

**California State University, Chico College of Behavioral and Social Sciences
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES (HCSV)**

- I. Program Affiliation:** Health and Community Services (HCSV)
- Course Number and Title:** HCSV 370-04 Drugs in Our Society
- Prerequisites:** None
- Professor:** Jeanne Freeman, PhD, CHES
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Office Hours: Mondays & Wednesdays 9:00-10:00am; Tuesdays & Thursdays 9:00-10:30am or by appointment.
E-mail: JMFreeman@csuchico.edu (Subject heading: Drugs in Our Society)
** Preferred mode of contact is through WebCT account for this course
- Course Meeting Days & Time:** ONLINE
- Course Meeting Room:** ONLINE

II. Relationship to Knowledge Base

This **web-enhanced** course is designed to explore relevant issues of alcohol and drug use and abuse in American society. It will serve as an overview of the use and abuse of alcohol, prescription, and street drugs and their personal and societal consequences on the young adult, family, and society. Historical perspectives, legal issues, and decision-making skills regarding drug use will also be addressed.

HCSV 370 fulfills the requirements of the General Education Upper Division Theme B: **Contemporary Health Issues**. You must have already completed 45 units in order for this course to count towards the theme. This course has a 1500 word minimum writing requirement, which is discussed below. All the courses in this theme, including this one:

- Address concepts of well being, health, and disease;
- Focus attention on how class, ethnicity, and gender affect health;
- Teach methods for distinguishing hearsay from valid information;
- Develop knowledge and skills for making effective decisions that enhance health and facilitate understanding of public policy; and
- Address the impact of biology, ethics, morality, politics, economics, and culture on health, health care, and healthy policy.

III. Required Textbooks

Hanson, G.R., Venturelli, P.J., & Fleckenstein, A.E. (2006). *Drugs and Society (9th ed.)* Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-3732-1

IV. Goals

The overall goal of this course is to help students understand factors influencing choices related to drug use and policies. This course will create an atmosphere where the thorough discussion of issues and **all** views will be given value. Finally, this course will give the student the chance to be an active participant in their learning process.

V. Competencies/Objectives

After completing this course, the student should be able to:

- A. Outline the history of drug use in the United States.
- B. Discuss the extent of use of licit and illicit drugs within various populations in the United States.
- C. Outline the cultural influences, including family, peers, and media, on the use of selected drugs.
- D. Describe the nature of characteristics of dependency and addiction.
- E. List the major drug classifications and their physiological effects.
- F. Discuss the social, economic, political, psychological, and pharmacological consequences of drug misuse on US society.
- G. Evaluate current efforts to control drug use and suggest alternative approaches.
- H. Discuss the physiological, social, and treatment aspect of alcohol and tobacco use.
- I. List the major illicit drugs, their prevalence, physiological effects, and treatment strategies.
- J. Discuss the effects of maternal drug use on the fetus.
- K. Discuss the major types of prescription and over-the-counter drugs, their use and misuse, the effects of medical advertising and regulation.
- L. Develop decision-making skills regarding personal alcohol, tobacco and other drug use, abstinence, responsible practices, alternative activities, and positive uses of drugs.

VI. Content

- A. Introduction to Drugs; Explaining Use; Regulations; Homeostatic Systems; How and Why Drugs Work (Chapters 1-5)
- B. Depressants; Alcohol; Narcotics; Stimulants (Chapters 6-10)
- C. Tobacco; Hallucinogens; Marijuana; Inhalants; OTC, Prescription, and Herbal Drugs; Drug Use and Subcultures (Chapters 11-16)

VII. Evaluation

Students have the opportunity to earn **460 points**. Points are earned based on performance in the following areas:

Exams (3 @ 50 points)	150	Points
Attitude Paper	75	Points
Discussion Project	75	Points
Discussion Project Responses	50	Points
Popular Media Articles & Responses (4 @ 15 points)	60	Points
Quizzes (5 @ 10 points)	50	Points
Total Points	460	Points

- A. Exams: Three exams will be administered covering information based on the lectures, text information, popular media articles, and online discussions. **No exam will be dropped!**

Clear instructions will be provided regarding taking each exam. Exams may include multiple choice, true/false, matching, fill-in-the-blank, and essay questions. Each exam will be made available to you for 4 days. During exam weeks, the exam is to be COMPLETED no later than 7pm on Thursday evening. Once you begin the exam, you will be given a limited amount of time to complete the exam (generally 40 minutes). You will only be allowed to access the exam ONE time. Therefore, you must complete it all at once. Review sessions and study guides for the exams will be provided at the discretion of the instructor.

