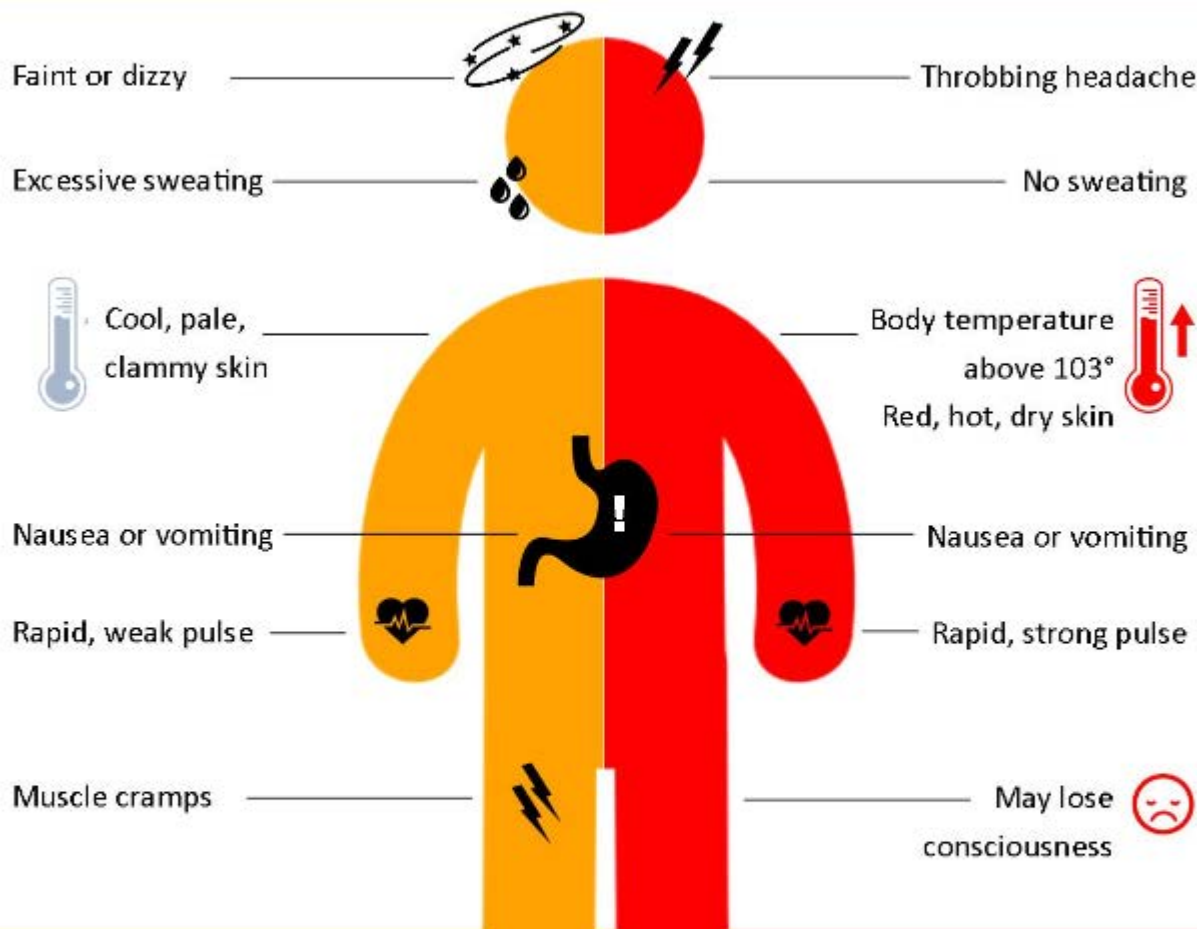


HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

- ## CALL 9-1-1
- Take immediate action to cool the person until help arrives