

Kinesiology BA - Curriculum Matrix

1. Content Knowledge – Students will demonstrate knowledge and disciplinary concepts related to the field of Kinesiology
2. Communication – Students will apply knowledge of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity
3. Reflection and Critical Thinking – Students will demonstrate reflection and critical thinking in order to refine professional practice.
4. Programming and Assessment – Students will demonstrate evidence-based knowledge and skills (and best practices) for assessing client/student needs and for designing, implementing and evaluating programs.
5. Professionalism and Ethics – Students will demonstrate professional behaviors, including commitment to excellence, valuing diversity and collaboration, service to others, and techniques for lifelong learning.
6. Value Physical Activity and Fitness – Students will articulate a philosophy that physical activity programs are important to health and well-being of individuals, and that physical activity can foster self-expression, development, and learning.

		SLO 1	SLO 2	SLO 3	SLO 4	SLO 5	SLO 6
KINE 247	World Sport and Games	P	I	P	NA	P	I
KINE 305	Philosophy of School Based Teaching Physical Education	P	P	P	I	P	I
KINE 306	Net Games & Self-defense for Teachers	P	P	P	P	M	M
KINE 308	Rhythms and Dance for Teachers	P	P	P	I	P	P
KINE 309	Developmentally Appropriate Physical Education for Children	P	P	I	I	I	I
KINE 312	Outdoor Education for Teachers	P	P	P	I	P	P
KINE 314	Psychology of Coaching	I	P	P	P	P	P
KINE 315	Intro to Adapted Physical Education	P	P	I	I	P	P
KINE 320	Foundations of Exercise and Sport Psychology	I	P	P	NA	P	P
KINE 321	Motor Development and Behavior	P	P	P	P	P	P
KINE 322	Biomechanics	P	I	P	I	P	I
KINE 323	Physiology of Exercise	M	P	P/M	P/M	I	P
KINE 331	Principles of Team Sports	P	P	P	P	M	M
KINE 332	Principles of Individual Sports	P	P	P	P	M	M
KINE 335	Youth Fitness	P	P	P	P	P	P
KINE 345	Motor Learning and Human Performance	P	P	P	P	P	P
KINE 346	Sport and Society	P	P	P	NA	P	P
KINE 386	Sports Epidemiology	P	P	P	NA	P	P
KINE 388	Personal Training	P	P	P	P	P	P
KINE 410	Developmentally Appropriate PE for Middle School Students	P	P	P	P	P	P

KINE 411	Assessment in Physical Education	P	P	P	M	P	P
KINE 430	Administration and Management of Sport and Fitness Programs	P	P	P	P	M	M
KINE 484	Developmentally Appropriate Physical Education for High School Students	M	M	M	M	M	M
KINE 505	Exercise Behavior and Adherence	M	P	P	P	P	M
KINE 524	Biomechanical Analysis	M	P	M	P	P	I
KINE 530	Advanced Principles of Strength and Conditioning	P	P	P	P	P	P

Key: I = Introductory Level

P = Practice Level

M = Mastery Level