

California State University, Chico
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES

HCSV 265-02
Human Sexuality

Fall 2009

Instructor: Linda Mc Afee Bilsborough
Days/Time: M 2-4:50 p.m.
Glenn 225

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Office Hours: Mon. 1:15-2:00 p.m.
TR 10:00 a.m. -1:00 p.m.
Other times by appointment

Texts:

Crooks, R. and Baur, K., Our Sexuality, 10th Edition, Brooks/Cole Publishing, 2008.
HCSV 265 Packet. Purchase at A.S. Bookstore.

Course Description:

Overview of human sexuality, including psychosexual development, gender roles, reproductive systems, pregnancy and childbirth, contraception, abortion, sexually transmitted diseases including HIV/AIDS, relationships, sexual orientation, sex and the law, sexually explicit materials and sexual dysfunction. This is an approved General Education course.

Scope of the Course:

Sexuality is an integral part of one's personality throughout life. Knowledge and understanding of one's sexuality are crucial in making positive, constructive decisions regarding the aspects of self-awareness and self-esteem. It is also important in making decisions regarding the physiological aspects of sexual development and reproduction as well as in the social aspects of both intimate relationships and gender role behaviors.

This course acknowledges the multitude of cultures in the United States and beyond. Exploring diversity in human sexual experiences encourages respect for people with differing beliefs and attitudes.

Objectives:

1. To facilitate an atmosphere of learning, communication and development of knowledge for life long learning and understanding of human sexuality.
2. To present a forum for discussion of current sexual issues including controversial topics such as: abortion, rape, homosexuality, pornography, prostitution, sexual dysfunction, contraception, and conception.
3. To present accurate anatomy and physiology of human sexuality and reproduction and to dispel previous misinformation and/or myths.
4. To present, explore, and discuss human sexual issues regarding college students.

General Education:

HCSV 265 satisfies Area E - Lifelong Learning designed to equip human beings for life-long understanding and development of themselves as integrated physiological, psychological, and sociological entities.

Lifelong Learning

All learning should have relevance beyond the present moment. The human organism witnesses change in each of its moments through the life course, yet it is itself a continuous physiological, psychological, and social being. Part of General Education should provide instruction that fosters understanding of the self as a complex, integrated being that is at once physiological, psychological, and social. Each course, therefore must:

1. address issues that are likely to be important to most of our students throughout most of their lifetime;
2. significantly incorporate and integrate theory, data, and perspectives from each of three broad areas of human life: the physiological, the psychological, and the social;

3. have substantial written projects that ask the student to; a) integrate the ideas and materials of the course and b) apply the ideas and materials of the course to themselves and their own projected life course.

Student Responsibilities:

Attendance:

Attendance is mandatory. Promptness is appreciated, as late arrivals are disruptive to all. Students may have no more than one unexcused sessions without being penalized by one full grade reduction.

Examinations:

You will have the joy of taking four examinations. Each exam will consist of fifty objective questions. Exam content is drawn from your textbook, class discussions, videos, guest lectures and handouts. Make-up exams are discouraged and given during finals week, unless special arrangements have been made. Study guides are included in your packet. (Exams are valued at one hundred points each.)

All General Education courses have a writing requirement of 1500 words. For this course, the writing requirement is fulfilled by the following:

Mini-Writes:

Three writing assignments will be assigned throughout the semester. Each will deal with an issue of sexuality and focus on your candid response to that issue. A separate handout for each mini-write will be distributed and will include specific details and due date. Each Write is valued at 30 points. **NO LATE MINI WRITES.**

Quick Writes:

Several in-class writing activities will be assigned throughout the semester. These assignments may focus on a video, guest speaker, personal, or controversial topic. The point values and number of Quick Writes will vary. No make-up quick writes.

Extra Credit:

One extra credit project may be submitted for a maximum of 15 points. Extra credit activities must be type written, double spaced, in a 12 point font. Write up should be approximately 1-1/2 pages in length. Suggestions for this activity will be discussed during the "General Business" segment of class. Deadline for Extra credit is Nov. 23, 2009.

Grade Determination:

4 Examinations		400
3 Mini-writes	@ 30 each	90
Quick Writes		<u>50</u> *Actual points may vary
		540 Points possible*

Grade Distribution:

Definition of letter grading symbols: (College Catalog 2007-2009)

- 90-100% = A SUPERIOR WORK: Achievement so outstanding that it is normally attained by relative few students.
- 80-89% = B VERY GOOD WORK: Achievement clearly better than adequate competence in the subject matter/skill, but not as good as the superior achievement of students earning As.
- 70-79% = C ADEQUATE WORK: Achievement indicating adequate competence in the subject matter/skill. This level will usually be met by a majority of the students in the class.
- 60-69% = D MINIMALLY ACCEPTABLE WORK: Achievement which meets the minimum requirements of the course.

HCSV 265 SCORE CARD:

Exam #1 _____/100 Points Possible

Exam #2 _____/100 " "

Exam #3 _____/100 " "

Exam #4 _____/100 " "

Mini #1 _____/ 30 " "

Mini #2 _____/ 30 " "

Mini #3 _____/ " "

Q.W. #1 _____/ " "

Q.W. #3 _____/ " "

Q.W. #4 _____/ " "

Q.W. #5 _____/ " "

Extra Credit _____/ 15 (Submitted by Nov. 23, 2009 Deadline)

Your pts. _____/ _____ Possible

COURSE SCHEDULE*

WEEK	DATE	TOPIC(s)	ASSIGNMENT(s)*
1	8/24	Introduction and Orientation Sexual Perspectives	Chap. 1, (2)
2	8/31	Love and Sex Communication Issues Male Anatomy/Physiology	Chap. 7, 8
	9/7	Holiday	Enjoy!!
3	9/14	Male Anatomy/Physiology Female Anatomy/Physiology	Chap. 5,4 Mini Write #1 Due 9/14
4	9/21	Sexual Response	Chap. 6
5	9/28	Exam #1 (Chap 1,4-8) Infant, Child Sexuality	Chap. 12
6	10/5	Puberty Adolescent Sexuality	Chap. 12 Mi
7	10/12	Adult Lifestyles Infertility, Conception	Chap. 13 Mini Write #2 Due 10/12
8	10/19	Biological Development Pregnancy, Birth Post Partum	Chap. 11
9	10/26	Exam #2 (Chap.11,12,13) Birth Control, Contraception MAP, E.C., Abortion, RU 486	Chap. 10
10	11/2	Mandatory Furlough Day No Classes Allowed	
11	11/9	HIV Disease/AIDS Variations in Sexual Behaviors	Chap. 15, 16 Mini Write #3 Due 11/9
12	11/16	Sexual Orientation Issues/GLBTQ Panel Exam #3 (Chap. 3,9,10,15,16)	Chap 3,9
	11/23-27	Thanksgiving Break	Enjoy!
13	11/30	Sexual Disabilities and Dysfunctions Prostitution: Oldest Profession	Chap. 14 Chap. 18
14	12/7	\$ex for \$ale-Pornography and Prostitution Harassment/Assault/Rape	Chap. 18 Chap. 17
HCSV 265-02	Mon. Dec. 14@	4:00-5:50 p.m.	Final Exam (Chapters 3,9,10,14-18)

NOTE: **Bring a # 882 Scantron to final exam
*Actual schedule may vary slightly.