Over the past 18 years, 9 months and 12 days (on March 12) I have encountered a wide range of beliefs, myths, ideas and thoughts surrounding addiction and recovery - some valid, some supportive, some enabling and others disturbing. The theme of hidden identities resonates throughout life with addiction. Hiding to feed the addiction, isolating-hiding from social interaction, ignoring reality, hiding from the chaos, pain and devastation created. Through recovery we can stop hiding. Please come join us in discussing aspects of addiction and recovery.

Bring your lunch and join us!