Spring Greetings! I have some exciting news to share with all of you. It gives me great pleasure to announce that my colleague and good friend, Dr. Kari Lightfoot, will soon officially be replacing me as the Director of the School of Nursing. I will be able to ease into my retirement knowing that I am leaving the School of Nursing in such capable hands. I will remain at the School of Nursing part-time next year and act as Assistant Director to ensure a smooth transition.

We have more exciting news to share! The School of Nursing hired four new Medical/Surgical tenure-track faculty to start in the fall. Three of our current faculty, Darcy Hostetter-Lewis, Paul Herman, and Ennies Musvosvi were selected for tenure-track positions. Darcy has worked for the School of Nursing since 2007. Darcy’s background includes obstetrics, pediatrics, and medical/surgical nursing. Paul and Ennies are more recent additions to the School of Nursing. They both became members of the faculty in the fall of 2016. Paul received his DNP from Touro University in Vallejo, CA in 2016 with an emphasis in Leadership and Nursing Education. Paul’s background includes critical care, medical/surgical nursing, simulation, and nurse leadership and management. Ennies is a CSU Chico School of Nursing MSN alumna. Originally from Zimbabwe, she specializes in critical care. We are thrilled to have these three full time! We were also fortunate to hire a fourth tenure-track medical/surgical faculty externally. We’d like to extend a big welcome to Jung-Min Park. Jung-Min is currently a PhD candidate for the University of Texas at Austin. Her dissertation is titled “Retention in care in HIV and health outcomes in persons living with HIV (PLWH) with diabetes”. Jung-Min’s background includes studies in diabetes, HIV, and injury prevention. She also brings experience in medical/surgical, ICU and nursing simulation. I am elated to welcome these four into their new positions!

We also had the privilege of hiring three new part-time faculty, Paul Weingartner, Cecilia Madison, and Stacey Riley. Stacey is an alumna from the School of Nursing and is currently pursuing her FNP. Paul is a soon to be alumnus as he is currently enrolled in our MSN program. Cecilia is a graduate from Oregon Health Sciences University in Portland, OR with a Master’s in Biomedical Informatics. I am so pleased to welcome them to our faculty.

It has been my pleasure to serve the School of Nursing. My time here has been very rewarding and I’ve been able to interact with students from their entry into the nursing program through to graduation and beyond. I treasure my relationships with the faculty and staff...
From the Director Continued...

and will miss everyone greatly. I look forward to traveling and spending time with my grandkids. Thank you all for allowing me to be the Director of this outstanding School of Nursing! I have been humbled and honored to serve in this leadership role!

Peggy Rowberg

Dr. Margaret Rowberg is Retiring

Dr. Margaret (Peggy) Rowberg will retire as Director of the CSU, Chico School of Nursing (SON) in summer 2017. Peggy joined the faculty as an Associate Professor in 2006 and became a Professor in 2012. She began serving as Assistant Director of the SON in 2011 and assumed the Director role in July 2015.

Dr. Rowberg received numerous accolades and honors in her 11 years at Chico State. In 2008, she was awarded the prestigious “Outstanding Nurse Educator Award” from Kappa Omicron (KO). In 2014, she received the Excellence Award from KO, the highest chapter recognition possible. Dr. Rowberg was also chosen as the 2012-2013 Outstanding Academic Advisor for CSU, Chico in recognition for her work as: the pre-nursing advisor for the SON, the retention coordinator for the SON, the faculty advisor for the Chico chapter of the California Nursing Students’ Association, the coordinator for the nursing students pinning ceremony and informally as the mentor/career advisor to all nursing students.

Dr. Rowberg has also demonstrated ongoing and significant service to the SON and to Sigma Theta Tau International (STTI). She served as the chair of the SON curriculum committee, leading the faculty through the development of a background check and drug screening policy, an ATI remediation policy for students, an evaluation tool and curriculum redesign. She was also a member of the SON Graduate Committee, served on the Hiring committee and as Chair of the evaluation committee.
In addition, she has served on the Academic Policies and Status committee of the CSU, Chico Faculty Senate, and on the College of Natural Sciences hiring committee. Finally, she has been a faithful member of the Academic Senate.

