PEER COACH INTERNSHIPS AVAILABLE

Open to all majors, at all levels

2022-2023 Academic Year

Peer Coach Program Overview:
The Peer Coach Program was created in partnership with the WellCat Counseling Center in order to provide spaces for holistic wellness opportunities (virtual and in-person). We are working virtually and in-person now, depending on what the student feels comfortable with. The Peer Coach is a team of undergraduate and graduate level students who are passionate about supporting the campus community. We welcome students from all disciplines and educational backgrounds to create an inclusive team equipped to meet the diverse needs and goals of the students they are privileged to serve. We are also happy to say that we have Peer Coaches from expanded major departments such as Social work, MFT, kinesiology, art, recreation, nutrition and food science, agriculture, etc.

Our peer coaches help students create goals and plans, offering encouragement, accountability, evaluating progress, and celebrating wins. We work to help students achieve holistic wellbeing in: emotional, environmental, financial, intellectual, physical, relational, spiritual, and vocational ways.

Role Description:

Peer Coach internship positions at CSU, Chico WellCat Counseling Center are available starting August 2022. These are internship positions for the academic year.

Position Description:

Peer Coaches will be assigned to individual and group coaching determined by the needs of the WellCat Counseling Center (WCCC) and the interests of the Peer Coaches, in consultation with the Umatter Director and WCCC staff. Each semester, coaches will carry an individual case load
of 7-10 individual students and have the opportunity to lead a group. Coaches receive training and supervision.

Peer Coaches provide mentoring students on a variety of areas, including:
- Social pressures, adaptation, separation
- Academic concerns and skills
- Accessing student resources including healthcare, housing, food
- Reinforcing self-esteem and self-advocacy skills
- Balancing academic and social demands
- Coping with isolation/adjusting in the pandemic
- Navigating current social issues/social justice/inequities

Provide connection, emotional support, and coaching on holistic wellness through (virtual and in person social distancing) activities such as:
- Creative Writing/Journaling
- Outdoor Cooking
- Cross-Cultural Healing
- Mindful Yoga Group
- Mindfulness Gardening Group
- Study Group
(And more depending on Peer Coaches interests)

Expected Workload:
This position requires 15-20 hours of work a week.

Supervision and Training Seminars:
- Two hours weekly group supervision
- Two hour weekly training seminar

Knowledge, Skills, and Abilities:
- Strong interpersonal and communication skills; ability to effectively interact with a diverse client population
- Ability to facilitate group meetings and effectively coach students.
- Ability to continuously seek improvements in order to support the goals and overall mission of the program.
- Ability to work collaboratively and flexibly
- Ability to maintain confidentiality of client information in accordance with professional standards
• Dependable and reliable (i.e. completing tasks in a timely manner)

Qualifications:
Must be a student currently enrolled at California State University, Chico in an undergraduate or Master’s/Graduate program.
We are welcoming and encouraging others to apply from different fields outside of psychology and social work.

Compensation and Benefits: TBD/hr

Selection Procedure:
Selection will be based on the following materials provided by the candidate as well as an interview.

Candidates should submit the following materials:
1. 1-2 page cover letter addressing the following three areas:
   a. The experiences and qualifications that have prepared you to work as a peer coach.
   b. Your professional aspirations and how you hope an internship with the WellCat Counseling Center would prepare you.
   c. A minimum of three current growth edges that you hope are addressed through this internship.
2. Typed resume
3. Letter of interest

Application due by April 1st, 2022.

PLEASE SUBMIT BY EMAIL TO:
Melissa E. Harter, LCSW
WellCat Counseling Center
400 W. 1st Street
Chico, CA 95929-0702
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“The person holding this position may be considered a ‘mandated reporter’ under the California Child Abuse and Neglect Reporting Act and is required to comply with the requirements set forth in CSU Executive Order 1083 as a condition of employment.”
The University is an Equal Opportunity Employer and does not discriminate against persons on the basis of race, religion, color, ancestry, age, disability, genetic information, gender, gender identity, gender expression, marital status, medical condition, National origin, sex, sexual orientation, covered veteran status, or any other protected status.

Compliance training completion (approx. 4 hours of work time) is required of this position within the first 30 days of work. Student employees not meeting this requirement may be released from employment.

We acknowledge and are mindful that Chico State stands on lands that were originally occupied by the first people of this area, Mechoopda, and we recognize their distinctive spiritual relationship with this land, the flora, the fauna, and the waters that run through campus. We are humbled that our campus resides upon sacred lands that since time immemorial have sustained the Mechoopda people and continues to do so today.