetic cannabis, cannabis residue, cannabidiol (CBD), and closely related organic components. Residents possessing cannabis and/or paraphernalia will be asked to dispose of all items by University Housing staff. Damage resulting from cannabis use will be the financial responsibility of the resident.

Cannabis over one ounce may be confiscated by the University Police Department and violations may be referred to the Office of Student Conduct, Rights, and Responsibilities.

Proposition 215 and the California Medical Marijuana Program are in direct conflict with federal law regarding cannabis; therefore, University Housing does not recognize medical cannabis cards. Residents who possess a valid medical cannabis card under Proposition 215 are required to find a location off campus where they can appropriately and legally use and possess cannabis.

Housing staff may investigate for a possible cannabis violation based on reasonable evidence. Evidence of cannabis includes, but is not limited to smell, smoke, seeds, residue, presence of odor, fans, towels near or under doors, open windows, attempts to mask scents, bong, pipes, clips, and plant cultivation.

- 4.1. Use, possession, manufacture, and distribution of cannabis in and around University Housing communities is prohibited.
- 4.2. Public intoxication, the inability to care for oneself, or disrupting the residence hall community while under the influence of cannabis is prohibited.
- 4.3. Residents may not possess cannabis paraphernalia including, but not limited to, pipes, bong, hookahs, scales, vaporizers, grinders, smoke buddies, roach clips, and rolling papers. Cannabis paraphernalia includes any item fashioned for the purpose of facilitating cannabis use.

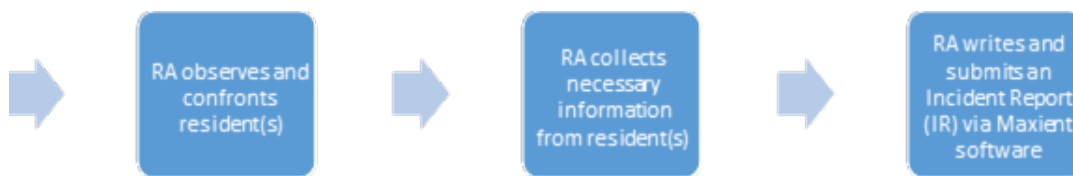
Drugs and Paraphernalia

Drugs will be confiscated by the University Police Department. Drug violations will be referred to the Office of Student Conduct, Rights, and Responsibilities.

- 9.1. Residents must not use, possess, manufacture, or distribute illegal drugs.
- 9.2. Being under the influence of drugs in or around University Housing communities is prohibited.
- 9.3. Residents may not possess drug paraphernalia. Drug paraphernalia includes any item fashioned for the purpose of facilitating drug use.

Method of Enforcement

The UH Conduct Team were the primary adjudicators of UH policies outlined in the *UH Policy Guide*. Residents living in UH were expected to follow all UH policies. Below is a typical way a resident is documented through the conduct process:



The UH Conduct Team used the Maxient software in order to process their assigned conduct cases. In cases where alcohol or drug violations occur, the UH Conduct Team notifies the SCRR while processing cases in Maxient, prior to student meetings. At their own discretion the SCRR may pursue these cases, independently of the UH Conduct Team. The UH Conduct Team typically follow an “informal hearing” standard in order to process conduct cases. Below is a diagram on how a typical conduct case is processed:



The UH Student Conduct Team uses a “preponderance of evidence standard” in order to find a resident “responsible” or “not responsible” for a policy violation(s).

Alcohol Service at Special Events

The possession, consumption, service, or sale of alcoholic beverages on the campus, in campus-owned facilities, or at University and auxiliary sponsored events is generally prohibited as a matter of institutional policy. Events or occasions where alcohol is approved to be served or sold are termed “special events” and must be approved by the Director of University Public Engagement.

See Appendix E for full text of EO 18-009

Drug Free Workplace Policy

See Appendix F for full text of EO 930

Smoke and Tobacco Free Campus Policy

See Appendix G for full text of EO 1108

Cannabis on Campus

California State University, Chico prohibits the use, possession or sale of marijuana on campus property, including residential facilities. All CSU campuses are held to two federal laws: the Drug-Free Schools and Community Act and the Drug-Free Workplace Act, which require the university to prohibit all illegal drugs in order to receive federal funding (financial aid, work study, and federal grants). Marijuana is still illegal under Federal law. Thus, the use and possession of marijuana in any form or amount violates campus and CSU system wide policy, and the CSU Student Conduct Code. The California Compassionate Use Act and Proposition 64 does not apply on the campuses of the California State University.

Guidelines for Fraternity and Sorority Use of Alcohol

Fraternalities and Sororities are considered affiliated groups, a chapter of a larger regional or national organization, and therefore each chapter has national bylaws and policies which each chapter is required to follow. These bylaws and policies are overseen by each organization’s national headquarters, and not by the university.

All fraternities and sororities have an alcohol education requirement through their national headquarters. However, Fraternity and Sorority Affairs (FSA) at CSU Chico also requires each chapter to host a minimum of one alcohol and drug education workshop for all chapter members

per semester. These requirements are enforced by FSA and are required for chapters to remain affiliated with the university.

Student Athlete Policies

All intercollegiate student-athletes receive notification of the University alcohol policy, the Athletics department standards and the NCAA Banned Substance Policy annually at the mandatory Athletics Compliance Meeting.

The compliance meeting takes place in August annually. Student-athletes that arrive after these dates are required to attend a make-up meeting. These policies and standards are verbally explained by the athletics professionals during the meeting presentation. The Director of Athletics presents the University Alcohol policy and Athletic department standards. The Head Athletic Trainer reviews the NCAA Banned Substance Policy.

The policies are provided in writing in the Student Athlete Handbook. Every student-athlete receives a Student Athlete Handbook. Every student-athlete receives a NCAA Banned Drugs list. Student-athletes are required to sign an acknowledgement of the student handbook (Appendix H) as well as the NCAA Division II Drug Testing Consent Form (Appendix I) before they are allowed to participate. Athletics does not have a campus based alcohol or drug testing policy.

Athletics department standards are administered and monitored by athletics department administration and coaches. Student-athletes found in violation of Student Conduct Code or University Housing policy are subject to disciplinary sanctions through the campus process (through SCRR). Student-athlete found in violation of NCAA Banned Substance policy are subject to disciplinary sanctions imposed by the NCAA rules.

