

ATTENTION-DEFICIT/HYPERACTIVITY DISORDER Documentation Guidelines

The following guidelines are provided in the interest of assuring that the documentation is appropriate to establish the student as an individual with a disability and to provide a rationale for reasonable accommodations. These guidelines are consistent with the [CSU Policy on Provision of Services to Students with Disabilities](#).

Attention Deficit/Hyperactivity Disorder (AD/HD): A neuro-cognitive disorder characterized by inattention, restlessness, impulsivity, and behavioral dysregulation, or a combination of these. Problems with focus and attention manifest as chronic problems with concentration, organizing work, planning, sustaining effort, and utilizing short-term memory. *AD/HD is not the result of a psychological or psychiatric disorder, such as schizophrenia, chronic depression, or a personality disorder.*

Verification of ADD/ADHD documentation shall include the following:

- Must be provided by a verifying professional qualified to assess the nature and extent of ADD and ADHD, *such as a licensed physician, psychiatrist, or clinical psychologist.*
- Must include a description of the functional limitations which this diagnosis creates for the student in the educational setting.
- Required:
 - A clear statement of the DSM-IV diagnostic classification and subtype,
 - Date of initial diagnosis, and
 - Date last seen for treatment or evaluation

Evaluation must be current. Since assessment constitutes the basis for determining reasonable accommodations, it is in a student's best interest to provide verification that reflects current level of functioning.

Type of Documentation:

You may submit a letter from your physician on letterhead stationary which addresses the areas above or you may choose to use the [Disability Verification Form](#).