

Symposium on Wellbeing-Informed Teaching

Sponsored by Innovative Teaching & Future Faculty Development, CSU Office of the Chancellor

Friday, March 15, 2024

Held virtually, via Zoom

10am-12pm

Call for Presenters

The CSU Office of the Chancellor, Innovative Teaching and Future Faculty Development is pleased to announce a **Faculty Symposium on Wellbeing-Informed Teaching**.

History: Over the past 3 years, approximately 900 CSU faculty members have become certified in Mental Health First Aid (MHFA), with more faculty participating in trainings each semester.

Purpose: Beginning with a brief keynote by Professor Mays Imad (Connecticut College), author of "[How to Help students Develop 'Mental Immunity'](#)," this symposium will provide faculty with a space to discuss and share ideas that bridge the concepts learned in MHFA with teaching across disciplines.

Format for Faculty-led Presentations: In the spirit of the Pecha Kucha method (30 slides, 20 seconds each), sessions will be limited to 15 minutes each (10 min. presentation/5 min. Q&A).

Eligibility: Presentations must be led by CSU faculty. Individual presenters, or joint presentations of up to two co-presenters per session, are permitted. CSU faculty may co-present with a student, alumnus, or non-CSU faculty colleague, but at least one presenter must be a CSU faculty member. We welcome both practical and theoretical foci. Topics may include but are not limited to:

- Examples of course design that foster student mental wellbeing
- Practical tips for supporting student mental wellbeing in our multiple faculty roles (e.g. In the classroom, lab, office hours, advising, mentoring, coaching, etc.)
- Student success, academic excellence, and mental wellbeing
- Using our 'oxygen mask' (i.e., ways to maintain our own mental wellbeing as we support our students)
- Assessing student work (e.g., designing assessment strategies that decrease student anxiety)

Submit 200-word proposals [here](#) no later than 5pm on Monday, February 5, 2024.

All applicants will be notified of submission status by February 9, 2024.