In service to STTI, Dr. Rowberg was an invited member to the STTI International Leadership Advisory Council, a volunteer advisory group charged with developing a STTI Leadership Institute. She also served on the STTI Leadership Development Task Force to identify global leadership priorities and develop a curriculum for the Global Leader Institutes. Dr. Rowberg was selected as one of two candidates for the prestigious Region 1 (seven states and two providences in Canada) Coordinator position for STTI.

At the chapter level, Dr. Rowberg co-chaired or chaired two chapter “Research Days” for KO. She served in multiple leadership roles for the chapter, including Faculty Counselor and President. Under her leadership, KO received two Showcase for Regional Excellence awards.

The School of Nursing wants to recognize and thank Dr. Rowberg for her many contributions to the SON and KO and to recognize the significant impact of her leadership on both organizations. We wish her well as she journeys ahead to the next phase in her life.

A Note From Dean Hassenzahl...

Dr. Peggy Rowberg was the first person I met at Chico—when I came to interview, she and Phil were waiting for me to arrive, and took me to dinner. They drove me around Chico, and made me feel welcome. Peggy has been a mainstay during my time here: she provides quality, thoughtful advice; juggles so many tasks so effectively; always finds time to be sure things get done; and inevitably puts students, staff, and faculty first. She wanted to retire a year ago, but stayed on an extra year to ensure a smooth leadership transition at the School of Nursing. The college and the school have been fortunate to have her in our community, and we congratulate her on her retirement!
10 Things You Might Not Know About Peggy

1. She Collects Stuffed Teddy Bears
2. She Loves to Go on Cruises
3. She's Going on an African Safari
4. She Loves Chilled Peppermint Patties
5. She is an Avid Pai Gow Poker Player
6. She Enjoys Reading Murder Mysteries
7. She Used to Sell for Mary Kay
8. Once, her car was stolen, but quickly found because of its pink color!
9. She Owned a Beauty Parlor
10. Of everywhere she's lived, Chico is her favorite place

The faculty and staff at the School of Nursing have been so fortunate to have Peggy as an advisor, professor, and director. Throughout the years, she has touched so many lives with her compassion, boundless intellect, and kind heart.
At the School of Nursing we currently offer two continuing education courses: Audiology for School Nurse, and the RN Refresher Course. Nurses travel from all over California and sometimes across state lines to take this course. Dr. Cecily LeFevre is a board-certified audiologist and is the instructor for this course. Dr. LeFevre brings a wealth of experience to her students.

Audiometry is offered three times per year in February, July, and November. The course is held over five days and includes 45 hours of continuing education units.

February 2017 Audiometry Class

Congrats! Fall 2016 Grads
Oroville Dam Crisis: Chico State Student Volunteers Step Up In Time Of Need

An excerpt from the article by Sean Murphy for Chico State Today

...When nursing major Keri Fong saw Oroville residents scrambling to Chico evacuation centers, she too responded by instinct.

The graduating senior immediately contacted Peggy Rowberg, director of the University’s School of Nursing, to see how and where she and her fellow nursing students could volunteer. Rowberg contacted Butte County Public Health to see where her students were needed, and they were directed to the fairgrounds evacuation center.

“As soon as we were notified, we wanted to dedicate our time and put our nursing skills to work,” Fong said.

For a few days, Chico State nursing students worked hand-in-hand with Butte County Public Health, with students often spending up to eight hours a day caring for evacuees.

“These were real-life experiences that the students were getting,” said Rowberg. “They were learning while they were giving back, and to me that was awesome.”

What the students experienced represented a good cross section of real-world ailments, though the environment “was very different from what we’ve learned in the hospitals and clinical rotation,” Fong said.

CSU, Chico School of Nursing student Shannon Watson put her nursing skills to work at the Silver Dollar Fairgrounds evacuation center.

(Photo by Jason Halley / University Photographer)
Some evacuees forgot their medications. A few had low blood sugar. Others simply didn’t feel well. The students were also able to provide one of the most important services of nursing: someone who listens.

