

# Anita Career

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## Education

California State University, Chico

**Bachelor of Science**, Exercise Physiology: **May 2009**

Minor: Nutrition

Coursework: Anatomy, Physiology, Organic Chemistry, Inorganic Chemistry Biomechanics, Biomedical Ethics, Human Genetics, Nutrition and Biochemistry

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## Experience

**In-home Care Provider**, Sept. 2008- present

*Butte County In-Home Supportive Services (IHSS), Chico, CA*

- Provided personal and domestic services to an individual with disabilities
- Performed personal care services and household chores, and accompanied to appointments

**Lacrosse Statistician**, Oct. 2008-present

*California State University, Chico*

- Utilized valid protocol and was quickly familiarized with baselines in order to structure an uncompromised analysis
- Demonstrated organization and attention-to-detail working in a fast-paced environment

**BE:WEL (Beyond Exercise: Wellness Enhancement for Life)**, Jan. 2008-May 2008

*California State University, Chico, Chico, CA*

- Provided individualized support for adults with disabilities in the community
- Empowered individuals to increase social and physical wellness
- Coached clients on weightlifting techniques and patient mobility

**Intern, Physical Therapist Aide**, May 2007-July 2007

*Tokheim Colbert Physical Therapy, Manteca, CA*

- Provided exceptional care by paying close attention to patients' unique needs
- Developed strong multi-tasking skills by effectively managing patient care
- Created and maintained a hospitable patient environment

**Intern, Human Resources**, May 2006-August 2006

*Bank of Agriculture and Commerce (BAC), Stockton, CA*

- Communicated closely with advisor in planning, managing, reorganizing, and completing specific tasks
- Chosen to run the courier route because of positive individual and group interaction

**Front Desk Associate**, May 2006-July 2006

*In-Shape Health Clubs, Inc., Tracy, CA*

- Maintained a professional attitude while resolving concerns and complaints
  - Remained composed while effectively handling emergency situations
  - Demonstrated flexibility, ability to learn quickly, and skill in working well with others
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## Activities & Honors

**Intercollegiate Volleyball**, CSU Chico, 2005-2007

**Phi Kappa Phi National Honor Society**, 2008-present

**All CCAA Academic Award**, 2007

**Exercise Physiology Club**, 2008-present

**Phi Eta Sigma National Honor Society**, 2005-present

**Sandia National Laboratory's Math and Science Award**, 2004

**College of Communication and Education Dean's List**, 2005-present