PSYCHOLOGICAL DISABILITY
Documentation Guidelines

The following guidelines are provided in the interest of assuring that the documentation is appropriate to establish the student as an individual with a disability and to provide a rationale for reasonable accommodations. These guidelines are consistent with the CSU Policy on Provision of Services to Students with Disabilities.

Psychological or Psychiatric Disability: Chronic and persistent mental illnesses as categorized by the current Diagnostic and Statistical Manual of Mental Disorders, that impede the educational process and may necessitate accommodations, support services or programs.

Verification of Psychological Disability:

- A licensed mental health professional, such as a psychiatrist, psychologist, clinical social worker or marriage and family therapist, must provide documentation.
- Documentation must include:
  - A clear statement of the Diagnostic Statistical Manual 5 code
  - Date of initial diagnosis
  - Date last seen for treatment or evaluation
- In addition such documentation must detail the functional limitations which this diagnosis creates for the student in the educational setting, e.g. limited alertness etc.

Evaluation must be current. Since assessment constitutes the basis for determining reasonable accommodations, it is in a student's best interest to provide verification that reflects current level of functioning.

Type of Documentation:

You may submit a letter from your physician on letterhead stationary which addresses the areas above or you may choose to use the Disability Verification form.