

SHAC MEETING MINUTES

- Name and purpose
 - The name of the organization shall be the “Student Health Advisory Council” hereafter referred to as SHAC
 - The purpose of SHAC in accord with the Executive Order Number 943 is to serve as an advisory council to the Student Health Service and University President.

President opened with the idea of a patient satisfaction survey that will be talked in greater detail during the next meeting.

HEAT internship

Health Education Action Team, create and implement health education on the campus. Previously had flu shot clinic. What is coming up is a condom and lube giveaway on Tuesday and Wednesday the 11-12th entitled “cover me, I’m going in”. There will be a sex education workshop with the fraternities. The Health Center has just got the nasal spray flu vaccine! So inform students who are detracted from getting a flu shot due to the shot.

Pre-Med (Francis)

Helping students in pre-medical profession. Have multiple internship opportunities and events. Tabling for the organization has just started and updates are to come up.

Active Minds (Daisey)

Bringing in positive mind workshops, at the bottom of the BMU.

Recreational sports (contact Reese)

Feb 21st NERSA Friday 3-6, for education on sports and nutrition. They will have physical therapists, nutritionists, and importance of student health education. They are looking for any groups that want to table or help with the event. They really want to have groups promote this event so that they can have a good turn out. Possible nursing students to be there to take blood pressure.

CADEC

Outreach for alcohol awareness
RED WATCH band.

The mission of the red watchband team is to provide campus community members with the knowledge, awareness, and skills to prevent student toxic drinking deaths and to promote a student culture of kindness, responsibility, compassion, and respect.

Event dates are in:

February

Wed. Feb 5 at 4:30 pm

Mon. Feb 10 at 6:00 pm

Thur. Feb 27 at 5:00 pm

March

Sat. Mar 8 at 1:00 pm

Wed. Mar 12 at 6:00 pm

Wed. Mar 26 at 4:00 pm

And many other dates in April and May

Sexual responsibility week, KISSED = keep it sexually safe every day.

Tabling for this event will be held:

Monday and Tuesday FEB. 10-11th at Trinity Commons from 10-2

Wednesday Feb 12th at Sutter 11-2

Friday Feb 14th at Trinity Commons from 10-2

Mental Health Training in March

Call CADEC to register! 530-898-6450

ACHE (Cassie)

Professional speakers on health administration.

What is SHAC doing?

Changing distress day to a relaxation festival, the date for this event is April 15th, possibly 10-3 PM (goal of the event is to help reduce stress on students and provide an education on “treating the body as a whole”)

- We are looking for a mind body soul event for one day long
- We are looking for groups to provide ACTIVE tabling, something that gets the students activated and energized.

This event will (weather permitting) be outside of the WREC

We are also looking for a radio station to have play music but we are unaware of what type of music we should use.

We are in need of large items that will bring students to our event!