No tailgating is permitted at CSUC athletic events. Alcohol Use Permits are required for all Athletics fundraising events, on or off campus. There are no alcohol sales at home athletic events, and no alcohol is permitted at home athletic events. At home athletic events, guests' bags are searched upon entry to all facilities. Athletic events, the crowd is patrolled by athletic administrative staff and University Public Engagement Staff. If any sign of alcohol consumption is suspected, the patron may be removed from the athletic event. Patrons found with alcohol in their possession at an athletic event are removed.

See Appendix J for student-athlete alcohol and other banned substances policy

See Appendix K for student-athlete list of banned substances

Wildcat Recreation Center Policy

The Wildcat Recreation Center (The WREC), offers gym equipment, group exercise, personal training, aquatics, a climbing gym, safety courses, and recreational sports for all Chico State Students. In the WREC Member Handbook, the following policy is outlined:

Alcohol & Drugs: Possession and consumption of alcohol or illegal drugs is not allowed on campus property, including the WREC. Those found in possession of, or under the influence of, alcohol or drugs will be prohibited from using the facilities for a period of time determined through the disciplinary process. Sanctions for violating the Campus Alcohol and Drug Policy can

range from Education & Remedial to Disciplinary Probation, Suspension, or Expulsion from the University. WREC Staff may inspect your beverage container at any time.

Employee Assistance Program Referral Policy

CSU, Chico is contracting with Empathia for employee assistance services. This State employee assistance program (EAP) is designed to provide professional assistance to faculty, staff and their families (dependents and permanent household members) in assessing and resolving personal problems that may be affecting well-being or job performance. Additional program features include a 24/7/365 toll-free helpline, telephonic legal and financial assistance, dependent care resources, and a dedicated website: mylifematters.com.

These services, consisting of assessment, referral and short-term counseling (3 sessions), will be provided at no cost to employees and their immediate family. Empathia counselors are experienced, licensed professionals who have specialized training in employee assistance consultation. Participation in the program is voluntary, and information that is discussed with the consultant is confidential (certain very limited exceptions, such as child abuse or potential for violence, mandated under state and federal laws, are discussed with you in advance). Participation in the program remains strictly a matter between employees and the EAP counselor, and it is not reported to the employer.

Financial Aid Drug Convictions Policy

The CSU, Chico financial aid policy for student drug conviction is established to comply with and is consistent with required federal regulations. A CSU, Chico student can become ineligible for financial aid programs for two reasons:

- (1) Conviction and denial of eligibility under the Anti-Drug Abuse Act of 1988;
- (2) Conviction for a federal or state drug possession or sale offense, but not a local or municipal conviction. Information about convictions are self-reported by the student on the Free Application for Federal Student Aid (FAFSA).

The Anti-Drug Abuse Act of 1988 includes provisions that authorize federal and state judges to deny certain federal benefits, including student aid, to persons convicted of drug trafficking or possession. The U.S. Education Department's Central Processing System maintains a file of individuals who have received such a judgement. All FAFSA applicants are checked against this file to determine if they should be denied aid. Applicants with a matching drug abuse hold are denied financial aid funding at CSU, Chico until the U.S Education Department lifts the hold.

Unless the student has an outstanding Drug Abuse Hold (Anti-Drug Abuse Act of 1988), convictions only count against a student for aid eligibility purposes if they were for an offense that occurred during a period of enrollment for which the student was receiving federal student aid. Also, a conviction that was reversed, set aside, or removed from the student's record does not count, nor does one received when the student was a juvenile, unless tried as an adult.

The chart below illustrates the period of financial aid ineligibility, depending on whether the conviction was for sale or possession and whether the student had previous convictions. A conviction of sale of drugs includes convictions for conspiring to sell drugs. If the student was convicted of both possessing and selling illegal drugs, and the periods of ineligibility are different, the student will be ineligible for the longer period.

# of Offenses	Possession of Illegal Drugs	Sale of Illegal Drugs
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1st Offense	Ineligible for 1 year from date of conviction	Ineligible for 2 years from date of conviction
2nd offense	Ineligible for 2 years from date of conviction	Indefinite period
3+ offenses	Indefinite period	Indefinite period

A student regains eligibility for financial aid the day after the period of ineligibility ends (i.e., for a 1st or 2nd offense). Students denied financial aid eligibility for an indefinite period can regain eligibility after completing any of the following options:

- Successfully completing a qualified drug rehabilitation program;
- Have conviction reversed, set aside, or removed from the student’s record so that fewer than two convictions for sale or three convictions for possession remain on the record;
- Successfully completing two unannounced drug test which are part of a rehab program (the student does not need to complete the rest of the program)

A qualified drug rehabilitation program must include at least two unannounced drug tests and satisfy at least one of the following requirements:

- Be qualified to receive funds directly or indirectly from a federal, state, or local government program;
- Be qualified to receive payment directly or indirectly from a federally or state-licensed insurance company;
- Be administered or recognized by a federal, state, or local government agency or court; or
- Be administered or recognized by a federally or state-licensed hospital, health clinic, or medical doctor.

Information about drug convictions are self-reported by the student on the Free Application for Federal Student Aid (FAFSA). The self-reported information is processed by the U.S Education Department’s Central Processing System and provided to CSU, Chico. CSU, Chico processes the information and determines the student’s eligibility for financial aid programs.

Information about Drug Abuse Hold is provided to CSU, Chico through the same process as outlined above. CSU, Chico processes the information and determines the student’s eligibility for financial aid programs.

The regulations regarding drug convictions and financial aid eligibility have changed effective August 16, 2021. This was a result of the FAFSA Simplification Act, which was part of the Consolidated Appropriations Act of 2021. As a result, all of the above policy fully apply to the 2020-2021 financial aid year. However, for the 2021-2022 financial aid year, only the provisions of the Anti-Drug Abuse Act of 1988 remain applicable.

University Police Department

UPD is a full-service state police agency staffed 24 hours a day, 7 days a week by sworn state police officers and state certified public safety dispatchers.

