BS in Nutrition and Food Sciences
Options in:
- General Dietetics, Accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
- Nutrition Management
- Food and Nutrition Communication
With the following areas of study
  - Lifecycle nutrition
  - Sports nutrition
  - Media
  - Writing

MS in Nutritional Science
Options in:
- General Nutritional Science
- Nutrition Education
- Post-baccalaureate Dietetic Internship
  - Accredited by ACEND
  - Available to students enrolled in the MS in Nutritional Science program

Dedicated faculty
- Eight full-time faculty members
- Research interests cover a range of topics such as community nutrition, clinical nutrition, international nutrition, food safety, food science, food and culture, nutrition communication and counseling, and non-diet approaches to health

Undergraduate and Graduate Nutrition and Food Sciences Associations and Embodied
The student associations prepare students to become advocates of the nutrition profession through opportunities to practice leadership and serve the public by providing optimal nutrition, health, and well-being and celebrating diversity and encouraging size acceptance.
- Activities include participation in university health fairs, nutrition education presentations, tours of local businesses, and social gatherings to build connections
- Guest speakers share career experiences
- Networking opportunities for mentoring and learning about jobs and dietetic internships
Course Work

The Major requires course work in:
- Chemistry, physiology, statistics
- Microbiology and food safety
- Medical nutrition therapy
- Nutrition, food science and food production
- Food and nutrition communication and education
- Nutrition and foodservice management
- Community nutrition, nutrition counseling

Students will gain knowledge in the areas of food science and food systems; techniques of food preparation and modification of recipes and food products; the physical and biological sciences; and the behavioral and social sciences. After students complete the program they will be able to:

- Integrate scientific information and research into evidence-based practice
- Display a variety of communication skills sufficient for entry into practice
- Develop and deliver information, products and services to individuals, groups and populations
- Apply the principles of management and systems in the provision of services to individuals and organizations

Pathways in Nutrition

Why Choose NFSC?

From 2006-2016 nutrition and foodservice jobs are projected to increase by 9%

- Competitive salaries
- Hands-on experiences both inside and outside classroom
- Numerous externship opportunities

Center for Nutrition and Activity Promotion (CNAP)

- Promotes various nutrition and health related programs that service high risk populations in Northern California
- Provides over 100 externship and paid positions for CSUC students
- Provides opportunities for community-based research

Steps to becoming a Registered Dietitian (RD)

Complete option in General Dietetics

Acceptance into a post-BS ACEND-accredited Dietetic Internship (DI)

Pass national RD exam

Employment Opportunities

For Registered Dietitians:

Business and management dietitians - work in schools, health care institutions, business, and industry
Clinical dietitians - are a vital part of the medical team in various health care facilities
Community dietitians - work in public or home health agencies, daycare centers, health clubs, and in government
Educator and/or research dietitians - work in colleges, food and pharmaceutical companies, universities, government agencies, and in medical centers
Consultant dietitians - work in private practice or for companies that contract dietitians

With B.S. in Nutrition and Food Sciences

Foodservice manager - is responsible for the daily operation of a healthcare facility, school foodservice, or other establishments that prepare and serve meals to customers
Nutrition writer/communication expert - write and create nutrition-related media for newspapers, periodicals, radio and TV, and other information sectors
Nutrition + fitness educator/trainer - works to promote nutrition and physical fitness in corporate, commercial, or community settings
Nutrition educator or assistant - provides education to low-income populations in schools, food programs, and other public health programs