“One woman that came to me was really stressed and upset because she’d left her cats behind and she was really worried,” Fong said. “I just provided her with emotional support.”

Fong said the students were pushed by the gravity of the situation, which also encouraged the group.

Spring Grads Promoting Disaster Preparedness on Campus

Many CSU Chico nursing students responded to the evacuation centers to help provide care and support to those evacuated during the Oroville Dam crisis this past winter. Butte County Public Health and the Red Cross thanked the students, saying their contribution was invaluable. The students indicated that the experience was life-changing for them as future nurses. After seeing first-hand how evacuations and disaster can affect anyone at any time, the 5th semester Public Health Nursing students decided to promote Disaster Preparedness as their theme for National Public Health Week. Students began planning shortly after they returned from the evacuation centers. They determined that 84 percent of the surveyed Chico State campus community reported that they do not have an emergency preparedness kit.

During the first week of April, the students implemented a campaign to encourage the Chico State campus community to be “prepared”. Students passed out information about how to put together a disaster kit for $30. The School of Nursing sponsored seven disaster kits which the nursing students put together and delivered to each of the campus colleges. The disaster kits were to be displayed at the college office for a week, then they would be raffled off to a student in each college. The students also provided each college with disaster kit information to be shared with students, faculty and staff. In addition, the students provided the weekly “Teacher’s Tip” to all faculty about how being prepared and helping students be prepared can reduce the risk of injury, illness or even death and help support teaching and learning.
The RCNP Program is alive and well, and stronger than ever. It received 92 applications for the summer cohort, only 30 of which were from CSU, Chico students. The remainder were from other BSN and ADN programs, including San Jose State, Sonoma State, Yuba College and Butte College. RCNP works with 31 different hospitals in the North State; the majority of which are considered rural or semi-rural. About 25% of the students require housing during their 4-week preceptorship. Those students are matched with a community member or family who provide a “room for rent” in some of the more remote locations. These housing stays are often the most memorable part of the students’ experience. One student witnessed the birth of a goat, another learned how to milk a cow, and another got a tour of the local landscape aboard his housing provider’s private plane. The RCNP program is the only one of its kind in the entire USA. We are so lucky that it resides here on the CSU, Chico campus.

Student Learning Fees

The School of Nursing was so fortunate to receive funds from Student Learning Fees for the following items:

Basic Skills Manikins for School of Nursing Skills

These lighter-weight manikins are used in the skills lab to provide opportunities for students to practice basic skills such as: ostomy care, catheterization, and tracheostomy care.
**Newborn Vital Signs Examination Simulator**

*This simulator allows students to listen to heart and breath sounds as well as palpate pulses and take temperatures. These skills are important for students to learn prior to examining a live baby.*

These items will help our students stay up to date with today’s technology and help prepare students for what they may see in a clinical site in the future.

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**Oaxaca Trip**

In January 2017, Dr. Fay Mitchell-Brown led ten nursing students on a service project to Oaxaca, Mexico. Oaxaca is located in the Sierra Madre Mountains and coastal region and is home to 16 major tribes of indigenous people, who speak approximately 155 dialects. Life in rural Oaxaca is dominated by poverty, idolatry, witchcraft and unmet health care needs. The nursing students provided health care to mainstream and indigenous Mexicans at the Corban Clinic in the small fishing village of Cacalote. The group was also fortunate to provide health care in three villages in the Sierra Madre mountain regions.

This project provided several opportunities for the group such as: (1) gain hands on health care service, (2) provide community health education, and, (3) donate financially for the purchase of medicines and medical supplies for the impoverished, and (4) cultural immersion. In addition to the adventure of traveling to another country, students found the experience beneficial because they developed a better understanding of the myriad of global health care issues that affect the population, and how these issues expand beyond borders and affect us locally.
Welcome!

Paul Weingartner is a nationally Certified Emergency Nurse on staff in the emergency department at Feather River Hospital in Paradise, CA. He received his BSN from Lewis-Clark State College in Idaho in 1999 and recently entered the MSN program at CSU Chico in nursing education. He became an adjunct clinical instructor for the school in January, 2017, working with second semester students at FRH.

