

**California State University, Chico College of Behavioral and Social Sciences
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES (HCSV)**

- I. Program Affiliation:** Health and Community Services (HCSV)
- Course Number and Title:** HCSV 370-05 Drugs in Our Society
- Prerequisites:** None
- Professor:** Jeanne Freeman, PhD, CHES
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Office Phone: (530) 898-5633
Office FAX: (530) 898-5107
Office Hours: By appointment
E-mail: Send correspondence through the WebCT mail tool found within the course shell. You may also e-mail me at JMFreeman@csuchico.edu (Subject heading: Drugs in Our Society). * **I will respond to all e-mails within 48 hours.**
- Course Meeting Days & Time:** ONLINE – August 21, 2006 – December 13, 2006
- Course Meeting Room:** ONLINE

II. Relationship to Knowledge Base

This **web-only** course is designed to explore relevant issues of alcohol and drug use and abuse in American society. It will serve as an overview of the use and abuse of alcohol, prescription, street drugs and their personal and societal consequences on the young adult, family, and society. Historical perspectives, legal issues, and decision-making skills regarding drug use will also be addressed.

HCSV 370 fulfills the requirements of the General Education Upper Division Theme B: **Contemporary Health Issues**. You must have already completed 45 units in order for this course to count towards the theme. This course has a 1500 word minimum writing requirement, which is discussed below. All the courses in this theme, including this one:

- Address concepts of well being, health, and disease;
- Focus attention on how class, ethnicity, and gender affect health;
- Teach methods for distinguishing hearsay from valid information;
- Develop knowledge and skills for making effective decisions that enhance health and facilitate understanding of public policy; and
- Address the impact of biology, ethics, morality, politics, economics, and culture on health, health care, and healthy policy.

III. Required Textbooks

Hanson, G.R., Venturelli, P.J., & Fleckenstein, A.E. (2006). *Drugs and Society (9th ed.)* Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-3732-1

IV. Goals

The overall goal of this course is to help students understand factors influencing choices related to drug use and policies. This course will create an atmosphere where the thorough discussion of issues and **all** views will be given value. Finally, this course will give the student the chance to be an active participant in their learning process.

V. Competencies/Objectives

After completing this course, the student should be able to:

- A. Outline the history of drug use in the United States.
- B. Discuss the extent of use of licit and illicit drugs within various populations in the United States.
- C. Outline the cultural influences, including family, peers, and media, on the use of selected drugs.
- D. Describe the nature of characteristics of dependency and addiction.
- E. List the major drug classifications and their physiological effects.
- F. Discuss the social, economic, political, psychological, and pharmacological consequences of drug misuse on US society.
- G. Evaluate current efforts to control drug use and suggest alternative approaches.
- H. Discuss the physiological, social, and treatment aspect of alcohol and tobacco use.
- I. List the major illicit drugs, their prevalence, physiological effects, and treatment strategies.
- J. Discuss the effects of maternal drug use on the fetus.
- K. Discuss the major types of prescription and over-the-counter drugs, their use and misuse, the effects of medical advertising and regulation.
- L. Develop decision-making skills regarding personal alcohol, tobacco and other drug use, abstinence, responsible practices, alternative activities, and positive uses of drugs.

VI. Content

- A. Introduction to Drugs; Explaining Use; Regulations; Homeostatic Systems; How and Why Drugs Work (Chapters 1-5)
- B. Depressants; Alcohol; Narcotics; Stimulants (Chapters 6-10)
- C. Tobacco; Hallucinogens; Marijuana; Inhalants; OTC, Prescription, and Herbal Drugs; Drug Use and Subcultures (Chapters 11-16)

**** You are to review this content by reading each chapter in the text and listening to each audio lecture. Audio lectures are provided within the WebCT shell for this course. You will be tested on materials presented within both the text and audio lectures.**

VII. Evaluation

Students have the opportunity to earn **515 points**. Points are earned based on performance in the following areas:

Exams (3 @ 50 points)	150	Points
Attitude Paper	100	Points
Class Discussions (5 @ 25 points)	125	Points
Popular Media Article Responses (4 @ 25 points)	100	Points
Class Introductory Survey	20	Points
Syllabus Quiz	20	Points
Total Points	515	Points

- A. Exams: Three exams will be administered covering information based on the lectures and text readings. **No exam will be dropped!**

Clear instructions will be provided regarding taking each exam. Exams may include multiple choice, true/false, matching, and fill-in-the-blank questions. Each exam will be made available to you for several days. Exams 1 and 2 will be available Monday through Friday at noon. Exam 3 will be during finals week and will be available Monday through Wednesday at 8pm. Once you begin the exam, you will be given a limited amount of time to complete the exam (generally 55 minutes). You will only be allowed to access the exam ONE time. Therefore, you must complete it all at once. Study guides for the exams will be provided at the discretion of the instructor. **No notes, study guides, textbooks, or other aids are to be used during the exams.**

Missing an exam is strongly discouraged! Students who miss an exam will be offered the opportunity to take the make-up exam before 3 days of class time has passed **ONLY** if the student contacts the instructor by telephone **prior** to missing the exam. When calling the instructor, dial **530-898-5633** and leave a message with your name and a phone number of where you can be reached so that the instructor may return your call. Before a make-up exam opportunity is granted, the student and instructor **MUST** speak **directly** on or before the day of the scheduled exam. **Failure to follow this procedure will forfeit your opportunity to make-up the exam.** Make-up exams will **NOT** be the same exam as the original online exam. All make-up exams will be essay-type questions.

