

Intercollegiate Athletics and Recreational Sports

Learning Objectives

Students participating in Intercollegiate Athletics learn the implicit qualities of being involved in a competitive sport. They learn the character traits of respect, teamwork, self-discipline, cooperation and dedication. They learn that there are consequences to their actions. They learn to perform in stressful situations and work with time demands. They learn that there are rules that are expected to be followed. As student-athletes with requirements to meet continuing progress rules and grade point average minimums, they learn that academics are important. Students are provided the opportunity to improve their aptitude in their competitive sport. Factors that indicate the extent that student-athletes are being successful include retention rates, grade point averages, continued performance on their field or court of choice, continued success in achieving academic eligibility and graduation rates. Success can also be measured by feedback given during the senior exit interview process. Performance success is measured objectively on an annual basis by competitive season outcomes.

Students participating in Recreational Sports learn that fitness and exercise are important parts of a healthy lifestyle. They learn that fitness and exercise can improve their quality of life. Students are provided the opportunity to improve their aptitude in the sport of their choice along with the opportunity to try new things. Students participating in recreational and competitive club sports learn the intrinsic values of participation in sports outlined above. Factors that indicate the extent that students are being successful include the number of times they participate in recreational activities that are offered and their return rates. Success of the program at meeting the student's needs is measured annually by surveying participants. And, as with intercollegiate sports, performance of club sports activity is measured objectively on an annual basis by season outcomes.

Students participating in Intercollegiate Athletics and Recreational Sports are exposed to the public and provided the opportunity, and in some cases given the expectation, to be ambassadors and role models to the campus and larger Chico community. As such they are held accountable for their actions. Factors that indicate success in this area are difficult to measure objectively but can be felt by the reaction to the campus and community to the program.

Students that are involved with Intercollegiate Athletics and Recreational Sports are put in positions of leadership providing them opportunities to refine their critical thinking skills and improve their decision making skills. Students are taught technical skills that may impact their career choice or enhance their experience level for the job market. Factors that indicate success include the success of graduates in pursuing postgraduate work and successful job placement in their chosen career paths.