His decision to pursue a nurse educator position is a coming home of sorts as he has previous experience as a college instructor in sociology at several universities located in Kentucky, New York and Washington. He received an MA in sociology from the University of Kentucky in 1989 and a BA in sociology from Xavier University in 1986.

After living in Idaho for 22 years, Paul relocated to Chico two years ago with his wife, Heather, and their adult son, Dylan, in order to be closer to family. Aside from nursing and teaching, Paul enjoys hiking, biking, traveling, and cooking. He is also a poet and a voracious reader.
Jeannine (aka “J9”) Olsen is retiring from the school of nursing at the end of spring 2017 semester. Jeannine has been teaching in the nursing program for 10 years. She has taught community health clinical, but the majority of her teaching has been in semester one. Hundreds of new nursing students have benefited from Jeannine’s funny and quirky style while she teaches them the FUNdamentals of nursing that they will build on in subsequent semesters and into their professional careers. Jeannine is an integral part of semester one and has always gone over and above to help the semester run smoothly.

Jeannine has been married for over 30 years to Paul and they have a son, Oscar who recently finished his masters’ in teaching. He will be traveling to China to begin his teaching career. Jeannine loves to travel so she will probably spend her retirement roaming across the world buying interesting art pieces and anything “purple”.

We will miss your dedication to semester one and it’s students, your sense of humor, and of course the color that you bring to our world!
STUDENT SPOTLIGHT: Dias Zooms to Academic All-America honor

Nursing student 12th Wildcat athlete, first soccer player to earn prestigious award

Lindsey Dias was always afraid she would have to give up playing collegiate soccer prematurely. Her newfound appreciation for hotel coffee, creative use of technology, and collaboration between the Chico State School of Nursing and the Department of Athletics ensured she would not have to.

As a result, Dias recently received one of the greatest honors available to a collegiate student-athlete: CoSIDA Academic All-America, as selected by the College Sports Information Directors of America (CoSIDA).

“There was always a fear in the back of my head there would be a time I would have to give up soccer,” said Dias. “I’m glad I didn’t have to.”

Dias was one of just 40 students—out of approximately 500 applicants—chosen to begin the nursing program in spring 2016. She had just earned Academic All-District and First Team All-West Region honors after posting nine goals (including four match-winners) and seven assists while leading the Wildcats into the postseason.

Her second semester would be more challenging. The nursing program is cohort based, so students don’t choose their classes. Instead, their classes are prearranged. And Dias had two classes on Friday. With the Wildcats’ soccer team scheduled to be on the road on many of those days, only Dias’ determination and the cooperation of her advisors and professors provided a way for her to do both.

Peggy Rowberg, the director of the School of Nursing, called a meeting to discuss the challenge with Dias, Director of Athletics Anita Barker, and Dias’ instructors. Together they came up with a solution.

With the help of Chico State’s Technology & Learning Program, Dias’ professors in “Nursing Informatics” and “Pathophysiology” set up a Zoom teleconferencing solution that she could connect to remotely when traveling with the team. A microphone was transferred from class to class on the days that she was away. That allowed Dias to listen to lectures and participate in class and group discussions from the road.

“It definitely takes a different level of focus,” said Dias. “I developed a system. I would wake up, get myself some coffee, and get to work. I just had to find a quiet corner in the hotel hallway.”
It was a unique set of circumstances, and at first, Rowberg was not sure if it would work.

“I was afraid we weren’t going to be able to make it happen. We try not to put barriers up for people, but it is a very competitive program and it takes a deep level of commitment,” Rowberg said. “For Lindsey to play soccer and to achieve what she needed to get into the program is impressive. She’s an outstanding student and person. We are proud of her and thrilled to have her in our program.”

Dias wasn’t sure if it would work either.

“Toward the beginning of the semester, when people didn’t know who I was quite yet, I was nervous. I think they were too,” said Dias. “I was going to be missing so much class time and that was not something they were used to. But once they got to know me and realized how serious I was about being in the program, we all settled into the routine.”

