



## Psychological Consultations

The center provided professional consultations to a variety of individuals or groups who were dealing with students or others who were in crisis or suffering psychological difficulties.

	2000-01	2001-02	2002-03	2003-04	2004-05	2005-06
Faculty	13	22	20	13	19	10
Parents	9	12	16	15	30	11
Staff and Administration	12	20	10	8	14	30
Judicial Affairs & Housing	5	10	11	8	7	10
Violence in Workplace Team	9	3	2	2	4	6
Students	11	5	3	2	14	7
University Police	1	3	2	1	5	5
Community	1	1	5	3	5	6
<b>Total Consultations</b>	<b>61</b>	<b>76</b>	<b>69</b>	<b>52</b>	<b>98</b>	<b>85</b>

(Many brief or informal consultations throughout the year are not tabulated)

## Outreach Efforts:

### Workshops and Presentations

Type of Audience	Number of Events						
	Year	2000-01	2001-02	2002-03	2003-04	2004-05	2005-06
Student Audiences		82	61	60	82	78	56
Faculty & Staff		40	22	44	34	9	12
Parent Orient./President's Day		13	21	18	17	13	10
The Community		8	4	7	46	5	4
<b>Total presentations/workshops</b>		<b>143</b>	<b>108</b>	<b>129</b>	<b>179</b>	<b>105</b>	<b>82</b>

### Attendance at Workshops and Presentations

	Year	2000-01	2001-02	2002-03	2003-04	2004-05	2005-06
Student Audiences		1862	2194	1852	2257	1352	1380
Faculty and staff		444	252	380	440	92	117
Parent Orient./President's Day		1100	1650	1105	866	986	177*
The community		116	86	365	608	34	85
<b>Total Attendance</b>		<b>3522</b>	<b>4182</b>	<b>3702</b>	<b>4171</b>	<b>2464</b>	<b>1759</b>

\*The addition of several other Student Affairs units reduced the no. attending our parent presentations.

### Examples of Counseling Outreach Topics:

Cultural "Shifting"	Sexual Assault	Native American Mental Health
Active Learning	New Student/Parent Issues	Personality Disorders
Substance Abuse Treatment	Bi-polar Disorder	Pride/Safe Zone
Eating Disorders	Crisis/Risk Management	Compassion Fatigue
Depression/Suicide	Time Management/self care	
Domestic Violence	Social Identity	Rape Prevention
Men of Honor	Test Anxiety	Violence in Chico

## Supervision and Training

	2000-01	2001-02	2002-03	2003-04	2004-05	2005-06
Hours provided for intern supervision	176	222	192	182	235*	480***
Hours of training provided to interns and other personnel	9	14	20	26	124**	134

\*Hours include 190 individual supervision hours and 95 group supervision hours. Group hours were not tabulated in previous years.

\*\*Training hours were logged more accurately using the new computerized scheduling system.

\*\*\*Intern hours were greatly expanded in compensation for lost counselor position.

### **Annual Counselor Evaluation Surveys**

An evaluation survey was completed by 94 students during our spring program evaluation period. It focused on the quality of the counseling and office services that they received as clients at the Center. The questions used a four point (1-4) scale with four indicating "very satisfied" and one indicating "not satisfied." Results of the survey show a range of mean scores from 3.2 to 4.0 suggesting students saw counseling services as effective. An examination of the ratings of students who were not Caucasian (28%) revealed no significant differences. In addition, there were no significant differences based on gender in effectiveness ratings.

Adequate low cost referral sources for serious clinical issues continues to be a problem in Chico.