

I AM A PERSON
WHO WILL

INTERRUPT

ECHO

TOLERANCE.ORG
RESPOND TO EVERYDAY STEREOTYPES AND BIAS
SPEAK UP AT SCHOOL

QUESTION

EDUCATE



TEACHING TOLERANCE
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER
TOLERANCE.ORG

SPEAK UP
AGAINST BIAS

EDUCATE

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A TEACHING TOLERANCE POCKET GUIDE

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SHOULDN'T USE IT.”

IS OFFENSIVE AND WE

I AGREE THAT WORD

SPEAKING UP, ALLISON.

“THANKS FOR

TRY SAYING

voices together create change.

voice is a powerful start. Many

anti-bias message. One person’s

hate, thank her and reiterate her

If someone else speaks up against

ECHO

THAT WORD?”

THE HISTORY OF

“DO YOU KNOW

TRY SAYING

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all hateful speech. Sometimes

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Explain why a term or phrase

EDUCATE

“TELL ME MORE.”

YOU MEAN?” OR

THAT?” WHAT DO

“WHY DO YOU SAY

TRY ASKING

situation.

how you can best address the

the offensive comment and

find out why the speaker made

response to hateful remarks to

Ask simple questions in

QUESTION

PHRASE IS HURTFUL.”

“THAT

LIKE THAT.” OR “I,

TRY SAYING

prepared to act instantly.

say ahead of time so you’re

Think about what you’ll

moment, without exception.

remark—every time, in the

Speak up against every biased

INTERRUPT

ECHO

If someone else speaks up against hate, thank her and reiterate her anti-bias message. One person’s voice is a powerful start. Many voices together create change.

TRY SAYING

“THANKS FOR

SPEAKING UP, ALLISON.

I AGREE THAT WORD

IS OFFENSIVE AND WE

SHOULDN’T USE IT.”

EDUCATE

Explain why a term or phrase is offensive. Encourage the person to choose a different expression. Hate isn’t behind all hateful speech. Sometimes ignorance is at work, or lack of exposure to a diverse population.

TRY SAYING

“DO YOU KNOW

THE HISTORY OF

THAT WORD?”

QUESTION

Ask simple questions in response to hateful remarks to find out why the speaker made the offensive comment and how you can best address the situation.

TRY ASKING

“WHY DO YOU SAY

THAT?” WHAT DO

YOU MEAN?” OR

“TELL ME MORE.”

INTERRUPT

Speak up against every biased remark—every time, in the moment, without exception. Think about what you’ll say ahead of time so you’re prepared to act instantly.

TRY SAYING

“I DON’T LIKE WORDS

LIKE THAT.” OR “THAT

PHRASE IS HURTFUL.”