

California State University, Chico  
Community Health: HCSV 321-01 & 02

**Instructor:** Dr. Holly Nevarez

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**Office Hours:** Mondays, Wednesdays, & Thursdays fm 9:00am – noon & by appointment.

**Furlough Days:** T 9/8, M 9/21, TH 10/8, M 10/12, TH 10/15, M 11/2, T 11/17, M 12/7 & M 12/14

**Course Description:**

This web-enhanced course presents an analysis of the fundamental principles upon which school, community, and population health are based. The contributions of federal, state, and local organizations to national goals for health promotion and disease prevention are examined. In addition, the course explores the fundamental social, political, organizational, and behavioral aspects of public health in school, community, and worksite settings.

**Required Textbook:**

- McKenzie, J.F., Pinger, R.R., & Kotecki, J.E. (2008). *An introduction to community health*. (6th ed.) Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-4634-7

**Helpful Websites & Readings:**

- Centers for Disease Control & Prevention: [www.cdc.gov](http://www.cdc.gov)
- Central Intelligence Agency: <https://www.cia.gov>
- Healthy People 2010: <http://www.healthypeople.gov>
- U.S. Census Bureau: <http://www.census.gov>
- Jones & Bartlett Publishers: <http://health.jbpub.com/communityHealth/6e/index.cfm>
- Pfizer (2006). *Milestones in public health*. \*\*\*\*This book will be handed out in class.\*\*\*\*
- The Soloist, by Steve Lopez

**Course Objectives:**

After completing this course, the student should be able to:

1. Explain the basic characteristics of communicable, chronic, mental, and environmental health problems.
2. Identify and describe the major specific health problems facing a community.
3. Identify the major issues concerning health problems and their solutions.
4. Describe the basic characteristics of community organizations which deal with community health problems.
5. Explain the various methods for dealing with community health problems.
6. Describe and evaluate the effects of local community organizations on local community health problems.
7. Assess community health education needs in relation to national and state health objectives.
8. Search online databases, Internet resources, and print-sources of research and program literature.
9. Assess the quality, effectiveness and appropriateness of health education interventions/programs.

**Grading, Evaluation, & Assignments**

Students have the opportunity to earn 470 points. Points are earned based on performance in the following areas:

3 Exams	200 points
Health/Population Issue Report	20 points
Community Agency Class Presentation	20 points
Community Project	80 points
Community Agency Day Tri-fold	50 points
Other work	100 points
<i>Total points</i>	<i>470 points</i>

**Exams:** There will be three exams. The first test will be worth 50 points. The other two are worth 75 points each. *There will be NO make-up tests given after the scheduled exam date and time. If you have to miss an exam for ANY reason, you must make arrangements with the instructor & take the make-up test BEFORE the scheduled exam. Students who miss an exam and contact the instructor afterward will not be allowed to make-up the exam.* Exams will include multiple choice, true/false, matching, fill-in-the-blank, and essay questions and will cover all information presented in class, in reading assignments, and in homework assignments. Review sessions and study guides will be provided at the discretion of the instructor.

**Health/Population Issue Report:** This is a 3-page paper to describe the issue being addressed by the agency you have signed-up to work with. For some agencies this will be a health issue (ex: diabetes), while for other agencies this will focus on special needs of a specific population (ex: disabled children). See project description for more details.  
INDIVIDUAL PROJECT

**Community Agency Class Presentation:** You will present information about your agency in class. You will present this information in approximately 5 - 8 minutes. Due after the presentation will be a copy of your notes or PowerPoint, references, & 2 test questions. See project description for more details. TEAM PROJECT

**Community Project:** As a class, we will play a key role in the Jesus Center's food drive. There will be class assignments, fieldtrips, and a guest speaker related to this topic to enhance our learning. Each student will sign up to complete one task to help with this event. In addition, each student will be required to help receive the food on **Monday, 11/16** at the Jesus Center. More information will be given in class.