Dias finished her soccer career with her third consecutive All-West Region honor this season. She is just the sixth women’s soccer player to earn All-Region accolades three times. She is sixth in program history with 22 career goals and eighth with 54 career points.

Twenty-one of the 33 members of the 2016 CoSIDA Academic All-America® NCAA Division II women’s soccer teams have at least a 3.90 G.P.A.—including Dias.

“It’s such an honor because I’ve worked so hard to keep my grades up while playing soccer,” said Dias. “To be recognized on a national level for that is awesome.”

Dias is currently on track to graduate with a degree in nursing in May of 2018. Her end goal is to be a registered nurse. She will be one of the few who is also an Academic All-American.

History of Chico State Academic All-Americans:
1982 – Chuck Caruso – Baseball
1986 – Curt Cochran – Swimming
1988 – Kristin Kehle – Swimming
1989 – Paul Dowler – Swimming
1989 – Tim Nelson – Swimming
2010 – Ryan Bertucci – Track and Cross Country
2012 – Shelby Hooper – Golf
2014 – Kasey Barnett – Track and Cross Country
2015 – Zachary Sardina – Golf
2016 – Steven Martinez – Track and Cross Country
2016 – Lindsey Dias – Soccer
Alumni Spotlight

Alison Pfeffer (Sikora) is a Fall, 1986, graduate of the CSUC bachelor of science in nursing program. She recently completed the Master of Science in Nursing, Family Nurse Practitioner option, at the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences, The University of Colorado, Colorado Springs. She plans to go into private family practice near Portland, Oregon. Alison is married to Paul, (CSUC class of 1986, BS Industrial Technology) and they have two children: Briana, age 27, and Justin, age 24. The couple will celebrate Alison’s graduation and their 30th wedding anniversary this year with a cycling tour of Sardinia and Tuscany, Italy.

Alumna Alison Pfeffer and her husband Paul

Skin Exchange

Here at the School of Nursing we are dedicated to providing our students with the best educational experience possible. For this reason, we have life-like arms to simulate IVs. Authentic artificial blood runs through the veins of these arms! Because these arms actually get poked, the skins get replaced every 6 months.
Dr. Karin Lightfoot, Assistant Professor/Assistant Director, and Jonathan Petersen, CSU Chico Nursing Student, visited Sacramento on April 3rd for the American Nurses’ Association’s “California Nurses’ Day at the Capitol”. This annual event aims to provide nurses with the knowledge and tools needed to participate in the legislative process. The 2017 conference included presentations on nurse advocacy, lobbying, and discussions about hot legislative topics.

The keynote speaker was Kelly Johnson, RN, BSN who was crowned Miss Colorado in 2015 after wearing her nursing scrubs and stethoscope during the pageant. She claimed being a nurse was her special talent (link to her monologue: https://www.youtube.com/watch?v=nYoCW1DQWQE ). Johnson gave an inspiring speech about how nurses can use their voice to advocate for patients, change the health care system, and promote the profession of nursing.

Other special guests include Dr. Joseph Morris, Executive Officer of the California Board of Registered Nursing and a variety of state senators and assembly persons who support nursing and promote legislation to improve health care. Petersen spoke to his class the following day about his experiences and encouraged his classmates to attend the ANA/C RN Day at the Capitol next year.

Jonathan was able to sit in on a committee hearing regarding a current mental health bill. He participated by speaking directly to legislators and public officials during public comment, advocating for the passage of the bill. "I work in the emergency room", Jon stated. "From past experience, I have noticed that mental health patients are subject to judgement rather than compassion. I support mental health and the passage of this bill", he stated.

"The legislators paid attention to me when I spoke. It felt good knowing that I was able to speak for countless patients that are out there who do not know how or who cannot advocate for themselves".
On April 23rd, there was a 5K/10K run/walk to benefit the Kristina Chesterman Memorial Clinic. This clinic is being constructed in order to honor the humanitarian goals of Kristina Chesterman, a 21 year old Chico State nursing student who passed away after being struck by a drunk driver while riding her bike. Kristina planned to utilize her nursing degree by caring for those who reside in medically underserved areas of the globe. The Kristina Chesterman Memorial Clinic will be built in Ozu Abam, Nigeria and will provide care for women, children and patients with diabetes.