Exam #1: September 18 – September 22 at noon (Chapters 1-5)

Exam #2: October 23 – October 27 at noon (Chapters 6-10)

Exam #3: December 11 – December 13 at 8pm (Chapters 11-16)

- B. Attitude Paper: The purpose of this activity is to provide you with an opportunity to examine issues related to drugs from a personal perspective. This philosophy activity is a statement of your personal relationship or experiences related to alcohol, medications, street drugs, and where applicable to others in your life who use drugs. Furthermore, this activity will help you develop critical thinking skills related to your values and examine how these values influence your behavior related to drugs. This paper is due on **Friday, September 1st by noon**. If the paper is turned in late, you lose 25% for each day or fraction of a day in which it is late. All papers are to be submitted online as either a word document (.doc) or in a rich text format (.rtf). **Failure to submit your paper in one of these formats will result in a grade of zero. If you do not know how to put your document into one of these formats, ask early.** They are to be submitted as attachments under the “Assignment Submissions” icon, NOT through the e-mail tool of your WebCT account. The guidelines for writing your paper are provided in **WebCT under the “Assignment Submissions” icon.**
- C. Class Discussions: There will be five discussion board topics posted during the semester. Discussion board dates are listed below.

The opening post on each discussion board will be created by the instructor. You are to respond to the postings on the discussion board two times within a five-day period of the discussion board being opened. **ONLY** one posting will count per day. However I encourage you to fully engage yourself with your classmates by posting more than the required two postings.

Discussion Board #1: September 11 – September 15 at noon (Prohibition)

Discussion Board #2: October 2 – October 6 at noon (Legal age)

Discussion Board #3: October 16 – October 20 at noon (Caffeine)

Discussion Board #4: November 13 – November 17 at noon (Marijuana safety)

Discussion Board #5: December 4 – December 8 at noon (Professional athletes)

To respond to the discussion postings, read through all previous postings and simply click the “reply” button at the bottom of **ALL** the postings. **DO NOT** create a new thread within the discussion board. This will cause confusion among people and it leads to readers being overwhelmed. To prevent yourself from creating a new thread, make sure the “unread” and “unthreaded” buttons are highlighted. Failure to follow this procedure will result in your postings not being counted for credit.

Your postings will be evaluated on several criteria. You are expected to put together a well thought-out response to the postings before yours. This will require that you read **ALL**

postings so you can respond thoroughly and participate in the class discussion fully. Simply writing one or two sentences about agreeing or disagreeing with someone's point is not sufficient. In general, the postings that receive full credit are those that are between 1-3 paragraphs long and incorporate your experiences, your response to points made by others in the class, incorporated information learned from the course, and an evaluation of the issue outside of simply providing your opinions.

- D. Popular Media Article Responses: During the semester there will be four additional articles assigned for you to read that will be found under the **“Popular Media Articles” icon in the WebCT shell for this course**. Once you have read the article, you will be required to compose a 1-2 page reaction paper. Your papers are to be submitted under the **“Assignment Submissions”** icon in either a .doc or .rtf format. **Failure to submit your paper in one of these formats will result in a grade of zero. If you do not know how to put your document into one of these formats, ask early.**

Your papers are to have 1” margins, be double spaced, and adhere to quality writing standards that are expected of upper-division undergraduate students. As a result, make sure you evaluate your papers for spelling, grammar, punctuation, and clarity.

- PM Article Response #1: September 8th by noon (Crime article)
- PM Article Response #2: September 29th by noon (Dealing article)
- PM Article Response #3: October 20th by noon (Meth house article)
- PM Article Response #4: December 1st by noon (Pushing drugs article)

- E. Class Introductory Survey: At the beginning of this course you will be required to read through several pieces of material to help you identify if an online class is the best formatted class for you personally. In addition to reading these materials, you will need to complete the Class Introductory Survey. This survey is to be completed by **noon on August 25th**. By completing this survey you will get some experience with the manner in which your exams will be presented.
- F. Syllabus Quiz: The syllabus is one of the most important aspects of any course. It serves as the contract between an instructor and the students enrolled in the course. In a traditional classroom environment, I would be able to go through the syllabus with the class and make sure that various points were emphasized. However, in a class that is formatted for online students, I cannot do this. As a result, I have to leave it up to you to read the syllabus and know the information that I find most important to be emphasized. Therefore, you will need to complete the syllabus quiz by **noon on August 25th**, as a means for me to make sure you identified key points presented within this document.