**Community Agency Day Tri-fold:** For this project you will create a tri-fold display for your agency. This will be presented to your classmates and other students at the Agency Fair during the second-to-the-last week of class. See project description for more details. **\*\*This is a Portfolio assignment.\*\*** TEAM PROJECT

**Other work:** Homework will be assigned in class. You must be present in class the day the work is assigned in order to complete the assignment and receive credit. *Points will be deducted for late assignments.* Assignments are due by 4:30 pm on the due date either to me in person or in my department mailbox (Butte 607). **EMAILED ASSIGNMENTS ARE NOT ACCEPTED.** *Assignments turned in after their due date will get 20% of the grade deducted for EACH day that the assignment is late. Therefore, an assignment will be worth 0 points if it is turned in 5 days late.*

**Extra Credit:** There are four options for extra credit. You will be allowed to complete *any two* that you choose. Details for each of the following will be provided on Vista and in class. Options are:

- Attend the Book in Common kick-off on September 17<sup>th</sup> in the city plaza. Check in with your instructor. Write a response.
- Attend the Town Hall meetings on October 14<sup>th</sup> in the BMU. Check in with your instructor. Write a response.
- Write a book report on The Soloist.
- Complete an extra task toward the food drive.

**Other Important Notes:**

- ✓ Grades will be based on a plus/minus system.
- ✓ Assignments are due by 4:30pm on the due date either to me in person or in my department mailbox (Butte 607).
- ✓ I do not except emailed assignments.
- ✓ All assignments must be spell-checked and proofread.
- ✓ The PowerPoint presentation is not available to students. If you miss a class it is your responsibility to get the necessary information/notes from another student.

**The Rules:**

- Students with disabilities requesting reasonable accommodations must first register with Disability Services (DSS).
- **CHEATING:** The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. If you are caught cheating/plagiarizing on an assignment, test, or project related to this course, you will immediately FAIL the assignment, test, or project and be reported to Student Judicial Affairs. **PLAGIARISM** is considered cheating. Written work will be checked using turnitin.com.
- **CLASSROOM BEHAVIOR:** Appropriate classroom behavior is expected of all students. Inappropriate and disruptive classroom behavior including inappropriate language and gestures, class disruptions, disrespect to other students or instructor, and other behavior as determined by the instructor will not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.
- **CELL PHONES:** Cell phones must be turned off or in silent mode during class. Students using cell phones or texting during class will be asked to leave.

## Content

<u>Topic/Assignment</u>	<u>Chapter(s)</u>
History of Public Health	Milestones in Public Health
Community Health	1
Poverty & hunger	to be assigned
Federal: Goals & Organizations	2
<u>Test #1</u>	
Epidemiology: Disease & Prevention	3 & 4
Community Organizing	5
Health Care System: Structure & Function	13 & 14
Mental Health	11
<u>Test #2</u>	
Maternal, Infant, & Child Health	7
School Health	6
Adolescents, Young Adults, & Adults	8
Alcohol, Tobacco, & Other Drugs	12
Elders	9
Workplace Safety & Health	18 (if time allows)
<u>Test #3</u>	

## Important Dates

Thursday, 9/4	<i>***Field Trip to the Jesus Center - 1297 Park Avenue *** Meet at the center at the beginning of class</i>
Tuesday, 9/8	University Furlough Day – Campus Closed
Thursday, 9/17	Health/Populations Issue Report Due
Thursday, 9/17	Book in Common Kick off at 6:30 in the City Plaza
Thursday, 10/8	Faculty Furlough Day – no class
Wednesday, 10/14	Town Hall meeting in BMU. 6:30 – 9pm
Thursday, 10/15	University Furlough Day – Campus Closed
Monday, 11/16	<i>****Receive food at the Jesus Center****</i>
Tuesday, 11/17	Faculty Furlough Day – no class
11/25 – 11/27	Thanksgiving break – Campus Closed
Thursday, 12/3	Agency Day: Tri-fold & Peer Evaluation Due
Tuesday, 12/15	2- 3:50 Section 1 (normal class time 2:00) Test #4 (Final)
Thursday, 12/17	12 – 1:50 Section 2 (regular class time 12:30) Test #4 (Final)