Police officers and dispatchers meet all certification and training requirements as mandated by the California Commission on Peace Officer Standards and Training (POST).

UPD officers are vested with law enforcement powers pursuant to California Penal Code Section 830.2. Their authority extends throughout the state, and they possess full powers of arrest. They are primarily tasked with enforcing campus regulations and state laws on the property owned or controlled by CSU Chico, but their jurisdiction also includes the areas within the City of Chico that are within a one mile radius of the campus.

An existing Joint Public Safety Agreement between UPD and the City of Chico Police Department clarifies the roles and responsibilities of each police department for crimes or incidents requiring police attention that occur within the area of concurrent jurisdiction. As part of that agreement, Chico State police officers have the authority to enforce a number of City of Chico public peace and public property municipal ordinances in the same manner as the City of Chico Police Department.

The Chico Police Department provides copies of its police reports to UPD when the reports involve either identifiable student(s) or in such cases where there is strong reason to believe the individuals involved are students. Police officers from both police departments act as trainers and/or participants in joint training sessions. Chico State police officers participate on regional enforcement teams to include those focused on reducing and/or responding to property, violent, alcohol or other drug crimes and violations in the areas adjacent to the campus.

Two UPD police officers are assigned to the California State University's Critical Response Unit (CRU). CRU is tasked with responding to crowd control and civil unrest situations as they occur on any of the system's twenty-three campuses throughout the state.

The Chico State Chief of Police meets monthly with the City of Chico Police Chief, the Butte County Sheriff and District Attorney, and other local, state, and federal law enforcement partners to discuss public safety concerns and activities from a regional perspective.

Alcohol and Other Drug Policy Violation Incidence Rates

Drug and Alcohol Policy Violations on Campus

The following numbers reflect students found responsible for violations of either University Housing Policy, or the of the Student Conduct Code, California Code of Regulations, Title 5, Article 2, Section 41301(b). University Housing oversees conduct for students living in on-campus housing, and holds students responsible for following University Housing policy. University Housing will refer egregious to the office of Student Conduct, Rights and Responsibilities (SCRR). The office of SCRR adjudicates cases which violate the Student Conduct Code. Students who are adjudicated only within University Housing are not adjudicated for Student Conduct Code violations.

Prior to the start of this academic year, all students living in University Housing who were suspected of violating both University Housing policy as well as the Student Conduct Code were referred to SCRR for adjudication. For the 2016-2017 school year, SCRR and University Housing reevaluated their standards for referring alcohol and drug violations for incidents occurring in the residence halls. The change effected when students were referred to SCRR for a Title 5 conduct violation versus when the incident was addressed as a University Housing policy violation only (these are handled by UH staff and are not a

considered conduct by SCRR or Title 5 standards). The decrease in total students found responsible for these conduct violations from 2016-2015 to 2016-2017 is a result of that change (not shown here).

2020-2021 Policy Violation Trend Data

Violation	University Housing Policy	Student Conduct Code
Alcohol Policy	9	11
Other Drug Policy	4	0

2021-2022 Policy Violation Trend Data

Violation	University Housing	Student Conduct Code
Alcohol Policy	340	46
Other Drug Policy	122	8

Notable differences between students being found for violations of University Housing policy versus SCRR are type of sanctions imposed. While UH has the ability to assign educational sanctions and determine a student's eligibility to remain living in on-campus housing, SCRR may place students on disciplinary probation or even expel students from the university. Additionally, many cases adjudicated by SCRR may be referrals from housing for students who have high level violations which may also violate other portions of the Student Conduct Code.

University Housing – Sanctions Imposed for Alcohol/Drug Violations

Sanction	Assigned Frequency 2020-21	Assigned Frequency 2021-22
BASICS	0	14
CASICS	2	13
Motivational Interview	4	70
AlcoholEdu for Sanctions	0	136

SCRR – Sanctions imposed for Alcohol/Drug Violations

Sanction	Assigned Frequency 2020-21	Assigned Frequency 2021-22
Reflection Paper	0	0
Disciplinary Probation	2	2
Suspension	0	0
Educational and Remedial Sanctions	1	9
No Contact Directive	0	0
Denial of Access	0	0

Alcohol and other Drug Related Transports to Local ER

Reason	2020-21	2021-22
Alcohol and/or drug	0	33

University Police Incidence Rate Data

Type of incident	2020-21	2020-22
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Number of drug and alcohol related incidents recorded in campus police logs	86	105
Number of drug and alcohol related incidents of vandalism	2	3
Number of drug and alcohol related fatalities on campus	0	0
Number of drug and alcohol related fatalities reported to campus officials	0	0
Alcohol and other drug related ambulance transports/calls for service	1	33

Program Inventory and Outcomes/Data

WellCat Prevention is an alcohol and other drug prevention program which is part of Student Health Services on the CSU Chico campus. Student Health Services is a division of Student Affairs.

WellCat Prevention is committed to providing evidence-based educational programs and services that raise awareness about alcohol and drug misuse. WellCat Prevention strives to engage, enable and empower students to make responsible and healthy choices, especially in areas where substance

WellCat Prevention’s programs and services are many and multi-faced. They are based on the three tiers of prevention framework. There is primary Prevention which are programs and services that reach the entire population such as Alcohol Edu, awareness activity lectures, and community events. Secondary Prevention programs and services are designed to provide additional support when universal preventative efforts are not sufficient. At WellCat Prevention this would include the many specialized workshops provided such as Wildcat ROAR, By-Stander Interventions, and other high-risk alcohol and drug practices to high-risk groups of students such as freshman, fraternities, sorties, and athletes. Third, there is Tertiary Prevention which are programs/services for those who may meet the diagnostic criteria for a substance use disorder. For WellCat Prevention this includes individual assessments and referral to counseling and recovery services for students and their families.

Primary Prevention Programs

AlcoholEdu

Designed for students entering college, this interactive online program uses the latest evidence-based prevention methods to create a highly engaging user experience, inspiring students to make healthier decisions related to alcohol and other drugs. This course includes tailored content that will:

- Engage abstainers, light to moderate drinkers, and frequent drinkers with customized messaging
- Educate students on the mental and physical the effects of alcohol
- Prepare students to engage in bystander intervention

AlcoholEdu is used by 36% of all incoming first years at four-year institutions and it the only alcohol awareness and drinking prevention program proven to reduce negative alcohol-related consequences among students.

