Lesson Objectives:
1. Be able to get help from the NFSC Librarian
2. Be able to search the Meriam Library Catalog to find books and Journal Titles
3. Be able to find and navigate the NFSC Research & Subject Guide
4. Be able to select an appropriate database for your topic and search Discovery
5. Be able to develop a search strategy
6. Be able to determine Academic Journals/Scholarly Journals/Peer-reviewed Journals
7. Be able to effectively search PUBMED
8. Be able to find a journal in the library
9. Be able to find journal abbreviations in PubMed
10. Be able to search other databases

Outline:

CSU, Chico - Meriam Library ReSEARCH Station

1. How to get help by librarians—Ask a Librarian
2. Book collection
3. Journal Collection-online and holdings
4. Search Everything button—Searches multiple databases at once/eBooks/books
5. Nutrition & Food Science Resources page: Libguide or Research Guide
   - Journal Articles/Databases / Books / Reference Books / Tutorials/Toolbox:
     - Source titles: Most Cited (online)
     - PubMed’s journal database for abbreviations in citations
     - Library Call Numbers: Toolbox
6. Basic Search: Search strategy
   - Keyword, AND/OR, Truncation, Phrases, Sort
   - Refine Search:
     - Qualifiers, Descriptors, Journals, English
     - "Find It" options: Print / Folders/email / ILL
7. Citations: AMA