Counseling & Wellness Center
To make an appointment call (530) 898-6345
www.csuchico.edu/counseling

Student Health Service
To make an appointment call (530) 898-5241
www.csuchico.edu/shs

CADEC
Campus Alcohol & Drug Education Center
To make an appointment call (530) 898-6450
www.csuchico.edu/cadec

UMatter
UMatter is a student-focused program that aims to reduce the stigma associated with mental illness and increase the likelihood that students will help themselves or a friend.
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