Theme Weeks

Every year, WellCat Prevention recognizes National Collegiate Alcohol Awareness Week (NCAAW) in the Fall and Prescription Drug Awareness Week (PDAW) in the Spring. Both theme weeks consist of a

variety of tabling events and programs in collaboration with University Housing and Associate Students and reach thousands of students on campus.

For the 2020-2021 academic year, these programs were converted to a virtual format that consisted of social media posts and other online programming. In the 2021-2022 school year, both programs returned to in-person events.

Late Night Programming

WellCat Prevention collaborates with two programming bodies on campus, The Hub, which serves University Housing students and Associated Students, who serve all of campus. These programs are provided late at night and during other peak drinking times, in an effort to give student an alternative activity during popular times for drinking. Thousands of students attend these programs each year.

Secondary Prevention Programs

Wildcats ROAR! Series

Wildcats ROAR! training is an educational intervention led by peers designed to end alcohol and drug overdose deaths by teaching students how to handle alcohol and drug emergencies and summon professional help. The mission of the Wildcat ROAR program is to provide campus community members with the knowledge, awareness, and skills to prevent risky use or overdose deaths and to promote a student culture of kindness, responsibility, compassion, and respect.

The Wildcats ROAR Series includes five separate 90-minute presentations. Each presentation covers basic knowledge regarding each substance, risks associated, tips for staying safe, and resources available on campus and in our community. Wildcats ROAR Series topics include alcohol, nicotine, cannabis, prescription drugs, and how to help a friend

Wildcat ROAR! Presentations are offered once per topic per semester and by request to Greek life, clubs, and other organizations.

Wildcats ACT

Wildcats ACT is a collaboration between WellCat Prevention, Safe Place, and University Housing. ACT stands for Alcohol & Consent training, and all students living in University Housing are scheduled to attend a Wildcats ACT training session within their first few days on campus. Because of the COVID-19 Pandemic, Wildcats ACT was converted to a virtual format rather than an in person presentation. For both the 20-21 and 21-22 academic years, University Housing students have been emailed the presentation and been asked to complete a follow up survey for proof of completion.

In the 2020-2021 academic year, over 800 students completed the training, and in the 2021-2022 academic year, 1277 students completed the training.

Individualized Programs

WellCat Prevention served thousands of students through additional specialized Alcohol & Drug Prevention Trainings created for student organizations and campus departments upon their special request during the 2020-2021 and 2021-2022 academic years. These programs are usually for University Housing students, Greek Life students, and athletics students.

Tertiary Prevention Programs

Individual Assessment

WellCat Prevention provides free and confidential counseling to students who seek out services, are referred by someone else, or are concerned about a friend's use of alcohol or drugs. Depending on individual need, counselors provide assessment, counseling, education, and referral to other professionals on campus and in the community (such as psychiatrists, psychologists, physicians, alcohol and drug treatment programs, health specialists, and health educators).

30 of these types of meetings were held in the 2020-2021 school year, and 31 took place in the 2021-2022 school year.

Peer to Peer Motivational Interviewing

Motivational Interviewing (MI) is a counseling approach that attempts to encourage students towards finding motivation to make positive decisions and accomplishing established goals. During MI sessions, trained student Peer Educators talk with students about their alcohol and/or drug use and encourage healthier decision making in these areas.

3 referrals were completed in the 20-21 school year, and 59 referrals were completed in the 21-22 school year.

Cannabis Screening & Intervention for College Students (CASICS)

CASICS, called "Making Healthy Choices about Cannabis" to students, is designed to assist students to examine their own cannabis use in a judgment-free environment. CASICS consists of two meetings, one initial meeting and a follow up meeting, as well as an online assessment after the initial meeting. Students may be referred from UH or Student Conduct, Rights and Responsibilities Office (SCRR), or by self-referral.

1 referral was completed in the 20-21 school year and 7 referrals were made in the 21-22 school year.

Brief Alcohol Screening & Intervention for College Students (BASICS)

Following a harm reduction approach, BASICS aims to motivate make changes in their quantity and frequency of drinking in order to decrease the negative consequences of alcohol they and those around them experience.

BASICS is composed of a brief online assessment survey and an hour long in-person meeting. Information from the online assessment survey is used to develop a Personalized Feedback Report for use in the meeting, which compares personal alcohol use with alcohol use norms, reviews individualized risks factors and negative consequences, clarifies perceived risks and benefits of drinking, and provides options to assist the client in making changes to moderate their drinking or abstain from alcohol use.

Delivered using Motivational Interviewing, BASICS offers clients an empathetic, non-confrontational, and non-judgmental alcohol screening and brief motivational intervention. It is aimed at revealing the discrepancy between the individual's risky drinking behavior and his or her goals and values. This discrepancy when processed with acceptance and caring by the BASICS facilitator motivates behavior change toward greater safety, health and success.

0 referrals were completed in the 20-21 school year, and 13 referrals were completed in the 21-22 school year.

Assessment

Over the years, CSU Chico has participated in a number of federal, state and local initiatives that have provided funding for research and implementation of evidence-based programs. To better understand student behavior, CSU Chico regularly surveys students regarding alcohol and other drug use. Based on the information obtained, the campus is better able to design and implement effective prevention strategies.

