

**California State University, Chico**  
**Department of Health and Community Services**

**HCSV 265 - Sections 02,03,05**

**Human Sexuality**

**Spring 2009**

**Instructor:** Jan Campbell  
**Office:** Butte 630                      **Department Office:** Butte 607  
**Hours:** MWF 9:00-10:00 a.m.  
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**Text:**

Crooks, Robert and Karla Baur (2008). *Our Sexuality*. 10<sup>th</sup> ed., Wadsworth Thompson Publishing Company, Belmont, California.

Internet selections.

**Scope of the Course:**

Sexuality is an integral part of one's personality throughout life. Knowledge is crucial for understanding and making positive, constructive decisions regarding the aspects of self awareness and self esteem. It is also important in making decisions regarding the physiological aspects of sexual development and reproduction as well as in the social aspects of both intimate relationships and gender role behaviors.

**Course Description:**

This is an overview course in human sexuality including reproduction, conception, pregnancy, childbirth, contraception, abortion, gender role development, value orientations, moral conflicts, sexual orientation, sex and the law, paraphilias, sexual inadequacies and disorders, and constructive relationships and dissolution of relationships.

**General Education:**

The human organism witnesses change in each of its moments through the life course, yet it is a continuous physiological, psychological, and social being. Part of the General Education should provide instruction that fosters understanding of the self as a complex, integrated being that is at once physiological, psychological, and social. The course therefore must:

1. address issues that are likely to be important to most of our students throughout most of their lifetime;
2. significantly incorporate and integrate theory, data, and perspectives from each of three broad areas of human life: the physiological, the psychological and the social;
3. have substantial written projects that ask the student to: 1) integrate the ideas and materials of the course, and 2) apply the ideas and materials of the course to themselves and their own projected life course. This course requires a written

component of **1500 words minimum**, with competency in grammar, syntax, spelling and synthesis and analysis of the course content. **ANY PLAGIARIZED MATERIAL AND/OR DISHONEST OF ANY KIND WILL RESULT IN THE NOTIFICATION OF THE DEAN OF STUDENTS FOR JUDICIAL AFFAIRS, AND MAY RESULT IN A FAILING GRADE IN THE CLASS.**

4. Incorporate information on cross-cultural sexuality and cultural relativism and diversity as they relate to the U.S.

### **Cost to Student:**

The cost to the student involves the purchase of the text and a stapler. Students must be able to make copies of their original work. Some assignments may involve duplicating resources. Scan tron forms (886E) and a #2 pencil will be supplied by the student for exams.

### **Course Objectives:**

1. To facilitate an atmosphere of learning, communication, and development of knowledge for life long learning and understanding of human behavior and sexuality.
2. To present a forum for discussion of current sexuality issues including controversial topics such as: abortion, rape, date rape drugs, sexual orientation, same sex marriage, assisted reproductive technologies, human trafficking in the sex trade, dysfunction, and contemporary and future trends in birth control.
3. To present accurate anatomy and physiology of the human sexuality and reproduction and to dispel misinformation and/or myths regarding these concept areas.
4. To present, explore and discuss historical, contemporary, and cross-cultural sexuality issues pertaining to the college student.

### **Attendance:**

**Attendance is mandatory for the entire class period.** No more than three **unexcused hours** may be missed without penalty. Do not attend late and leave early. If it is imperative that class be missed, an email is necessary to indicate why you will be gone from class. Class will begin promptly; please make an attempt to be one time. Tardiness is disruptive and compromises those who attend on time. Do not leave class to take a phone call.

### **Lectures/Reading/Prompts/Assignments:**

All reading materials, lecture materials, videos and guest lectures will be pertinent to the exams. Some article will be available on VISTA/BLACKBOARD, as will the prompt for the research paper, and some lecture power point presentations. Check Bb prior to attending class to see any announcements or emails about the class. The syllabus will be the guide for dates and content.

The homework assignment sheet will be a separate page at the end of the syllabus. Homework must be:

1. typed, double spaced with your name, class and section number, and the date in the upper left hand of the first page. Do not put plastic covers on the homework. It must be stapled if more than one page. The score will be reduced if not stapled.
2. turned in on time at the beginning of class, according to the due date. No late homework is accepted. If you are ill, you may email it by 5:00 p.m. of the date due. You may miss one homework assignment without penalty.
3. kept after it is graded and returned to you until the semester is completed.

Occasionally, an in-class write will be randomly assigned, and will be worth 10 points each. This assignment can not be made up if missed.

A one time, extra credit paper (one page) can be submitted any time during the semester. It may consist of: a scholarly journal article review, an interview with a professional in the area of human sexuality, a video review that relates to a chapter in our text, or attendance at a symposium or lecture on campus or in the community pertaining to sexuality. This is worth 10 points.

### Examinations:

There will be three examinations. They will consist of objective and subjective questions. Make up exams will be given during finals week and are essay in nature.

