## **Preventing**

## Slips, Trips and Falls



- **Electrical cords** Keep extension cords away from pathways. Use walkway cord covers if necessary.
- **Repair or replace** Look out for stair treads that are cracked or worn. Use non-skid mats.
- **Erect orange "warning" cones** to warn people of a potential slip, trip, or fall hazard.
- **Furniture** Arrange furniture to avoid an obstacle course of potential falls.
- Materials Don't store materials in hallways, aisles or stairs.

- Wet or Waxed floors Watch out for floors that have been waxed but not buffed.
- Carpets Make sure all rugs and carpets are not frayed and are properly tacked down or have non skid mats underneath.
- **Loose flooring** Use caution when walking over loose tiles, bricks, pavement, or floorboards.
- Wet spots Clean up or report all spills immediately. Don't wait for a small spill to dry itself.
- Oil, grease on floors Have rags and detergent ready whenever you use oily materials. Don't let grease or oil accumulate on a shop floor.
- **Untidy floors** Even a small object on the floor, can cause a trip and fall.



Don't
carry
a load
you can't
see over!



- **Get help** Carry only what you can handle. Don't rush.
- **Drawers** Keep them closed.
- **Lighting** Make sure stairways and hallways are well lighted.
- Never use "makeshift ladders" Don't use furniture or boxes as a makeshift ladder. Use a sturdy, balanced stepladder or a step stool made specifically for that purpose.
- Watch hems and cuffs They should be short enough so that you don't catch a heel while walking.
- **Don't jump** Lower yourself from docks, trucks, or work stages.

