

**California State University, Chico College of Behavioral and Social Sciences
DEPARTMENT OF HEALTH AND COMMUNITY SERVICES (HCSV)**

- I. Program Affiliation:** Health and Community Services (HCSV)
- Course Number and Title:** HCSV 370-04 Drugs in Our Society
- Prerequisites:** None
- Professor:** Jeanne Freeman, PhD, CHES
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Office Hours: Monday, Wednesday 8-10am; Thursday 1:15-2:15pm; by appointment
E-mail: Send correspondence through the Vista mail tool found within the course shell. You may also e-mail me at JMFreeman@csuchico.edu (Subject heading: Drugs in Our Society). * **I will respond to all e-mails, sent Monday through Friday, within 48 hours.**
- Course Meeting Days & Time:** ONLINE – January 22, 2007 through May 17, 2007
Course Meeting Room: ONLINE

II. Relationship to Knowledge Base

This **web-only** course is designed to explore relevant issues of alcohol and drug use and abuse in American society. It will serve as an overview of the use and abuse of alcohol, prescription, street drugs and their personal and societal consequences on the young adult, family, and society. Historical perspectives, legal issues, and decision-making skills regarding drug use will also be addressed.

HCSV 370 fulfills the requirements of the General Education Upper Division Theme B: **Contemporary Health Issues**. You must have already completed 45 units in order for this course to count towards the theme. This course has a 1500 word minimum writing requirement, which is discussed below. All the courses in this theme, including this one:

- Address concepts of well being, health, and disease;
- Focus attention on how class, ethnicity, and gender affect health;
- Teach methods for distinguishing hearsay from valid information;
- Develop knowledge and skills for making effective decisions that enhance health and facilitate understanding of public policy; and
- Address the impact of biology, ethics, morality, politics, economics, and culture on health, health care, and healthy policy.

III. Required Textbooks

Hanson, G.R., Venturelli, P.J., & Fleckenstein, A.E. (2006). *Drugs and Society (9th ed.)* Sudbury, MA: Jones and Bartlett Publishers. ISBN: 0-7637-3732-1

IV. Goals

The overall goal of this course is to help students understand factors influencing choices related to drug use and policies. This course will create an atmosphere where the thorough discussion of issues and **all** views will be given value. Finally, this course will give the student the chance to be an active participant in their learning process.

V. Competencies/Objectives

After completing this course, the student should be able to:

- A. Outline the history of drug use in the United States.
- B. Discuss the extent of use of licit and illicit drugs within various populations in the United States.
- C. Outline the cultural influences, including family, peers, and media, on the use of selected drugs.
- D. Describe the nature of characteristics of dependency and addiction.
- E. List the major drug classifications and their physiological effects.
- F. Discuss the social, economic, political, psychological, and pharmacological consequences of drug misuse on US society.
- G. Evaluate current efforts to control drug use and suggest alternative approaches.
- H. Discuss the physiological, social, and treatment aspect of alcohol and tobacco use.
- I. List the major illicit drugs, their prevalence, physiological effects, and treatment strategies.
- J. Discuss the effects of maternal drug use on the fetus.
- K. Discuss the major types of prescription and over-the-counter drugs, their use and misuse, the effects of medical advertising and regulation.
- L. Develop decision-making skills regarding personal alcohol, tobacco and other drug use, abstinence, responsible practices, alternative activities, and positive uses of drugs.

VI. Content

- A. Unit One: Introduction to Drugs; Explaining Use; Regulations; Homeostatic Systems; How and Why Drugs Work (Chapters 1-5)
- B. Unit Two: Depressants; Alcohol; Narcotics; Stimulants (Chapters 6-10)
- C. Unit Three: Tobacco; Hallucinogens; Marijuana; Inhalants; OTC, Prescription, and Herbal Drugs; Drug Use and Subcultures (Chapters 11-16)

**** You are to review this content by reading each chapter in the text and listening to each audio lecture. Audio lectures are provided within the Vista shell for this course. You will be tested on materials presented within both the text and audio lectures.**

VII. Evaluation

Students have the opportunity to earn **525 points**. Points are earned based on performance in the following areas:

Exams (3 @ 50 points)	150	Points
Attitude Paper	100	Points
Class Discussions (5 @ 25 points)	125	Points
Reflection Journals (5 @ 25 points)	125	Points
Syllabus Quiz	25	Points
Total Points	525	Points

- A. Exams: Three exams will be administered covering information based on the lectures and text readings. **No exam will be dropped!**

Clear instructions will be provided regarding taking each exam. Exams may include multiple choice, true/false, matching, and fill-in-the-blank questions. Each exam will be made available to you for five days (Monday through Friday at noon). Exam 3 will be during finals week. Once you begin the exam, you will be given a limited amount of time to complete the exam (generally 50 minutes). You will only be allowed to access the exam ONE time. Therefore, you must complete it all at once. Study guides for the exams will be provided at the discretion of the instructor. Exams are open book and open note. However, other students are not to be consulted during an exam.

