

**California State University, Chico College of Behavioral and Social Sciences
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES (HCSV)**

- I. Program Affiliation:** Health and Community Services (HCSV)
- Course Number and Title:** HCSV 321-01 Community Health
- Prerequisites:** None
- Professor:** Jeanne Freeman, PhD, CHES
Office: Butte 647
Office Phone: (530) 898-5633
Office FAX: (530) 898-5107
Office Hours: Mondays 2:00-3:30pm; Wednesdays 2:00-4:00pm;
Thursdays 2:00-3:30pm or by appointment.
E-mail: JMFreeman@csuchico.edu (Subject heading:
Community Health)
- Course Meeting Days & Time:** Tuesday & Thursday 12:30-1:45pm
- Course Meeting Room:** Butte Hall 229

II. Relationship to Knowledge Base

This **web-enhanced** course presents an analysis of the fundamental principles upon which school, community, and population health are based. The contributions of federal, state, and local organizations to national goals for health promotion and disease prevention are examined. Additionally, the course explores the fundamental societal, political, organizational, and behavioral aspects of public health in school, community, and worksite settings.

III. Required Textbooks

McKenzie, J.F., Pinger, R.R., & Kotecki, J.E. (2005). *An introduction to community health*. (5th ed.) Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-2953-1

IV. Goals

The overall goal of this course is to help students understand factors influencing the development of community health interventions and policies. This course will create an atmosphere where the thorough discussion of issues and **all** views will be given value. Finally, this course will give the student the chance to be an active participant in their learning process.

V. Competencies/Objectives

After completing this course, the student should be able to:

- A. Explain the basic characteristics of communicable, chronic, mental, and environmental health problems.
- B. Identify and describe the major specific health problems facing a community.
- C. Identify the major issues concerning health problems and their solutions.
- D. Describe the basic characteristics of community organizations which deal with community health problems.
- E. Explain the various methods for dealing with community health problems.
- F. Describe and evaluate the effects of local community organizations on local community health problems.
- G. Assess community health education needs in relation to national and state health objectives.
- H. Search online databases, Internet resources, and print-sources of research and program literature.
- I. Assess the quality, effectiveness and appropriateness of health education interventions/programs.

VI. Content

- A. Foundations of Community Health and Health Care Delivery
- B. The Nation's Health and Environmental Health and Safety

VII. Evaluation

Students have the opportunity to earn **550 points**. Points are earned based on performance in the following areas:

Exams (3@ 100 points each)	300 points
Community Health Agency Paper	100 points
Community Health Agency Fair	50 points
Top 10 Reasons Document	50 points
<u>Engagement Points</u>	50 points
Total Points	550 points

- A. Exams: Three exams will be administered covering information based on the lectures, text, class discussion, and guest speaker presentations. **No exam will be dropped!**

Clear instructions will be provided regarding taking each exam. Exams may include multiple choice, true/false, matching, fill-in-the-blank, and essay questions. Review sessions and study guides will be provided at the discretion of the instructor.

Missing an exam is strongly discouraged! Students who miss an exam will be offered the opportunity to take the make-up exam during finals week **ONLY** if the student contacts the instructor by telephone prior to missing the exam. When calling the instructor dial **(530-898-5633)** and leave a message with your name and a phone number of where you can be reached so that the instructor may return your call. Before a make-up exam opportunity is granted, the student and instructor **MUST** speak **directly** on or before the day of the scheduled exam. **Failure to follow this procedure will forfeit your opportunity to make-up the exam.**

Make-up exams will **NOT** be the same exam that is administered in class. All make-up exams will be essay-type questions. **Students who arrive to class on exam day more than 5 minutes late will be required to take the make-up exam!**

- B. Community Health Agency Paper: Guidelines are available on the portal. **This is a group project.**
- C. Community Health Agency Fair: Guidelines are available on the portal. **This is a group project.**
- D. Top 10 Reasons Document: This assignment is based on a health condition or issue that your community health agency targets. For this assignment you will create a flyer, brochure, poster, or other creative outlet regarding the top 10 reasons why the health condition or issue your agency targets is important for the community and this agency to pursue. The information for this assignment is to be gathered from sources **other than your interview**. It is important that you provide references for your 10 reasons at the bottom of the document. If you choose to create a poster or flyer it is to be only one-sided. If you create a brochure it can be double-sided, but must be able to fold as a brochure would. This assignment will be evaluated on format, creativity, spelling, design, and presentation. Your finished product is to be printed or presented in color. This could be an assignment that allows you to make an impression on an agency for an internship opportunity or to include in your student portfolio. **This is an individual project.**

E. Engagement Points: Your participation, attendance, and regular reading of class material are important factors for your successful educational experience. Three times throughout the semester I will ask you to write a one-page overview and opinion paper about the assigned reading for that day. This task will be completed in class and **CANNOT** be made up due to an absence. Only two of the three papers will count towards your final grade in the course.

VIII. Syllabus Change

The Instructor reserves the right to make changes as necessary to this syllabus. If changes are made, at least two weeks of advance notification will be given to the class. Changes will be announced in class and posted on the course portal account.