Choose Chico

This April prospective students came from around the country to attend “Choose Chico Day”.

Faculty, Donna Bell and Gema Knipe and Assistant Director, Karin Lightfoot spoke to prospective students. Current nursing student gave prospective students tours of the Skills Lab.
CSU, Chico — School of Nursing— Spring 2017 Newsletter

Outstanding Students!

We are so proud of our students! Several of them recently received awards or scholarships.

**Outstanding Student leader for 2017:**
Jon Gurrola

**Outstanding Female Student Athlete Award:**
Lindsay Dias

**Floyd L. English Scholarship for 2017-2018:**
Gabriela Garcia, Jon Gurrola, Zoya Hasan, Autumn Hedrick, April Lower, and Ashley Reese

CSUC School of Nursing in Top 25 RN Programs Ranking

Chico's nursing program has been ranked as one of the top 25 RN programs in all of California!

According to RegisteredNursing.org, we were selected as the #23 Ranked Nursing Program in California:

http://www.registerednursing.org/state/california/#rankings

Nursing programs across the state were assessed on several factors which represent how well a program supports students towards licensure and beyond.

*Congratulations team, on this outstanding accomplishment!*
Giving Back—We hope your learning experiences at Chico State helped you to pursue a rich and satisfying career in nursing. Are you willing to help current students in the School of Nursing do the same? Many learning experiences at Chico State are being threatened by the State of California budget crisis. As a result, the Chico State School of Nursing is working harder than ever to provide the best educational experience possible for nursing students while managing an ever-decreasing budget. Are you able to help us purchase needed equipment with a gift to the School of Nursing? Please consider making a donation through the California State University, Chico online giving website. To access the site, please paste this address into your web browser:  www.csuchico.edu/givetoNS   under Gift Designations put the amount and percentage next to “School of Nursing.”

Or, you can fill out the School of Nursing Gift Card below and mail it. Please indicate Nursing Skills Lab in the memo area of your check and mail the Gift Card and donation to: California State University Chico, College of Natural Sciences, Attn: Margaret Schmidt, Chico, CA  95929-0555. Thank you for your support.

School of Nursing Gift Card

Name ____________________________________________
Address ____________________________________________
City, State, zip ____________________________________________
Phone______________________________ E-mail______________________________

Please make check payable to “University Foundation, #6562”

Credit Card (please specify): □ Visa □ MasterCard □ American Express □ Discover

Card Number ________________________________

Name on Card ________________________________

Expiration Date____________ Amount Charged_________ Signature______________________________

Thank you for your support of the CSU, Chico School of Nursing Programs

The CSU Chico School of Nursing “Wish List” for Needed Supplies and Equipment

Portable oxygen tank with valve, meter and stand
Traction equipment
Endowed faculty positions
Disposable Skills Lab Supplies
Additional Seating for the Skills Lab
Linens & Pillows
IV Arm Skins

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<td>$50</td>
<td>Agnes Dix</td>
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<td>Faye Glen Abdellah</td>
<td>A new educational video or software for students</td>
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<td>Demo dose packages for student medication training</td>
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<td>New anatomical models for the Skills and Simulation Labs</td>
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<td>$1,000</td>
<td>Clara Barton</td>
<td>A bi-directional Doppler for student training</td>
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<td>$2,500</td>
<td>Virginia Henderson</td>
<td>A medication cart or AED trainer for the Skills and Simulation Labs</td>
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<tr>
<td>$5,000</td>
<td>Florence Nightingale</td>
<td>A new hospital bed or a cadre of learning resources for the Media Lab</td>
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<td>Other</td>
<td>Friends of Nursing</td>
<td>Scholarships, loan funds for students, supplies, misc.</td>
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We have a bundle of babies in our Skills Lab!

Gayle Kipnis in her regalia for President Hutchinson’s inauguration this spring.

Natalie Wren assisting the Red Cross during the Oroville Dam Crisis. Photo by Maggie Buckenmayer/Red Cross

Students and faculty assembled for Choose Chico Day

CSU, Chico School of Nursing
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