Missing an exam is strongly discouraged! Students who miss an exam will be offered the opportunity to take the make-up exam before one week of class time has passed **ONLY** if the student contacts the instructor by telephone **prior** to missing the exam. When calling the instructor dial **(530-898-5633)** and leave a message with your name and a phone number of

where you can be reached so that the instructor may return your call. Before a make-up exam opportunity is granted, the student and instructor **MUST** speak **directly** on or before the day of the scheduled exam. **Failure to follow this procedure will forfeit your opportunity to make-up the exam.** Make-up exams will **NOT** be the same exam as the original online exam. All make-up exams will be essay-type questions.

- B. *Attitude Paper:* The purpose of this activity is to provide you with an opportunity to examine issues related to drugs from a personal perspective. This philosophy activity is a statement of your personal relationship or experiences related to alcohol, medications, street drugs, and where applicable to others in your life who use drugs. Furthermore, this activity will help you develop critical thinking skills related to your values and examine how these values influence your behavior related to drugs. This paper is due by Friday, February 10th at 2pm. If the paper is turned in late, you lose 20% for each day or fraction of a day in which it is late. All papers are to be submitted online as either a word document (.doc) or in a rich text format (.rtf). They are to be submitted as attachments, NOT typed into your WebCT account. Further guidelines for writing your paper are provided on **WebCT through the portal.**
- C. *Discussion Project:* You will work with three other people from class on this project. Discussion groups will be assigned during the second week of class and discussion topics will be chosen during the third week of class. Each group will have an online discussion room set up for them where only the group members and instructor will have access.

As a team you will conduct research related to the topic you choose. Using this research you will be prepared to lead a week-long online class discussion session related to the topic. Since the topics will be in the form of a question, you are required to provide information that would both support **and** refute the question. You will also need to engage the class in the discussion by asking them for questions and feedback. The instructor will only engage in the discussion as a participant, not a leader. Therefore, the time is yours to be a leader.

This assignment will give students an opportunity to gain experience researching an issue, outlining a discussion, working together as a team, and being flexible with time and opinions. **Additional information regarding this assignment will be accessible on the course WebCT page.**

- D. *Discussion Project Responses:* To earn your points for this part of the course, you are required to read the discussion question and comments of your peers and provide your feedback. Simply providing your feedback to the question or comments posed by the leaders of the discussion will not earn you any points. Therefore, you are required to read EVERY response and provide your feedback in response to what you have read. During discussion group weeks, there may be one or two groups leading a discussion. You are required to provide at a minimum two responses to the discussion group issues throughout the week. **Your first response is required by Tuesday night at 11pm. Your second response is required between Wednesday at 12am and Friday at 9pm.** You are **STRONGLY** encouraged to interact with each discussion issue more than twice. Points will be awarded based on your thorough response to what was posted prior to your response, your application of information from the course, and your evaluation of the issue. Simply posting your opinions is not sufficient!
- E. *Popular Media Articles and Responses:* Throughout the semester there will be four additional articles assigned for you to read. Once you have read the article, you will be required to post your comments on a discussion board. You will be required to post a minimum of two times throughout the week just like you do with discussion group projects.

Your first response is required by Tuesday night at 11pm. Your second response is required between Wednesday at 12am and Friday at 9pm. You are STRONGLY encouraged to interact with each discussion issue more than twice. Points will be awarded based on your thorough response to what was posted prior to your response, your application of information from the course, and your evaluation of the issue. Simply posting your opinions is not sufficient!

- F. Quizzes: During the semester five online quizzes will be posted. Each quiz will be ten questions long and will be composed of multiple choice or true/false questions. You will be allowed to take the quiz anytime during the week as long as it is COMPLETED by Thursday evening at 7pm. You will have up to 5 minutes to complete the quiz once you have entered the quiz module. You will be able to access the quiz ONLY once. Make sure you save each answer so to be certain it will be scored properly. All scores will be posted after Thursday at 7pm. No make-up quizzes will be offered.