VIII. Syllabus Change

The Instructor reserves the right to make changes as necessary to this syllabus. If changes are made, at least two weeks of advance notification will be given to the class. Changes will be announced through the WebCT account for this course.

IX. Grading Scale

A = 94-100%	(484-515 points)	C = 74-76%	(381-396 points)
A- = 90-93%	(463.5-483.5 points)	C- = 70-73%	(360.5-380.5 points)
B+ = 87-89%	(448-463 points)	D+ = 67-69%	(345-360 points)
B = 84-86%	(432.5-447.5 points)	D = 64-66%	(329.5-344.5 points)
B- = 80-83%	(412-432 points)	D- = 60-63%	(309-329 points)
C+ = 77-79%	(396.5-411.5 points)	F = ≤ 59%	(≤ 308.5 points)

All assignments are to be turned in on time and on their due dates. Late assignments will be accepted with a 25% grade reduction **per day or fraction of a day** for that assignment. Assignments submitted more than four days late (including weekend and holiday days) will not be accepted for credit and a zero will be entered for that assignment. **This policy will be strictly enforced!** All **late** assignments are to be submitted online as an attachment under the “Assignment Submissions” icon in WebCT. **Do not submit assignments by sliding them under my office door or as attachments to an e-mail. If the assignment is slid under my office door or sent as an attachment to an e-mail, it will receive zero credit.** You can always turn an assignment in early. All assignments are to be typed or word-processed and submitted as either a Microsoft Word document (.doc) or in a Rich Text Format (.rtf).

X. Academic Honesty

The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. Grades and degrees earned by dishonest means devalue those earned by all students; therefore, it is important that students are aware of the CSU Chico Academic Honesty Policy as stated on pages 144 & 623 of the 2005-2007 catalog. Academic dishonesty involves acts that may subvert or compromise the integrity of the educational process.

XI. Accommodations

Students with disabilities requesting reasonable accommodations must first register with Disability Support Services (DSS) by calling 530-898-5959. DSS is located in Building E and on the web at: <http://www.csuchico.edu/dss/>. DSS provides documentation to students with disabilities who must then provide this documentation to their course instructors. Students with disabilities should notify their course instructors of their need for reasonable accommodations in a timely manner to ensure sufficient time to arrange reasonable accommodation implementation and effectiveness. A typical time frame for arranging reasonable accommodations for students who are registered with DSS is approximately one to two weeks.

XII. Online Behavior

Appropriate online behavior is expected of the instructor and all students. Inappropriate and disruptive online behavior including inappropriate language, disrespect to other students or instructor, and other behavior as determined by the instructor will not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.

In an online formatted class, it is important to remember that others cannot see your body language nor hear the tone of your voice. As a result, be extremely cautious when you post comments for others in the class to read. Many of the topics in this course are controversial and will bring forward strong feelings. It is appropriate to express the strength of your points within your writings. However, appropriate online demeanor and language is to be adhered to for this course.

XIII. Attendance

Every student is expected to attend online class regularly and participate with discussions, proposed questions and activities. It is the student’s responsibility to maintain regular contact with the instructor. Online classes are different than traditional classroom courses because an instructor is not capable of determining when a face has disappeared from class. As with a traditional semester-long course, you are expected to have 3 contact hours with this course each week plus homework time. If you cannot dedicate 3 hours of contact time with this course each week plus homework time, then you need to take this course during a different semester.

XIV. Course Resources

CSU Chico Library

Writing Center – Taylor Hall 203 (530-898-5042)

CSU Portal – Course notes, assignment instructions, course calendar, and writing guidelines

XV. WebCT Information

This course is *web-only*. All course notes, lecture materials, exams, etc. will be available on the HCSV 370-05 course pages on WebCT. **This is the only place this information will be available.** You will need to regularly access the WebCT course pages to obtain information and readings necessary for the exams. By registering for this class, you are automatically on the WebCT course roster. However, to access the class information on WebCT, you will need to initialize your CSU Chico portal account.

Information on how to do this on the web is available at the following address:

<http://www.csuchico.edu/stcp/portal/account.shtml>. You can also contact Student Computing (898-4357) to assist you in this process. **DO NOT** delay in setting up your account!

XVI. Recorded Grades (For Your Records)

Exam 1	_____ / 50 points	Attitude Paper	_____ / 100 points
Exam 2	_____ / 50 points	Class Discussion	_____ / 125points
Exam 3	_____ / 50 points	Popular Media	_____ / 100 points
Class Intro Survey	_____ / 20 points	Syllabus Quiz	_____ / 20 points