Program Goals and Objectives for Biennium Period Being Reviewed

The following Goals had been established for the Biennium Period reviewed in this document:

- Convene DFSCA committee at least one full school year in advance, in order to ensure the best data collection and comprehensive program assessment.
 - Not met. A better way to keep this project ongoing would be to reconvene a campus AOD committee to meet regularly throughout the school year.
- Establish and maintain the investment of multiple stakeholders within and around the campus community to sustain the “Keep It Local, Keep It Chico” and “Respect Chico” culture of community collaboration as well as the “Wildcat Way” messaging particularly on major holiday weekends: Labor Day, Halloween, Cesar Chavez Day, and Graduation.
 - The campus community has continued to collaborate during these times to ensure comprehensive programming, and CSU Chico has continued to be a less attractive destination for non-local students during these times.
- Work more closely with faculty and staff from across the university in order to recognize students in need of assistance with alcohol or other drugs and get them connected to necessary resources on campus or in the community.
 - WellCat Prevention has adopted “Mocktail Mondays,” tabling events that take place in different student support and academic departments in order to familiarize the campus community with resources available. However, more work is needed to educate faculty and staff on campus. This is an ongoing project.
- Continue to document all WellCat Prevention program policy and procedure in order to ensure consistency in the program year to year, regardless of staff changeover.
 - Completed/ongoing
- Continue to develop evaluation and assessment for all WellCat Prevention programs in order to better assess program effectiveness and better serve the campus community.
 - Completed/ongoing
- Continue to collaborate with diverse offices and groups across campus in order to better reach more students from all different backgrounds.
 - Ongoing/see “mocktail Monday” programming above
- Continue to work with University Housing to develop a medical amnesty policy to encourage students to get help in the case of potential alcohol poisoning.
 - WellCat Prevention continues to reach out to University Housing in an effort to develop this policy.

Conclusion

Program Strengths

Campus and Community Collaboration

WellCat Prevention has a strong relationship with University Housing, Greek Life, and Athletics, which enables services to be better provided to some of our most at-risk groups on campus. Additionally, WellCat Prevention has strong off campus community relationships, and is involved in many community coalitions such as the Town and Gown committee, Butte Youth Now Coalition, the Nicotine Action Alliance, and other campus/community coalitions.

Evidence Based Programs

The use of evidence based programs ensures that services offered by WellCat Prevention are effective and replicable, even with staff turnover.

Areas for Improvement

Policy Development

WellCat Prevention will continue to work with University Housing to address underage/unsafe drinking in the residence halls. Initiatives like a medical amnesty policy for students living in the halls may help to address some barriers for getting students help. We continue to look for ways to deter dangerous drinking and drug use behaviors for students.

Diversity

Utilization of services is very strong for students in Greek life, athletics, and University Housing. However, the program could focus more energy on advertising services to other underrepresented groups on campus who may be less inclined to approach the WellCat Prevention office. Stronger collaborations with the Cross Cultural Leadership Center and Multicultural and Gender Studies could help the program break down some barriers to getting treatment for a larger spectrum of students.

Campus Recognition

While CADEC was more well-known on the CSUC campus, the name change to WellCat prevention offers a new opportunity to reintroduce our program and services to the campus community. WellCat Prevention will continue to work to gain recognition on campus and increase use of services.

Goals for next Biennium

- Using the guidelines set forth by the “Alcohol Policies and Prevention Programs Committee” in 2001, re-establish a university-wide alcohol advisory council to annually develop and review programs and goals, assess the effectiveness of the campus program, and make recommendations to the president.
 - Utilize this committee to help with Biennial review process.
- Work more closely with faculty and staff from across the university to create and maintain “brand recognition” of our office across campus, helping to increase referrals and access to the WellCat Prevention program.
- In light of upcoming budget concerns, re-establish “Safe Cats Class,” or similar alcohol education class for first-time, low-level policy violations in University Housing in order to reduce student hours needed for Motivational Interviewing

- Collaborate with WellCat Safe Place and University Housing to bring back Wildcats Alcohol & Consent Training in a more effective format
- Collaborate with University Housing and the Office for Student Conduct Rights and Responsibilities to establish a Medical Amnesty policy that is transparent and widely advertised to all students in University Housing
- Revitalize and refocus WellCat Prevention's recovery services by conducting focus group with interested stakeholders to establish priorities and new program goals.

Appendix

Click on document to view full PDF when applicable.

Appendix A

Federal Drug-Free Schools and Campuses Regulations [34 Code of Federal Regulations Part 86]

CSU, Chico Annual Policy Notification

In accordance with the Drug Free Schools and Communities Act Amendments of 1989, the following summary of information is provided regarding CSU and University policies prohibiting unlawful possession, use, or distribution of illegal drugs or alcohol on its property or as part of any of its activities; applicable sanctions under local, State or Federal law for the unlawful possession or distribution of illegal drugs and alcohol; health risks associated with the use of illegal drugs and alcohol abuse; local resources providing assistance for drug and alcohol abuse (counseling, rehabilitation, or re-entry programs); and the University's disciplinary sanctions for employees and students who violate policies and standards of conduct.

University Policies and Sanctions

The University strives to maintain its campus communities and workplaces free from the illegal use, possession, or distribution of alcohol and other drugs. Therefore, the manufacture, sale, distribution, dispensation, possession, or use of alcohol and controlled substances (including illegal drugs) by University students and employees on University property, or as part of any of its activities or while on University business is generally prohibited.

Events or occasions where alcohol is approved to be served or sold are termed "Special Events" and must be approved by the Director of University Public Engagement in counsel with the University Risk Manager. (See [Executive Memorandum 18-009](#) ; [Executive Order 930](#) ; [Standards for Student Conduct](#))

Student Sanctions

Students violating these laws and policies are subject to disciplinary action, up to and including suspension or expulsion from the University, and may be referred for criminal prosecution and/or be required to participate in appropriate treatment programs.

Loss of Financial Aid for Conviction Involving Possession/Sale of Illegal Drugs

A conviction under federal or state law for any offense involving the possession or sale of illegal drugs will result in the loss of eligibility for any Title IV, HEA grant, loan, or work-study assistance (HEA Sec. 484(r)(1)); (20 U.S.C. 1091(r)(1)), if the conviction occurs during a period of enrollment for which the student was receiving Title IV HEA program funds.

Commonly Imposed Disciplinary Sanctions for Policy Violations for Students:

The following sanctions may be imposed for violation of the Student Conduct Code (see [Executive Order 1098](#)):

1. Restitution. Compensation for loss, damages or injury. This may include appropriate service and/or monetary material replacement.
2. Loss of Financial Aid. Scholarships, loans, grants, fellowships and any other types of state financial aid given or guaranteed for the purposes of academic assistance can be conditioned, limited, cancelled or denied.