Missing an exam is strongly discouraged! Students who miss an exam may be offered an opportunity to take a make-up exam at the discretion of the instructor. Students who will be missing an exam are to contact the instructor by telephone prior to missing the exam. When calling the instructor, dial **530-898-5633** and leave a message with your name and a phone number of where you can be reached so that the instructor may return your call. **Failure to follow this procedure will forfeit your opportunity to make-up the exam.** Make-up exams will **NOT** be the same exam as the original online exam. All make-up exams will be essay-type questions.

Exam #1: February 26-March 2 at noon (Chapters 1-5)

Exam #2: April 2-April 6 at noon (Chapters 6-10)

Exam #3: May 14-May 18 at noon (Chapters 11-16)

- B. Attitude Paper: The purpose of this activity is to provide you with an opportunity to examine issues related to drugs from a personal perspective. This philosophy activity is a statement of your personal relationship or experiences related to alcohol, medications, street drugs, and where applicable to others in your life who use drugs. Furthermore, this activity will help you develop critical thinking skills related to your values and examine how these values influence your behavior related to drugs. This paper is due on **Friday, February 16th by noon. No late papers will be accepted.** All papers are to be submitted online as either a word document (.doc) or in a rich text format (.rtf). **Failure to submit your paper in one of these formats will result in a grade of zero. If you do not know how to put your document into one of these formats, ask early.** The guidelines for writing your paper are provided in Unit One within Vista. This is also where you submit your assignment.
- C. Class Discussions: There will be five discussion board topics posted during the semester. These discussion boards may be in relation to information within the lectures, additional readings, or current events. Discussion boards are open Monday through Friday at noon for each of the weeks below. Discussion board dates are listed below.

Discussion Board #1: February 5 – February 9 at noon

Discussion Board #2: March 5 – March 9 at noon

Discussion Board #3: March 26 – March 30 at noon

Discussion Board #4: April 16 – April 20 at noon

Discussion Board #5: April 30 – May 4 at noon

The opening post on each discussion board will be created by the instructor. During the week (Monday through Friday at noon), you are required to make three separate and **significant** postings. Your first posting will be in response to the issue, topic, or possible supplemental reading your instructor presented. Your other two postings are to be in response to a posting put forward by a classmate. While it may not impact your grade, I encourage you to fully engage yourself with your classmates by posting more than the required postings.

A posting that earns points will be one that says much more than you agree or disagree with the posting to which you are responding. You are expected to put together a well thought out response that incorporates your experiences, your response to the points the other person brought forward, incorporated information learned from the course and life, and an evaluation of the issue outside of simply providing your opinions (provide support for your points). Your responses are to be checked for spelling and punctuation. You can use the HTML creator within the discussion board to help you with spelling.

D. Reflection Journals: The issue of drugs in our society may be one that you think is easy to “study”. This may be the case, but it is not as easy to “reflect” on how this issue impacts you directly. In learning about the dynamics of drugs in our society, it can be easy to lose sight of how the information is personally applicable. As a result, you will be required to make a personal and private journal entry (that is only read by you and the instructor) five times during the semester. The dates for these journal entries are listed below. Your journal entry is to be related to how the information we are discussing in the class is personally relevant and how you will apply the information in your future. Your journal entry will be evaluated for its thoroughness, spelling, and punctuation. Each journal posting is due by Friday at noon of the assigned week.

Reflection Journal #1: January 29 – February 2 at noon
Reflection Journal #2: February 19 – February 23 at noon
Reflection Journal #3: March 12 – March 16 at noon
Reflection Journal #4: April 9 – April 13 at noon
Reflection Journal #5: April 23 – April 27 at noon

F. Syllabus Quiz: The syllabus is one of the most important aspects of any course. It serves as the contract between an instructor and the students enrolled in the course. In a traditional classroom environment, I would be able to go through the syllabus with the class and make sure that various points were emphasized. However, in a class that is formatted for online students, I cannot do this. As a result, I have to leave it up to you to read the syllabus and know the information that I find most important to be emphasized. Therefore, you will need to complete the syllabus quiz by **noon on January 26th**, as a means for me to make sure you identified key points presented within this document.

