

**California State University, Chico College of Behavioral and Social Sciences  
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES (HCSV)**

- I. Program Affiliation:** Health and Community Services (HCSV)
- Course Number and Title:** HCSV 170-01 Drugs in Our Society
- Prerequisites:** None
- Professor:** Jeanne Freeman, PhD, CHES  
Office: Butte 614  
Office Phone: (530) 898-5633  
Office FAX: (530) 898-5107  
Office Hours: MW 2-4pm; T 2-3pm or by appointment.  
E-mail: JMFreeman@csuchico.edu (Subject heading: Drugs in Our Society)
- Course Meeting Days & Time:** Monday & Wednesday 4-5:15pm  
**Course Meeting Room:** Glenn (GLNN) Hall 123

**II. Relationship to Knowledge Base**

This **web-enhanced** course is designed to explore relevant issues of alcohol and drug use and abuse in American society. It will serve as an overview of the use and abuse of alcohol, prescription, and street drugs and their personal and societal consequences on the young adult, family, and society. Historical perspectives, legal issues, and decision-making skills regarding drug use will also be addressed.

HCSV 170 fulfills the requirements of the General Education Upper Division Theme B: **Contemporary Health Issues**. You must have already completed 45 units in order for this course to count towards the theme. This course has a 2500 word minimum writing requirement, which is discussed below. All the courses in this theme, including this one:

- Address concepts of well being, health, and disease;
- Focus attention on how class, ethnicity, and gender affect health;
- Teach methods for distinguishing hearsay from valid information;
- Develop knowledge and skills for making effective decisions that enhance health and facilitate understanding of public policy; and
- Address the impact of biology, ethics, morality, politics, economics, and culture on health, health care, and healthy policy.

**III. Required Textbooks**

Hanson, G.R., Venturelli, P.J., & Fleckenstein, A.E. (2004). *Drugs and Society (8<sup>th</sup> ed.)* Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-0758-9

**IV. Goals**

The overall goal of this course is to help students understand factors influencing choices related to drug use and policies. This course will create an atmosphere where the thorough discussion of

issues and all views will be given value. Finally, this course will give the student the chance to be an active participant in their learning process.

## V. Competencies/Objectives

After completing this course, the student should be able to:

- A. Outline the history of drug use in the United States.
- B. Discuss the extent of use of licit and illicit drugs within various populations in the United States.
- C. Outline the cultural influences, including family, peers, and media, on the use of selected drugs.
- D. Describe the nature of characteristics of dependency and addiction.
- E. List the major drug classifications and their physiological effects.
- F. Discuss the social, economic, political, psychological, and pharmacological consequences of drug misuse on US society.
- G. Evaluate current efforts to control drug use and suggest alternative approaches.
- H. Discuss the physiological, social, and treatment aspect of alcohol and tobacco use.
- I. List the major illicit drugs, their prevalence, physiological effects, and treatment strategies.
- J. Discuss the effects of maternal drug use on the fetus.
- K. Discuss the major types of prescription and over-the-counter drugs, their use and misuse, the effects of medical advertising and regulation.
- L. Develop decision-making skills regarding personal alcohol, tobacco and other drug use, abstinence, responsible practices, alternative activities, and positive uses of drugs.

## VI. Content

- A. Introduction to Drugs; Explaining Use; Regulations; How and Why Drugs Work
- B. Depressants; Alcohol; Narcotics; Stimulants
- C. Tobacco; Hallucinogens; Marijuana; Inhalants; OTC, Prescription, and Herbal Drugs
- D. Drugs Use and Subcultures; Drug Use/Abuse Prevention; Treating Dependence

## VII. Evaluation

Students have the opportunity to earn **1000 points**. Points are earned based on performance in the following areas:

Exams (4 @ 100 points)	400 points
Scavenger Hunt	50 points
Office Visit	50 points
Popular Media Report	50 points
Fun Without Alcohol Fair	100 points
Response Cards (5 @ 20 points)	100 points
Attitude Paper	100 points
Debate	150 points
<b>Total Points</b>	<b>1000 points</b>

- A. Exams: Four exams will be administered covering information based on the lectures, text, and class discussion. **No exam will be dropped!**

Clear instructions will be provided regarding taking each exam. Exams may include multiple choice, true/false, matching, fill-in-the-blank, and essay questions. Review sessions and study guides will be provided at the discretion of the instructor.