VIII. Syllabus Change

The Instructor reserves the right to make changes as necessary to this syllabus. If changes are made, at least two weeks of advance notification will be given to the class. Changes will be announced through the WebCT account for this course.

IX. Grading Scale

A = 95-100%	(437-460 points)	C = 73-76%	(335-353 points)
A- = 90-94%	(414-436 points)	C- = 70-72%	(322-334 points)
B+ = 87-89%	(400-413 points)	D+ = 67-69%	(308-321 points)
B = 83-86%	(382-399 points)	D = 63-66%	(289-307 points)
B- = 80-82%	(368-381 points)	D- = 60-62%	(276-288 points)
C+ = 77-79%	(354-367 points)	F = ≤ 59%	(≤ 275 points)

All assignments are to be turned in on time and on their due dates. Late assignments will be accepted with a 20% grade reduction **per day or fraction of a day** for that assignment. Assignments submitted more than five days late (including weekend and holiday days) will not be accepted for credit and a zero will be entered for that assignment. **This policy will be strictly enforced!** All late assignments are to be submitted to online as an attachment to an e-mail message sent through WebCT. **Do not submit assignments by sliding them under my office door. If it is slid under my office door it will receive zero credit.** You can always turn an assignment in early. All assignments are to be typed or word-processed and saved as either a Microsoft Word document (.doc) or in a Rich Text Format (.rtf).

X. Extra Credit

During the semester extra credit opportunities will be made available to you at the discretion of the instructor. Extra credit opportunities will be announced in class and/or sent to you via e-mail through the class WebCT account. Point values for each opportunity will range from 1-5 points each. NO LATE extra credit assignments will be accepted. There is no guarantee of extra credit being offered or of a particular amount of extra credit being offered. Therefore, I recommend you work hard in the course from the beginning. **Additionally, if you have failed to complete 50% of the course assignments at the time any extra credit opportunity is offered, you will forfeit your opportunity to earn those extra credit points.** If I cannot get you to complete the regular assignments then why should I give you credit for completing additional work?

XI. Academic Honesty

The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. Grades and degrees earned by dishonest means devalue those earned by all students; therefore, it is important that students are aware of the

CSU Chico Academic Honesty Policy as stated on pages 151 & 635 of the 2003-2005 catalog. Academic dishonesty involves acts that may subvert or compromise the integrity of the educational process.

XII. Accommodations

Students with disabilities requesting reasonable accommodations must first register with Disability Support Services (DSS) by calling 530-898-5959. DSS is located in Building E and on the web at: <http://www.csuchico.edu/dss/>. DSS provides documentation to students with disabilities who must then provide this documentation to their course instructors. Students with disabilities should notify their course instructors of their need for reasonable accommodations in a timely manner to ensure sufficient time to arrange reasonable accommodation implementation and effectiveness. A typical time frame for arranging reasonable accommodations for students who are registered with DSS is approximately one to two weeks.

XIII. Online Behavior

Appropriate online behavior is expected of the instructor and all students. Inappropriate and disruptive online behavior including inappropriate language, disrespect to other students or instructor, and other behavior as determined by the instructor will not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.

You are strongly encouraged to review the Characteristics of Successful Online Students handout available on WebCT. You should also take the online assessment quiz to see if this format is suitable for you as a learner.

XIV. Attendance

Every student is expected to attend online class regularly and participate with discussions, proposed questions and activities. It is the student's responsibility to maintain regular contact with the instructor. Online classes are different than traditional classroom courses because an instructor is not capable of determining when a face has disappeared from class.

XV. Course Resources

CSU Chico Library

Writing Center – Taylor Hall 203 (530-898-5042)

CSU Portal – Course notes, assignment instructions, course calendar, and writing guidelines

XVI. WebCT Information

This course is *web-only*. All course notes, lecture materials, exams, etc. will be available on the HCSV 370-04 course pages on WebCT. **This is the only place this information will be available.** You will need to regularly access the WebCT course pages to obtain information and readings necessary for the exams. By registering for this class, you are automatically on the WebCT course roster. However, to access the class information on WebCT, you will need to initialize your CSU Chico portal account. Information on how to do this on the web is available at the following address: <http://www.csuchico.edu/stcp/portal/account.shtml>. You can also contact Student Computing (898-4357) to assist you in this process. **DO NOT** delay in setting up your account!