Federal Drug-Free Schools and Campuses Regulations [34 Code of Federal Regulations Part 86]

CSU, Chico Annual Policy Notification

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Employee Sanctions

The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance and/or illegal drugs and alcohol is prohibited by employees on University premises, or as part of any of its activities or while conducting University business off University premises.

Violations of these policies by employees may result in the application of sanctions, including but not limited to required participation in an approved drug abuse assistance or rehabilitation program, referral for prosecution, and disciplinary action up to and including dismissal, demotion or suspension without pay under the applicable provisions of the California Education Code, University policies and labor contracts.

Compliance with these standards of conduct is also a condition of employment under any federal grant carried out or administered by the University. Each employee who is directly engaged in the performance of a contract or grant that is awarded by any federal or state agency must abide by the terms of [the Drug-Free Workplace Policy](#) as a condition of employment on the federal or state contract or grant. Each employee who is directly engaged in the performance of a contract or grant that is awarded by any federal agency must notify the University within five days of conviction of any criminal drug conviction for a violation occurring in the workplace. Additionally, each employee must notify the federal contracting or granting agency within ten days after receiving such notice of criminal drug conviction from an employee or otherwise receiving actual notice of such conviction.



California State University **Chico**
Human Resources
Service Center

400 W 1ST STREET
KENDALL HALL ROOM 220
CHICO, CA 95929-0010
530-898-6771
FAX: 530-898-5120

Policies Acknowledgement

Listed below are some of the important policies with which you should be familiar.

Please print and sign this page and bring with you to the Human Resources Service Center on your first day of Employment. The policies below can be found at [Important Policies, Employment Laws, and Resources](#) web page.

Important Policies for New Employees

- [California Whistleblower Protection Act](#)
- [Campus Alcohol Policy \(EM 18-009\)](#)
- [Campus Behavior and Violence Prevention \(EM 12-025\)](#)
- [CSU Executive Order 930: Drug-Free Workplace Policy](#)
 - [CSU Federal Drug-Free Schools & Campuses Policy Notification](#)
- [CSU Executive Order 1088: Systemwide Guidelines for Affirmative Action Programs in Employment](#)
- [Interim CSU Policy Prohibiting Discrimination, Harassment, Sexual Misconduct, Sexual Exploitation, Dating Violence, Domestic Violence, Stalking, and Retaliation EO 1095, EO 1096, EO 1097](#)
- [CSU Executive Order 1108: Smoking Policy](#)
- [CSU Health Insurance Portability and Accountability Act of 1996 \(HIPAA\) Privacy Notice](#)
- [Information Security Standards – Data Classification and Protection Standards](#)
- [Nepotism Policy \(EM 09-008\)](#)
- [Outside Employment Policy for MPP and Senior Management \(For MPPs Only\)](#)

Acknowledgement of CSU Polices and Employee Obligations

I certify that I have been provided with the list, received access to, and been notified of where to find the above referenced policies. I understand it is my responsibility to review these policies and that a signed copy of this acknowledgement will be placed in my personnel file.

Name _____ (type or print)
First Middle Initial Last

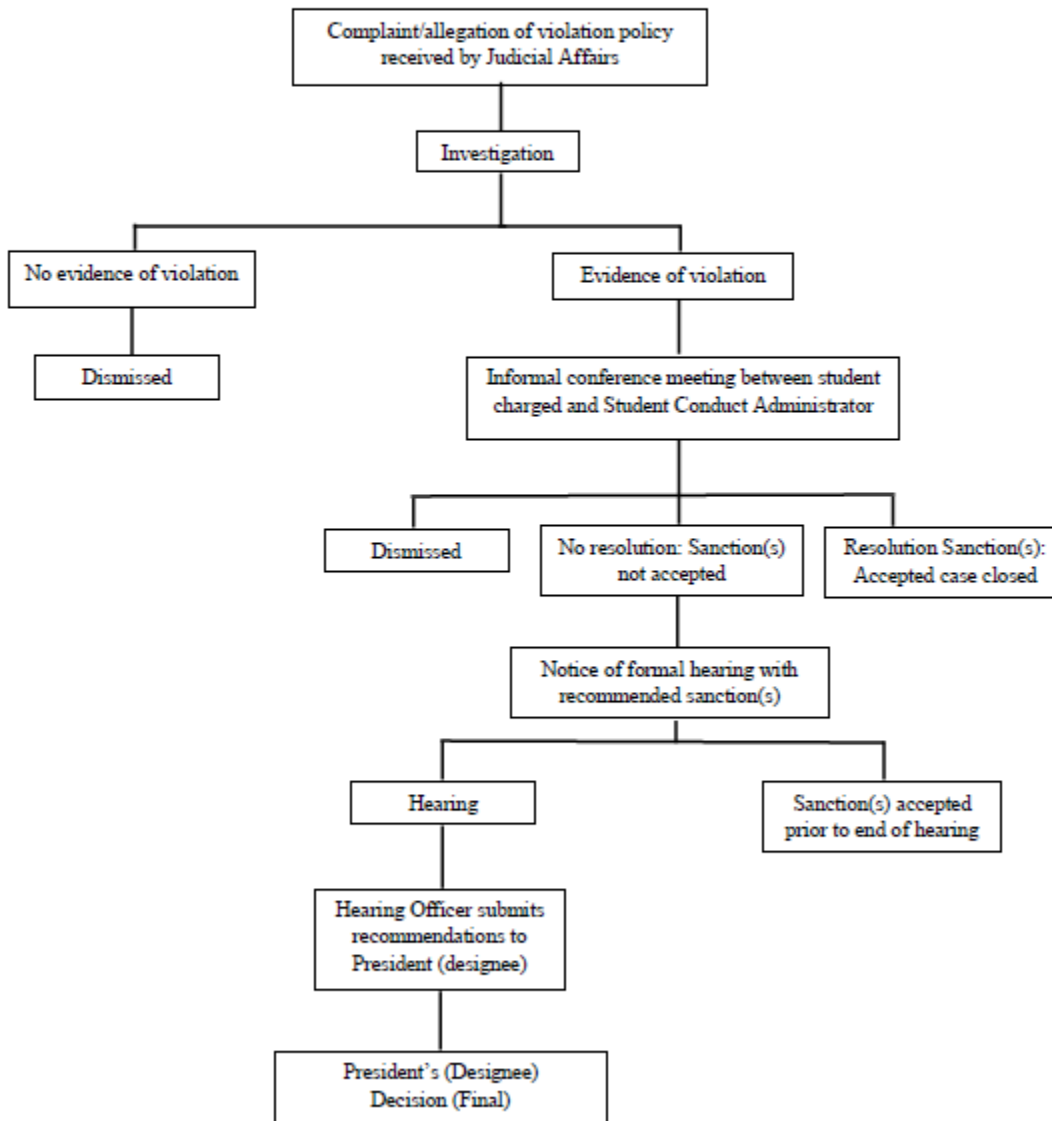
Empl ID: _____

Signature: _____ Date: _____

Select Appointment Type: Staff / Manager (MPP) Faculty
 Instructional Student Assistant Teaching Associate Graduate Assistant
 Student Assistant - International