**Missing an exam is strongly discouraged!** Students who miss an exam will be offered the opportunity to take the make-up exam during finals week **ONLY** if the student contacts the instructor by telephone **prior** to missing the exam. When calling the instructor dial **(530-898-5633)** and leave a message with your name and a phone number of where you can be reached so that the instructor may return your call. Before a make-up exam opportunity is granted, the student and instructor **MUST** speak **directly** on or before the day of the scheduled exam. **Failure to follow this procedure will forfeit your opportunity to make-up the exam.**

Make-up exams will **NOT** be the same exam that is administered in class. All make-up exams will be essay-type questions. **Students who arrive to class on exam day more than 5 minutes late will be required to take the make-up exam!**

- B. Scavenger Hunt: The goal of this assignment is to allow you to become more familiar with the CSUC library and how to locate information using library resources. The assignment will be made available to you through your portal account by the beginning of the second week of class. You are to print off the assignment and complete it individually. This assignment will take you between 1-2 hours to complete and will require you to actually visit the library.
- C. Office Visit: Many times there seems to be an invisible barrier between students and faculty. Therefore, to attempt to remove this barrier and so I can learn more about you as a student, I am requiring that you visit my office during office hours or by appointment. The office visit must be completed prior to **February 24, 2005**. This will allow you and I to talk for about 10 minutes regarding the class, your expectations, and why the topic of this class is interesting to you.
- D. Popular Media Articles: During the second week of classes, you will create a group of four. This group will be the group in which you present your popular media articles and with whom you conduct your class debate. Therefore, choose wisely!!!

Throughout the semester there will be four assigned dates for popular media article reviews. You will choose one of the four dates to bring a newspaper, magazine, or Internet article to present to your group. The article may be on any topic pertaining to alcohol, tobacco, or other drugs. The article can be about legal issues, policy changes, or can be medical, family-oriented, or educational in nature. You will present the article to your group and will lead a discussion for about 15 minutes about the topic. Articles must be a minimum of 4 newspaper or magazine columns. Bring a photocopy of the article to class for the instructor.

- E. *Fun Without Alcohol Fair:* This event is put on by the campus department called CADEC. The purpose of this event is to welcome the Chico community and the University community to learn about having fun without alcohol. In lieu of class on Wednesday, April 27<sup>th</sup>, we will meet on the lawn in front of Kendall Hall at 3pm to help set up for the event. Therefore, we will be setting up for the fair from **3-5pm** on **Wednesday, April 27<sup>th</sup>**. Additionally, on **Thursday, April 28<sup>th</sup>**, you are required to tour through the event for at least 30 minutes. At the conclusion of your tour, you will write up a 1-page double spaced evaluation of the event to be turned in the following class period. The evaluation is to be well thought out and thorough.
- F. *Response Cards:* Throughout the semester we will cover topics that are either difficult to understand or should be discussed in a more thorough manner. There will be five topics and they will be made available through **WebCT on the portal**. You are to prepare an index card (5" x 7") with your response to the topic and the questions presented. You are to type the information that is presented on the card. Therefore, you will probably type the information on a word processing program and then paste it onto the index card. Your response should only fill up one side of the index card. You are to bring your response cards to class on the day they are due in order to assist you with class discussion. You will be graded on your completion of the assignment according to the guidelines provided and the thoroughness of your responses.
- G. *Attitude Paper:* The purpose of this activity is to provide you with an opportunity to examine issues related to drugs from a personal perspective. This philosophy activity is a statement of your personal relationship or experiences related to alcohol, medications, street drugs, and where applicable to others in your life who use drugs. Furthermore, this activity will help you develop critical thinking skills related to your values and examine how these values influence your behavior related to drugs. The guidelines for writing your paper are provided on **WebCT through the portal**.
- H. *Group Debate:* You will work with the same group that you work with for your popular media assignments. Students will form small groups of four to work on this project. Debate topics will be chosen during the second week of class. The date of your debate will be determined by the topic chosen.