VIII. Syllabus Change

The Instructor reserves the right to make changes as necessary to this syllabus. If changes are made, at least two weeks of advance notification will be given to the class. Changes will be announced through the Vista account for this course.

IX. Grading Scale

A = 94-100%	(493.5-525 points)	C = 74-76%	(388.5-403.5 points)
A- = 90-93%	(472.5-493 points)	C- = 70-73%	(367.5-388 points)
B+ = 87-89%	(456.5-472 points)	D+ = 67-69%	(351.5-367 points)
B = 84-86%	(441-456 points)	D = 64-66%	(336-351 points)
B- = 80-83%	(420-440.5 points)	D- = 60-63%	(315-335.5 points)
C+ = 77-79%	(404-419.5 points)	F = ≤ 59%	(≤ 314.5 points)

All assignments are to be turned in on time and on their due dates. **No late assignments will be accepted. This policy will be strictly enforced!** Do not submit assignments by sliding them under my office door or as attachments to an e-mail. If the assignment is slid under my office door or sent as an attachment to an e-mail, it will receive zero credit. You can always turn an assignment in early. All assignments are to be typed or word-processed and submitted as either a Microsoft Word document (.doc) or in a Rich Text Format (.rtf).

X. Academic Honesty

The guidelines for the CSU Chico Academic Honesty Policy, as stated in the University Catalog, will be fully adhered to in this course. Grades and degrees earned by dishonest means devalue those earned by all students; therefore, it is important that students are aware of the CSU Chico Academic Honesty Policy as stated on pages 144 & 623 of the 2005-2007 catalog. Academic dishonesty involves acts that may subvert or compromise the integrity of the educational process.

XI. Accommodations

Students with disabilities requesting reasonable accommodations must first register with Disability Support Services (DSS) by calling 530-898-5959. DSS is located in Building E and on the web at: <http://www.csuchico.edu/dss/>. DSS provides documentation to students with disabilities who must then provide this documentation to their course instructors. Students with disabilities should notify their course instructors of their need for reasonable accommodations in a timely manner to ensure sufficient time to arrange reasonable accommodation implementation and effectiveness. A typical time frame for arranging reasonable accommodations for students who are registered with DSS is approximately one to two weeks.

XII. Online Behavior

Appropriate online behavior is expected of the instructor and all students. Inappropriate and disruptive online behavior including inappropriate language, disrespect to other students or instructor, and other behavior as determined by the instructor will not be tolerated and will result in possible removal from the class and/or disciplinary action as per the university catalog.

In an online formatted class, it is important to remember that others cannot see your body language nor hear the tone of your voice. As a result, be extremely cautious when you post comments for others in the class to read. Many of the topics in this course are controversial and will bring forward strong feelings. It is appropriate to express the strength of your points within your writings. However, appropriate online demeanor and language is to be adhered to for this course.

XIII. Attendance

Every student is expected to attend online class regularly and participate with discussions, proposed questions and activities. It is the student's responsibility to maintain regular contact with the instructor. Online classes are different than traditional classroom courses because an instructor is not capable of determining when a face has disappeared from class. As with a traditional semester-long course, you are expected to have 3 contact hours with this course each week plus homework time. Contact hours are time spent logged-in to the course listening to lectures, participating in discussion boards, journaling, and submitting assignments. If you cannot dedicate 3 hours of contact time with this course each week plus homework time, then you need to take this course during a different semester.

XIV. Course Resources

CSU Chico Library

Writing Center – Taylor Hall 203 (530-898-5042)

CSU Portal – Course notes, assignment instructions, course calendar, and writing guidelines

XV. Vista Information

This course is *web-only*. All course notes, lecture materials, exams, etc. will be available on the HCSV 370-04 course pages on Vista. **This is the only place this information will be available.** You will need to regularly access the Vista course pages to obtain information and readings necessary for the exams. By registering for this class, you are automatically on the Vista course roster. However, to access the class information on Vista, you will need to initialize your CSU Chico portal account. Information on how to do this on the web is available at the following address:

<http://www.csuchico.edu/stcp/portal/account.shtml>. You can also contact Student Computing (898-4357) to assist you in this process. **DO NOT** delay in setting up your account!