Questions regarding these policies can be directed to the [Human Resources Service Center](#).

California State University EO 1098 Student Disciplinary Process



**Office of the President
California State University, Chico**



Executive Memorandum 18-009

May 10, 2018

From: Gayle E. Hutchinson, President

Subject: Alcohol Service at Special Events

Upon the recommendation of the Academic Senate and the concurrence of the Provost, I approve the policy for serving alcohol at University sponsored Special Events. This change is effective immediately.

Policy Title:	EM 18-009 Alcohol Service at Special Events
Contact:	University Public Engagement and Risk Management
Supersedes:	EM 99-011
Revision:	
Enabling Legislation or Executive Order:	

SCOPE

The possession, consumption, service, or sale of alcoholic beverages on the California State University, Chico campus, in campus-owned facilities, or at University and auxiliary sponsored (related) events is generally prohibited as a matter of institutional policy. This document establishes the guidelines for occasions when alcohol may be served or sold at on-campus and off-campus University and auxiliary sponsored events.

The policy does not apply to course related classroom activities.

POLICY

Events or occasions where alcohol is approved to be served or sold are termed "Special Events" and must be approved by the Director of University Public Engagement in counsel with the University Risk Manager. Special Events are limited to the following:

- Receptions
- Dinners
- Award Ceremonies
- Alumni Events
- Advancement Events
- Chico Performances Events

Status **Active** PolicyStat ID **6591887**



Origination 1/6/2005
Effective 1/6/2005
Last Revised 1/6/2005
Next Review 1/6/2020

Owner **Andy Alvarez:**
Assoc Dir, SW
Emp & Plcy
Admin
Area **Human**
Resources
Codes **EO 0930**

CSU Drug-Free Workplace Policy

Policy

The California State University (CSU) is committed to maintaining a workplace free from the unlawful manufacture, possession, distribution, dispensation or use of controlled substances, as defined in schedules I through V of the Controlled Substances Act (21 U.S.C. §812) and 21 C.F.R. Part 1308.

Employees violating this policy shall be subject to discipline, up to and including dismissal. Discipline shall be imposed in a manner consistent with the applicable labor agreements, CSU policies, and law. In addition to, or in lieu of discipline, CSU may, at its discretion, require employees violating the policy to participate satisfactorily in an appropriate drug abuse rehabilitation program.

A. Application

This policy (EO 930) applies to CSU employees. "Employee" means a person legally holding a position in the California State University.

B. Implementation

The president at each campus (or the chancellor at the Chancellor's Office) shall be responsible for implementing this policy. This includes, but is not limited to:

1. Establishing a drug-free awareness program which distributes to each employee:
 - a. A copy of this policy;
 - b. A description of the dangers of drug abuse in the workplace;
 - c. A description of any drug counseling, treatment, or rehabilitation programs available to employees; and
 - d. A description of the penalties that may be imposed upon employees for drug abuse

Status **Active** PolicyStat ID **6591951**



Origination 4/7/2017
Effective 4/7/2017
Last Revised 4/7/2017
Next Review 4/7/2020

Owner Andy Alvarez:
Assoc Dir, SW
Emp & Plcy
Admin
Area Human
Resources
Codes EO 1108

Policy on Systemwide Smoke and Tobacco Free Environment

I. AUTHORITY AND PURPOSE

This executive order (EO 1108) is issued pursuant to Title 5, California Code of Regulations, Sections 42356, Government Code 7597.1, and the Standing Orders of the Board of Trustees.

A cornerstone of the California State University and higher education is the principle of one's individual freedom to learn, teach, work, think, and take part in their intellectual and career endeavors in a fulfilling, rewarding, safe, and healthy environment.

For decades, the health hazards of tobacco and second-hand smoke to individuals have been well studied and chronicled.

Further, studies have clearly demonstrated the acute health benefits, medical costs savings, and organizational costs savings when individuals quit smoking.

Thus, in order to provide the California State University's faculty, staff, students, guests and the public with campuses that support the principle of one's individual freedom to learn, teach, work, think and take part in their intellectual endeavors in a fulfilling, rewarding, safe and healthy environment, the creation and implementation of a "smoke and tobacco free" policy systemwide is necessary and welcome.

Campus Presidents or their designees shall have the responsibility for implementing the policy on their campuses with an implementation date of September 1, 2017.

II. DEFINITIONS

Members of the CSU Community: This includes all students, faculty, staff, alumni, university volunteers, contractors or vendors and visitors to any California State University campus or properties.



Chico State Athletics

STUDENT-ATHLETE ACKNOWLEDGMENTS

RULES EDUCATION:

I attest that I have watched (in its entirety) the NCAA Compliance [“Playing by the Rules” Educational video](#). I understand that the video is not exhaustive of all NCAA Division II rules and should I have a question pertaining to any NCAA or CCAA rules I will contact the Student-Athlete Success Coordinator, Shannon Hall smbhall@csuchico.edu

STUDENT ATHLETE HANDBOOK:

I acknowledge receipt of the Chico State Athletics Student-Athlete Handbook. I understand that it is my responsibility to read and understand all of the information contained inside the handbook, and that the director of athletics (or designee) will answer any questions I have pertaining to the contents of the handbook.

I understand it is my responsibility to follow the rules and regulations contained inside the Chico State Student-Athlete Handbook.