### General Education:

1. This course is part of Area E (Lifelong Learning) of the General Education core requirements.
2. The goals listed in the first section of this course outline are pertinent to the department standards and the goals of the current general education requirements in the CSU, Chico catalog.
3. A homework assignment within the first several weeks of class will be evaluated and returned to you.
4. Letter grades will be assigned based on the standard designations listed below. Additionally, grades will be assessed on other performance indicators besides written work, such as: participation in class; submitting materials; adhering to the Rigorous Learning section (as outlined in the current CSU,C catalog).
5. This class examines cultural diversity. Sensitivity to the issues of different cultures will be the focus of the class. In examining cultural differences, students will focus on a global approach to the sexuality issues presented.

### Grade Determination: Written work assessment

3 exams @ 150 points each	450
Homework or in-class writes (10-13 @10 points	<u>100-130</u>
Total Possible	650-680

Distribution: 90-100% = A    80-89% = B    70-79% = C    60-69% = D    <60% = F

## **Accentuating the Obvious: Classroom Decorum**

**Please:**

- 1. turn off cell phones during class**
- 2. no text messaging**
- 3. no eating or popping gum**
- 4. do not have conversations with other class members while someone else is talking or during videos**
- 5. do not read the newspaper or do homework for other classes**
- 6. be polite when the class is discussing a controversial issue**
- 7. if you are using a laptop computer to take notes, you must sit in the front of the classroom. You may not do other outside of class work, etc., during class.**

**HCSV 265 Human Sexuality Syllabus****Spring 2009**

<b>Week of</b>	<b>Content</b>	<b>Reading</b>
1/26	Introduction Perspectives/Behaviors	
2/2	Anatomy/Physiology	Ch. 4-6
2/9	Anatomy/Physiology FGM	Ch. 4-6 con't
2/16	Urogenital Disorders STI/STDs	Ch. 15
2/23	HIV/AIDS	
3/2	Sexual Dysfunction and Sexual Disorders	Ch. 14
3/9	<b>Midterm 1 (886E scan tron #2 pencil)</b> Menstrual Cycle/Puberty	Ch. 4 portion
3/23	Interfacing Parts of Gender	Ch. 3
3/30	Infertility <b>Tuesday-Holiday-Cesar Chavez Day</b>	Ch. 10
4/6	Conception/Pregnancy/Birth	Ch. 10
4/13	Birth Control Future Trends	Ch. 11
4/20	<b>Midterm 2 (886E scan tron #2 pencil)</b> Paraphilias	
4/27	Love and Relationships	Ch. 7,8
5/4	Sexual Orientation	Ch. 9
5/11	Sexual Assault Commercialization of Sex	Ch. 17 Ch. 18
5/18	<b>Final Sec. 02 and 03 Monday @ 12:00</b>	
5/20	<b>Final Sec. 05 Wednesday @ 10:00</b>	

### Homework Schedule:

Homework is due each week on Fridays for Sec. 05, Mondays for Sec. 02, and Wednesdays for Sec. 03. Articles can be acquired in the library through the journals, or through the library icon on the CSU, Chico homepage and then through ebschohost.

<u>Week of:</u>	<u>Homework</u>
1/26	Go to <a href="http://www.siecus.org">www.siecus.org</a> type a one page summary of your experience on any topic
2/9	Summarize and type a one page paper on an article about Female Genital Mutilation (from the internet -no Wikipedia)
2/16	Go to <a href="http://www.cdc.gov">www.cdc.gov</a> and find information about an STI/STD. Type a one-page summary
2/23	Go to <a href="http://www.nih.gov">www.nih.gov</a> and find current statistics for the U.S. and the World on HIV/AIDS. Type a one-page summary.
3/2	Go to <a href="http://www.goaskalice.com">www.goaskalice.com</a> and obtain information about any sexuality topic you wish. Type a one-page summary of your experience.
3/9	No homework
3/23	Haas, Kate (2004). Who will make room for the Intersexed? <i>American Journal of Law and Medicine</i> 30(1): 41-68 Read and type a one page summary
3/30	Go to <a href="http://www.obgyn.net">www.obgyn.net</a> and access an issue. Write a one-page summary of your experience.
4/6	No homework
4/13	Summarize the mission statements from their internet sites and give your view of National Abortion Rights Action League (NARAL) and the National Right to Life Committee (NRLC) in one typed page.
4/20	No homework
4/27	Go to the website for The Alan Guttmacher Institute ( <a href="http://www.guttmacher.org">www.guttmacher.org</a> ). Select an area of interest and write a one page summary of your experience.
5/4	Rosario, M. et al. (2006). Sexual identity development among lesbian, gay and bisexual youth; consistency and change over time. <i>The Journal of Sex Research</i> , 43:46-59.

Summarize and give your view of the article in a one page written synopsis.

5/11

Go to [www.drugabuse.gov](http://www.drugabuse.gov). The National Institute on Drug Abuse (NIDA) has information on club drugs and date rape drugs. Select one and write a one-page summary.