As a group you will conduct research related to the topic so that you will be prepared to present a debate to the class. When the debate occurs, 2 students will argue the "support" side of the debate while two students will argue the "oppose" side of the debate. However, you will not know which side you are arguing until you arrive in class that day. Just prior to the debate you will be assigned a side to argue. This will allow the process to be more like a debate than a presentation. Therefore, you will need to know the topic thoroughly.

The debate time frame will last about 20 minutes with each side presenting arguments and the other side providing rebuttal information. This assignment will give students an opportunity to gain experience researching a problem, organizing a presentation, and working together as a group. A portion of the grade awarded to students for this project is related to their attendance and feedback provided to other groups regarding

their debate topics. **Additional information regarding this assignment will be accessible on the course WebCT page.**

### VIII. Syllabus Change

The Instructor reserves the right to make changes as necessary to this syllabus. If changes are made, advance notification will be given to the class.

### IX. Grading Scale

A = 93-100% (930-1000 points)	C = 73-76% (730-769 points)
A- = 90-92% (900-929 points)	C- = 70-72% (700-729 points)
B+ = 87-89% (870-899 points)	D+ = 67-69% (670-699 points)
B = 83-86% (830-869 points)	D = 63-66% (630-669 points)
B- = 80-82% (800-829 points)	D- = 60-62% (600-629 points)
C+ = 77-79% (770-799 points)	F = ≤ 59% (≤ 599 points)

All assignments are to be handed in at the beginning of class on their due dates. Late assignments will be accepted with a 15% grade reduction **per day** (not scheduled class day) for that assignment. Assignments submitted more than one week late (7 days) will not be accepted for credit and a zero will be entered for that assignment. **This policy will be strictly enforced!** All late assignments are to be submitted to my mail box in BUTTE HALL 607 and are to be date and time stamped by the administrative assistant. **Do not submit assignments by sliding them under my office door. You can always turn an assignment in early.** All assignments are to be typed or word-processed. Assignments submitted by electronic mail will not be accepted.

### X. Academic Honesty

The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. Grades and degrees earned by dishonest means devalue those earned by all students; therefore, it is important that students are aware of the CSU Chico Academic Honesty Policy as stated on pages 151 & 635 of the 2003-2005 catalog. Academic dishonesty involves acts that may subvert or compromise the integrity of the educational process.

### XI. Accommodations

Students with disabilities requesting reasonable accommodations must first register with Disability Support Services (DSS) by calling 530-898-5959. DSS is located in Building E and on the web at: <http://www.csuchico.edu/dss/>. DSS provides documentation to students with disabilities who must then provide this documentation to their course instructors. Students with disabilities should notify their course instructors of their need for reasonable accommodations in a timely manner to ensure sufficient time to arrange reasonable accommodation implementation and effectiveness. A typical time frame for arranging reasonable accommodations for students who are registered with DSS is approximately one to two weeks.

### XII. Classroom Behavior

Appropriate classroom behavior is expected of the instructor and all students. Inappropriate and disruptive classroom behavior including inappropriate language and gestures, class disruptions, disrespect to other students or instructor, and other behavior as determined by the instructor will

not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.

