

Adderall

In a high-pressured world, it comes as little surprise that Adderall has become the new drug of choice. People feel the need to pop a pill to be able to study or during stressful times. However, for a lot of people, this intense drug can do the opposite and cause serious health effects such as restlessness, excitability, dizziness, headache, fear, tremor, and even hallucinations, convulsions (seizures), and heart palpitations.

Adderall is a psycho-stimulant that affects the central nervous system. It affects chemicals in the brain and nerves that contribute to hyperactivity and impulse control, and can also increase blood pressure. Related psycho-stimulants include amphetamine salts, Concerta, and Ritalin.

Adderall is prescribed to treat individuals with narcolepsy and attention deficit hyperactivity disorder (ADHD).

Do not take Adderall if you have not been medically advised to do so. Additionally, it is recommended that you do not take Adderall if you have:

- Congenital heart defect
- High blood pressure
- Heart failure
- Heart rhythm disorder
- Recent heart attack
- Personal or family history of mental illness
- Psychotic disorder
- Bipolar illness
- Depression
- Attempted suicide
- Epileptic or other seizure disorders
- Tics (muscle twitches) or Tourette's syndrome, including tics or muscle twitches



Warning: Use only as directed. With prolonged use, drug dependence may occur, and withdrawal symptoms may occur after stopping the drug. Consult your doctor or pharmacist for more details.

Written by Peer Health Educators Katelyn Stewart & Alex Ireland; April 2011

Sources: www.medicinenet.com