

Anita Career

400 West First Street, Chico, CA 95929, (555)555-5555, anitacareer@internet.net

Education

California State University, Chico

Bachelor of Science, Exercise Physiology: **May 0000**

Minor: Nutrition

Coursework: Anatomy, Physiology, Organic Chemistry, Inorganic Chemistry Biomechanics, Biomedical Ethics, Human Genetics, Nutrition and Biochemistry

Experience

In-home Care Provider, Sept. 0000- present

Butte County In-Home Supportive Services (IHSS), Chico, CA

- Provided personal and domestic services to an individual with disabilities
- Performed personal care services and household chores, and accompanied to appointments

Lacrosse Statistician, Oct. 0000-present

California State University, Chico

- Utilized valid protocol and was quickly familiarized with baselines in order to structure an uncompromised analysis
- Demonstrated organization and attention-to-detail working in a fast-paced environment

BE:WEL (Beyond Exercise: Wellness Enhancement for Life), Jan. 0000-May 0000

California State University, Chico, Chico, CA

- Provided individualized support for adults with disabilities in the community
- Empowered individuals to increase social and physical wellness
- Coached clients on weightlifting techniques and patient mobility

Intern, Physical Therapist Aide, May 0000-July 0000

Tokheim Colbert Physical Therapy, Manteca, CA

- Provided exceptional care by paying close attention to patients' unique needs
- Developed strong multi-tasking skills by effectively managing patient care
- Created and maintained a hospitable patient environment

Intern, Human Resources, May 0000-August 0000

Bank of Agriculture and Commerce (BAC), Stockton, CA

- Communicated closely with advisor in planning, managing, reorganizing, and completing specific tasks
- Chosen to run the courier route because of positive individual and group interaction

Front Desk Associate, May 0000-July 0000

In-Shape Health Clubs, Inc., Tracy, CA

- Maintained a professional attitude while resolving concerns and complaints
 - Remained composed while effectively handling emergency situations
 - Demonstrated flexibility, ability to learn quickly, and skill in working well with others
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Activities & Honors

Intercollegiate Volleyball, CSU Chico, 0000-0000

Phi Kappa Phi National Honor Society, 0000-present

All CCAA Academic Award, 0000

Exercise Physiology Club, 0000-present

Phi Eta Sigma National Honor Society, 0000-present

Sandia National Laboratory's Math and Science Award, 0000

College of Communication and Education Dean's List, 0000-present