### XIII. Attendance

Every student is expected to attend class, arrive to class on time, and participate with in-class discussions, proposed questions and activities. Students who miss a class are responsible for finding out what material was covered or what assignments were given during their absence. The instructor does not repeat lectures. However, the instructor is available to clarify topics discussed in class during the student's absence. **Students are directed to consult with their fellow students to find out what was covered during their absence.**

Name of class partner: \_\_\_\_\_ Phone #: \_\_\_\_\_

### XIV. Course Resources

CSU Chico Library  
Writing Center – Taylor Hall 203 (530-898-5042)

### XV. WebCT Information

This course is *web-enhanced*. Class notes and additional reading materials will be available on the HCSV 170-01 course pages on WebCT. **This is the only place this information will be available.** You will need to regularly access the WebCT course pages to obtain information and readings necessary for the exams. By registering for this class, you are automatically on the WebCT course roster. However, to access the class information on WebCT, you will need to initialize your CSU Chico portal account. Information on how to do this on the web is available at the following address: <http://www.csuchico.edu/step/portal/account.shtml>. You can also contact Student Computing (898-4357) to assist you in this process. DO NOT delay in setting up your account!

### XVI. Recorded Grades (For Your Records)

Exam 1	_____ / 100 points	Attitude Paper	_____ / 100 points
Exam 2	_____ / 100 points	Group Debate	_____ / 150 points
Exam 3	_____ / 100 points	Popular Media	_____ / 50 points
Exam 4	_____ / 100 points	Scavenger Hunt	_____ / 50 points
Office Visit	_____ / 50 points	Alcohol Fair	_____ / 100 points
Resp. Card #1	_____ / 20 points	Resp. Card #2	_____ / 20 points
Resp. Card #3	_____ / 20 points	Resp. Card #4	_____ / 20 points
Resp. Card #5	_____ / 20 points		

## XVII. Content & Important Dates

<i>Week</i>	<i>Topics</i>	<i>Chapters</i>
1/24-1/26	Course introduction; Drug use and abuse	1, 2
1/31-2/1	Regulation & law; Homeostatic system; Why they work <b>(Response Card #1 Due Monday 1/31)</b> <b>(Attitude Paper Due Wednesday 2/2)</b>	3, 4, 5
2/7-2/9	Why they work; Guest speaker <b>(Scavenger Hunt Due Wednesday 2/9)</b>	5
2/14-2/16	Exam #1; Depressants <b>(Exam #1: Chapters 1-5 on Monday 2/14)</b> <b>(Media Reports Round #1 Due Wednesday 2/16)</b>	6
2/21-2/23	Alcohol: Pharmacology & behavior; Debates <b>(Response Card #2 Due Monday 2/21)</b>	7, 8
2/28-3/2	Guest speaker; Debates; Narcotics	7, 8, 9
3/7-3/9	Narcotics; Stimulants <b>(Media Reports Round #2 Due Wednesday 3/9)</b>	9, 10
3/14-3/18	<b><i>Spring Break!!!!</i></b>	
3/21-3/23	Tobacco; Exam #2 <b>(Exam #2: Chapters 6-10 on Wednesday 3/23)</b>	11
3/28-3/30	Hallucinogens; Marijuana <b>(Response Card #3 Due Wednesday 3/30)</b>	12, 13
4/4-4/6	Guest speaker; Debates	
4/11-4/13	Inhalants; Out of class work day <b>(Media Reports Round #3 Due Monday 4/11)</b>	14
4/18-4/20	OTC, prescriptions, and herbs; Exam #3 <b>(Response Card #4 Due Monday 4/18)</b> <b>(Exam #3: Chapters 11-15 on Wednesday 4/20)</b>	15
4/25-4/27	Debates; Fun Without Alcohol Fair <b>(Set-up for Fun Without Alcohol Fair on Wednesday 3/27: 3-5pm)</b> <b>(Attend Fun Without Alcohol Fair on Thursday 3/28: 9am-3pm)</b>	
5/2-5/4	Drug use in subcultures; Drug use/prevention; Debates <b>(Response Card #5 Due Monday 5/2)</b>	16, 17
5/9-5/11	Treating dependence; Debates <b>(Media Reports Round #4 Due Monday 5/9)</b>	18
5/16	<b>Final Exam Period: Monday 5/16, 6-7:50pm</b> <b>(Exam #4: Chapters 16-18)</b>	