

MINOR IN SPORT PERFORMANCE (28 units)
DEPARTMENT OF KINESIOLOGY
ADVISING SHEET

Course	Course Title	Semester	Substitute Course #	Transfer Institution	Units	Grade
6 courses required:						
BIOL 103	Human Anatomy				4	
BIOL 104	Human Physiology				4	
KINE 322 Prereq: BIOL 103 w/ C- or higher	Biomechanics				4	
KINE 323 Prereq: BIOL 104 w/ C- or higher	Physiology of Exercise				4	
KINE 390 Prereqs: KINE 323	Principles of Strength and Conditioning				3	
KINE 530 Prereq: KINE 322 (may be taken concurrently), KINE 323, KINE 390	Advanced Principles of Strength and Conditioning				3	
2 courses selected from:						
KINE 314 <i>Spring Only</i>	Psychology of Coaching				3	
KINE 524 Prereqs: KINE 322 and basic computer literacy	Biomechanical Analysis				3	
NFSC 303 Prereqs: One lower-division course in Biological Science	Nutrition and Physical Fitness				3	

NOTE: An approved elective in exercise science may be substituted for the above with the prior permission of the advisor.

Revised 10/19/23