

# Nutrition and Food Sciences' Advising Newsletter

**Sign up for Fall 2011 classes!!! See your Advisor ASAP!**



**Registration:** April 11<sup>th</sup> - July 27<sup>th</sup>: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

**Open Registration:** During open registration, all eligible students have registration access on a first-come, first-served basis.

*Classes Subject to change. Please check The Class Schedule for most current information.*

## Courses offered both Fall and Spring

### **NFSC 100 – Basic Nutrition**

See class schedule

### **NFSC 120 – Elementary Food**

Dis	TR	1:00 – 1:50 p.m.
Lab	R	8:00 - 10:50 a.m.
Lab	R	2:00 - 4:50 p.m.
Lab	F	11:00 – 1:50 p.m.



### **NFSC 122 – Food Safety & Sanitation**

TR 2:00 – 2:50 p.m.

*New to the major? You should enroll in NFSC155.*

### **NFSC 155 – Intro to Nutrition & Food Science**

M 4:00 - 4:50 p.m.

### **NFSC 230 – Foodservice Admin & Sanitation**

TR 9:30 – 10:45 p.m.

### **NFSC 303 – Nutrition & Physical Fitness**

See class schedule

### **NFSC 310 – Ecology of Human Nutrition**

See class schedule



### **NFSC 340 – Human Nutrition (Formerly 240)**

MWF 1:00 – 1:50 p.m.

MWF 2:00 – 2:50 p.m.

### **NFSC 360 – Nutrition thru the Life Cycle**

TR 11:00 – 12:15 a.m.

### **NFSC 460 – Nutrition Counseling & Education**

TR 12:30 – 1:45 p.m.

### **NFSC 465 – Community Nutrition**

M 11:00 - 12:50 p.m.

Contact Instructor

### **NFSC 465L – Community Nutrition Clinical**

Contact Instructor

### **NFSC 489 – Externship**

\*See a faculty member to take advantage of pre-professional practice opportunities in your area of interest.

### **NFSC 497 – Portfolio Review**

Contact Dr. Dawn Clifford



## Courses offered FALL ONLY



### **NFSC 320 – Science of Food**

Dis	MW	2:00 - 2:50 p.m.
Dis	MW	3:00 - 3:50 p.m.
Lab	T	8:00 – 10:50 a.m.
Lab	T	3:00 – 5:50 p.m.
Lab	W	8:00 – 10:50 a.m.
Lab	W	11:00 - 1:50 p.m.

### **NFSC 403 – Sports Nutrition**

MW 4:00 – 5:15 p.m.

### **NFSC 430 – Foodservice Procurement & Mgmt**

Lec T 3:00 – 4:50 p.m.

Act R 3:00 – 4:50 p.m.



### **NFSC 440 – Advanced Human Nutrition**

TR 8:00 – 9:50 a.m.

### **NFSC 457 – Futures in Dietetics**

F 10:00 – 10:50 a.m.

\*Attention: This class is for students in the option in general dietetics. Students in the Food and Nutrition Communication or Foodservice Administration enroll in NFSC 455 in the spring.

### **NFSC 469 – Nutrition and Aging**

MW 4:00 – 5:15 p.m.

### **NFSC 470 – Medical Nutrition Therapy I**

MWF 2:00 – 2:50 p.m.

\*Attention: This class is for students in the option in general dietetics. Students in the Food and Nutrition Communication option should take NFSC 318 Nutrition and Disease in the spring.

## Courses offered SPRING ONLY

### **NFSC 318 – Nutrition and Disease**

### **NFSC 345 – Diet Supplement & Functional Foods**

### **NFSC 370L - Nutrition Assessment Lab**

### **NFSC 429 – Cultural Food**

### **NFSC 431 – Foodservice Equip/Production**

### **NFSC 455 – Futures in Nutrition & Food Sciences**

### **NFSC 468 – Child Nutrition**

### **NFSC 471 – Medical Nutrition Therapy II**

## GRADUATE COURSES offered Fall 2011

### **NFSC 642 – Topics in Vitamins and Minerals**

M 6:00 – 8:50 p.m.

### **NFSC 667 – Nutrition: International Issues**

T 5:00 – 6:50 p.m.

## Graduation Information

Students *file for graduation one year ahead* of the planned graduation date. If you plan to graduate **Spring 2012**, the filing date is **May 15<sup>th</sup> 2011**.



### Spring Graduation Ceremonies

Graduate: Friday, May 20, 2011

Undergraduate: Saturday, May 21, 2011



## Announcements

We are thrilled to welcome students to our option in food and nutrition communication. To help you plan your schedule into the future:

**NFSC 318 – Nutrition and Disease (Spring 2012)**

**NFSC 455 – Futures in Nutrition and Food Sciences (Spring 2012)**

**NFSC 468 – Child Nutrition (Spring 2012)**

### Do you know who your advisor is?

Last name:

A-C	Dr. Dawn Clifford	Holt 108	x 6164	declifford@csuchico.edu
D-H	Dr. Cindy Wolff	25 Main St. Ste.101A	x 5288	cwolff@csuchico.edu
I-O	Dr. Keiko Goto	Holt 110	x 6767	kgoto@csuchico.edu
P-S	Dr. Julie Schneider	Holt 104	x 6567	jmschneider@csuchico.edu
T-V	Stephanie Bianco-Simeral	Holt 106	x 4759	sbianco-simeral@csuchico.edu
W-Z	Dr. Michelle Morris	Holt 102	x 4757	mrmorris@csuchico.edu

\*Prefix for all extensions is 898

Related Programs:

Option in Foodservice Administration:	Stephanie Bianco-Simeral	Holt 106	x 4759	sbianco-simeral@csuchico.edu
Option in Food and Nutrition Communication:	Dr. Katie Silliman	Holt 121	x 6245	ksilliman@csuchico.edu