

Women's Relationship Group



Women's Relationship Group

Fall Semester 2008

Fridays
11:00 AM-12:30 PM

Lisa Quinn, Ph.D.

Beginning date: TBA

Provided as a free service to regularly enrolled students at CSU, Chico

For more information on this and other groups being offered during the Fall 2008 semester, come by our office and make a group interview appointment with the group leader.

Student Services Center
Room 430

530-898-6345
or

Visit our website
www.csuchico.edu/counseling/

Need a place of support to discuss your most personal issues in a confidential setting? Are there issues you cannot discuss with your roommate, significant other, or family?

Most of us tend to put the needs of others first and then find ourselves depressed or resentful that our own needs are not getting met.

Here's an opportunity to put your own emotional needs first—give yourself 90 minutes a week to focus on issues you struggle with.

Join us so that as a group we can help one another become the caring and strong women we were meant to be!

Please stop in and schedule a pre-group interview appointment today to meet with our group leader and learn more about the goals of this support group.

Psychological Counseling and Wellness Center
CALIFORNIA STATE UNIVERSITY, CHICO

Student Services Center, Room 430
530-898-6345

www.csuchico.edu/counseling/

