MFT Practicum & Traineeship Evaluation Form  
California State University, Chico

STUDENT:                                       SUPERVISOR:
SEMESTER:    DATE:
SITE(S):

SERVICES PROVIDED (circle all that apply): Individual, Group, Couple, Child, Family

Rating scale:

<table>
<thead>
<tr>
<th>Scale</th>
<th>Description</th>
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<tbody>
<tr>
<td>5= Superior</td>
<td>Needs Some Improvement</td>
</tr>
<tr>
<td>4=Very Good</td>
<td>Needs Considerable Improvement</td>
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<tr>
<td>3=Adequate</td>
<td>N/O = Not Observed</td>
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<th>Comments</th>
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<td>Rating Scale: 1-5 or N/O</td>
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A. Administrative Work

**Overall Participation and Preparation** (session planning, tape reviewing, reading course material, sharing feedback and comments)

<table>
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<th>Record Keeping</th>
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<td>(peer-reviews, treatment plans, and case notes done in a timely manner)</td>
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B. Clinical Work

**Joining Skills**  
(effectively introduce clients to therapy, appropriate use of language, emotional tone, empathy, active listening, provides reflection, paraphrasing, conveys competency and trust)

**Integration of theory with practice**  
(able to articulate theory as it is applied in practice, able to describe interventions that fit with the theory and hypothesize)

**Assessment/information gathering**  
(use of various assessments: interviewing, inventories, genograms, assesses strengths and resources)

**Hypothesizing and/or diagnosis**  
(recognizes and conceptualizes presenting concerns using a theoretical orientation and/or the DSM)

**Intervention-directive skills**  
(uses appropriate confrontation, provides direction, able to manage safety issues, interrupt negative patterns, addresses incongruence between verbal and non-verbal behavior)
### Intervention
(normalizing, solution-building, engenders hope, identifies isomorphism, ability to balance content vs. process focus)

### Appropriate termination
(able to recognize and initiate appropriate conversation around termination, able to use various techniques: engender hope, summarize growth etc.)

### Collegiality
(respectful and positive towards others, helpful)

### Ethics and Professionalism
(knows and observes ethical codes and laws, initiates and maintains appropriate contact with other professionals, professional behavior with clients)

### Use of self /Self of therapist
(genuineness, self-evaluation of strengths and weaknesses; self-awareness of thoughts and emotions including counter-transference, able to manage emotions and behavior; use of self-disclosure, curiosity)

### Use of Supervision
(openness to and use of feedback, prepared to discuss cases, consults with the supervisor regarding potential ethical/law issues)

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**Supervisor Signature:** ______________________________

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**Email to:**
Roxy Eberhardt, LMFT, Interim Training Director
CSU, Chico WellCat Counseling Center
rleberhardt@csuchico.edu

**Deadline:**
Friday, March 25, 2022 at 5:00 p.m. For additional questions regarding this form or the procedure, please contact Roxy Eberhardt at the WellCat Counseling Center via her email address or by leaving a message with front office staff at 530-898-6345. THANK YOU FOR YOUR ASSISTANCE!