Interpersonal Skills Inventory

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For each skill listed below define the skill, rate yourself from 1-10 (1 meaning “area for growth”, 10 meaning “very strong”).

Skill	Rating 1-10
Empathetic-	_____
Respectful-	_____
Genuine-	_____
Warm-	_____
Concrete-	_____
Confrontive-	_____
Self Discloses-	_____
Use of immediacy-	_____