SOCIAL MEDIA POLICY:

I affirm that if I participate in any online community (i.e. Facebook, Instagram, Twitter, Snap Chat, etc.) I will:

- Refrain from posting information/images which violate University and/or departmental policies and values,
- Not post pictures or text that depict myself, my team, Chico State Athletics or the University in a negative way or in a way that can be perceived to hinder my credibility as a student athlete.

I understand that if I fail to adhere to the University policy stated herein, it may result in disciplinary action by the Office of Student Conduct, Rights and Responsibilities. I also understand that failure to abide by additional Athletic Department guidelines may jeopardize my eligibility to represent Chico State Athletics and/or receive athletics aid.

Student-Athlete Name (Typed)

Student-Athlete Signature

Sport:



Form 21-3e

Academic Year 2021-22

NCAA Division II Drug-Testing Consent

For:	Student-athletes.
Action:	Sign and return to your director of athletics.
Due date:	At the time your intercollegiate squad first reports for practice or the first day of competition or before the Monday of the fourth week of classes, whichever is earlier.
Required by:	NCAA Constitution 3.3.4.11 and NCAA Division II Bylaw 14.1.4.1.
Purpose:	To assist in certifying eligibility.
Effective date:	This consent form shall be in effect from the date this document is signed and shall remain in effect until a subsequent Drug-Testing Consent Form is executed.

Requirement to Sign Drug-Testing Consent Form.

Name of your institution: _____

Name of student-athlete: _____ Sport(s): _____

You must sign this form to participate (i.e., practice or compete) in intercollegiate athletics per NCAA Constitution 3.3.4.11 and NCAA Division II Bylaw 14.1.4.1 (content and purpose). If you have any questions, you should discuss them with your director of athletics.

Consent to Testing.

You agree to allow the NCAA to test you on a year-round basis and in relation to any participation by you in any NCAA championship and in any postseason football game certified by the NCAA for the banned drugs listed in Division II Bylaw 31.2.3.1 (banned drugs) (Attachment). Examples of drugs under each class can be found at www.ncaa.org/drugtesting. Note: There is no complete list of banned substances. Check Drug Free Sport AXIS at 816-474-7321 or <https://dfsaxis.com> (Password: ncaa1, ncaa2 or ncaa3) for questions about supplements, medications and banned drugs.

Consequences for a Positive Drug Test.

By signing this form, you affirm that you are aware of the NCAA drug-testing program, which provides:

1. A student-athlete who tests positive for an NCAA banned drug will be declared ineligible for participation in postseason and regular-season competition (unless a medical exception is granted).
2. A student-athlete who tests positive for a banned drug other than cannabinoids and narcotics shall be ineligible for competition in all sports until he or she has been withheld

Appendix J

- Work in coordination with the Compliance Office, Office of Sports Information and Media Relations, and the Athletic Training Room to complete all necessary paperwork and other requirements as set forth by those offices.
- Treat the academic goals and the requirements necessary for satisfactory progress toward a degree as a matter of the highest priority. Coaches must actively encourage all of their student-athletes to succeed academically and graduate. Coaches should be sensitive to final examination schedules for the athletes when scheduling contests and practice sessions.
- Develop and maintain an effective recruiting program that attracts student-athletes from both within and outside the immediate area.
- Secure funding for scholarships and distribute those monies according to need in consultation with the director of athletics.
- Conduct a team meeting each year with the express purpose of reviewing and discussing the contents of the Student-Athlete Handbook.
- Maintain current CPR and First Aid certification.
- Maintain current NCAA coaching certification requirements.

VII. STUDENT-ATHLETE CODE OF CONDUCT

The Department of Intercollegiate Athletics has a sincere interest in the general welfare of its student-athletes and is committed to providing opportunities that promote their overall success. As a student-athlete at Chico State, you are part of the Chico State community and also represent your coaches, teammates, and the proud tradition of Wildcat athletics. While University policies apply to all members of the student body, as a student-athlete, **you are held to additional standards of accountability.** As a student, failure to adhere to University policy may result in disciplinary action by the office of Student Conduct, Rights & Responsibilities. Additionally, your actions as a student-athlete are subject to review by the NCAA, CCAA, Intercollegiate Athletics and your coaching staff.

Remember, **CHARACTER COUNTS!**

The department of Intercollegiate Athletics believes that successful student-athletes play by the rules both on and off the field. As in a sport, to avoid a penalty, one must know and follow the rules. The following is provided to educate you as a student and as an athlete.

UNIVERSITY STANDARDS

Please visit www.csuchico.edu/scr (Student Conduct, Rights & Responsibilities) for complete and current information.

STANDARDS FOR STUDENT CONDUCT AND CONDUCT PROCEDURES:

Campus policies related to student conduct and grievance procedures can be found at www.csuchico.edu/scmbolicies.shtml.

STUDENT-ATHLETE BEHAVIORAL STANDARDS

In addition to the University standards of behavior, the Department of Intercollegiate Athletics has additional requirements specifically defined for student-athletes at Chico State.

GENERAL STUDENT-ATHLETE POLICY

Student-athletes at Chico State University should:

- Understand the overall philosophy of the athletics program.
- Maintain good academic standing.
- Exhibit good sportsmanship.
- Be a role model.
- Follow the rules set forth by the coaching staff and the Department of Athletics.
- Arrive at all practices and games in a timely manner.



2021-22 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following drug classes.

- a. Stimulants.
- b. Anabolic agents.
- c. Alcohol and beta blockers (banned for rifle only).
- d. Diuretics and masking agents.
- e. Narcotics.
- f. Cannabinoids.
- g. Peptide hormones, growth factors, related substances and mimetics.
- h. Hormone and metabolic modulators.
- i. Beta-2 agonists.

Note: Any substance chemically/pharmacologically related to all classes listed above and with no current approval by any governmental regulatory health authority for human therapeutic use (e.g., drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at www.ncaa.org/drugtesting. There is no complete list of banned substances.

Substances and Methods Subject to Restrictions:

- Blood and gene doping.
- Local anesthetics (permitted under some conditions).
- Manipulation of urine samples.
- Beta-2 agonists (permitted only by inhalation with prescription).
- Tampering of urine samples.