IX. Grading Scale

A = 93-100%	(511.5-550 points)	C = 73-76%	(401.5-423 points)
A- = 90-92%	(495-511 points)	C- = 70-72%	(385-401 points)
B+ = 87-89%	(478.5-494.5 points)	D+ = 67-69%	(368.5-384.5 points)
B = 83-86%	(456.5-478 points)	D = 63-66%	(346.5-368 points)
B- = 80-82%	(440-456 points)	D- = 60-62%	(330-346 points)
C+ = 77-79%	(423.5-439.5 points)	F = ≤ 59%	(≤ 329.5 points)

All assignments are to be handed in at the beginning of class on their due dates. Late assignments will be accepted with a 20% grade reduction **per day or fraction of a day** for that assignment. Assignments submitted more than five days late (including weekend and holiday days) will not be accepted for credit and a zero will be entered for that assignment. **This policy will be strictly enforced!** All **late** assignments are to be submitted to my mail box in BUTTE HALL 607 and are to be date and time stamped by the administrative assistant. **Do not submit assignments by sliding them under my office door. If it is slid under my office door it will receive zero credit.** You can always turn an assignment in early. All assignments are to be typed or word-processed. Assignments submitted by electronic mail will NOT be accepted unless prior arrangements have been made with the instructor.

X. Extra Credit

During the semester you will have the opportunity to earn a total of 25 points extra credit. Various opportunities will be made available at the discretion of the instructor. Point values for each opportunity will range from 1-5 points each. NO LATE extra credit assignments will be accepted.

XI. Academic Honesty

The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. Grades and degrees earned by dishonest means devalue those earned by all students; therefore, it is important that students are aware of the CSU Chico Academic Honesty Policy as stated on pages 144 & 623 of the 2005-2007 catalog. Academic dishonesty involves acts that may subvert or compromise the integrity of the educational process.

XII. Accommodations

Students with disabilities requesting reasonable accommodations must first register with Disability Support Services (DSS) by calling 530-898-5959. DSS is located in Building E and on the web at: <http://www.csuchico.edu/dss/>. DSS provides documentation to students with disabilities who must then provide this documentation to their course instructors. Students with disabilities should notify their course instructors of their need for reasonable accommodations in a timely manner to ensure sufficient time to arrange reasonable accommodation implementation and effectiveness. A typical time frame for arranging reasonable accommodations for students who are registered with DSS is approximately one to two weeks.

XIII. Classroom Behavior

Appropriate classroom behavior is expected of the instructor and all students. Inappropriate and disruptive classroom behavior including inappropriate language and gestures, class disruptions, disrespect to other students or instructor, and other behavior as determined by the instructor will not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.

XIV. Attendance

Every student is expected to attend class, arrive to class on time, and participate with in-class discussions, proposed questions and activities. Students who miss a class are responsible for finding out what material was covered or what assignments were given during their absence. The instructor does not repeat lectures. However, the instructor is available to clarify topics discussed in class during the student’s absence. **Students are directed to consult with their fellow students to find out what was covered during their absence.**

Name of class partner: _____ Phone #: _____

XV. Course Resources

CSU Chico Library
Writing Center – Taylor Hall 203 (530-898-5042)
CSU Portal – Course notes, assignment instructions, course calendar, and writing guidelines

XVI. WebCT Information

This course is *web-enhanced*. Class notes and additional reading materials will be available on the HCSV 321-01 course pages on WebCT. **This is the only place this information will be available.** You will need to regularly access the WebCT course pages to obtain information and readings necessary for the exams. By registering for this class, you are automatically on the WebCT course roster. However, to access the class information on WebCT, you will need to initialize your CSU Chico portal account. Information on how to do this on the web is available at the following address: **<http://www.csuchico.edu/stcp/portal/account.shtml>**. You can also contact Student Computing (898-4357) to assist you in this process. **DO NOT** delay in setting up your account!

XVII. Recorded Grades (For Your Records)

Exam 1	_____ / 100 points	Agency Paper	_____ / 100 points
Exam 2	_____ / 100 points	Agency Fair	_____ / 50 points
Exam 3	_____ / 100 points	Top 10 Reasons	_____ / 50 points
Engagement Points	_____ / 50 points		

XVIII. Content & Important Dates

Date	Topic/Assignment	Chapter(s)
23-Aug	Course introduction	
25-Aug	Community Health	1
30-Aug	Organizations	2
1-Sep	Organizations; Epidemiology - disease	2, 3
6-Sep	Epidemiology - disease	3
8-Sep	Epidemiology - prevention	4
13-Sep	Epidemiology - practice problems	
15-Sep	Injuries	17
20-Sep	Injuries	17
22-Sep	Exam #1 (Chapters 1-4, 17)	
27-Sep	Health Care System - structure	13
29-Sep	Health Care System - function	14
4-Oct	Community Organizing	5
6-Oct	Community Organizing; School Health	5, 6
11-Oct	School Health	6
13-Oct	Safety and Health; Agency Paper Due	18
18-Oct	Safety and Health	18
20-Oct	Exam #2 (Chapters 13, 14, 5, 6, 18)	
25-Oct	Maternal, Infant, & Child Health	7
27-Oct	MIC Health; Adolescents, Young Adults, & Adults	7,8
1-Nov	Adolescents, Young Adults, & Adults	8
3-Nov	Elders	9
8-Nov	Elders & Minorities	9, 10
10-Nov	Minorities; Top 10 Reasons Due	10
15-Nov	Mental Health	11
17-Nov	Environmental Concerns	15
29-Nov	Impact of Environment on Human Health	16
1-Dec	Agency Fair - First Half	
6-Dec	Agency Fair - Second Half	
8-Dec	Review for Final Exam	
13-Dec	Final Exam 2-3:50pm Butte Hall 229 (Chapters 7-11, 15, 16)	