



# Chico Wellness Center Forums Spring 2010

*February 17th*  
4 PM—5 PM

To Infinity and Beyond  
**Presented by Dr. Pat Patterson**  
**Location Tehama 133**

*February 24th*  
4 PM—5 PM

The Non-Diet  
**Presented by Dr. Dawn Clifford and Dr. Michelle Morris**  
**Location Tehama 117**

*March 2nd*  
5 PM—6 PM

Recipe Swap  
**Presented by the students of LINKS**  
**Location Tehama 117**

*March 9th*  
5 PM—6 PM

The Hook Up Culture  
**Presented by Anna Thomas**  
**Location Tehama 117**

*March 23rd*  
6 PM—7 PM

Tighten Your Budget and Your Waist  
**Presented by the students of LINKS**  
**Location Tehama 117**

*March 24th*  
4 PM—5 PM

Addicted to Love  
**Presented by Dr. David Hibbard and Dr. Gail Walton**  
**Location Tehama 117**

*April 7th*  
4 PM—5 PM

Serve Out Loud  
**Presented by Marcus Hollan**  
**Location Tehama 117**

*April 13th*  
6 PM—7 PM

What's Cooking Good Looking?  
**Presented by Dr. Michelle Morris**  
**Location Tehama 118**

*April 14th*  
4 PM—5 PM

It's Easy Being Green  
**Presented by the students of EARC**  
**Location Tehama 117**

*April 21st*  
4 PM—5 PM

Better Bang For Your Buck  
**Presented by Kathy Carpenter and Diane Knight**  
**Location Tehama 117**

*May 4th*  
5 PM—6 PM

Your Pursuit of Happiness  
**Presented by Dr. Lana McKnight**  
**Location Tehama 117**