



Random Acts of Kindness To Make A World Of Difference!

- Send an old friend a greeting card
- Leave a kind note in a guest book
 - Call an elderly neighbor
- Bake cookies and give them to someone special
 - Pay the next car's toll for the bridge
- Leave a cheery note in the dressing room
- Surprise neighbors with packs of flower seeds
 - Wave to the children on the school bus
 - Donate food to the local food bank
 - Volunteer at a soup kitchen
 - Donate blood
- Offer to baby-sit for someone in need of free time
 - Smile at someone (Or Everyone!)
 - Pick up trash
 - Leave a treat for your mail carrier
- Help people load groceries into their cars
 - Let someone go ahead of you in line
 - Give another driver your parking spot
 - Write a Thank-You note
- Take a minute to think about what random kindness means
 - Spread the kindness word!