



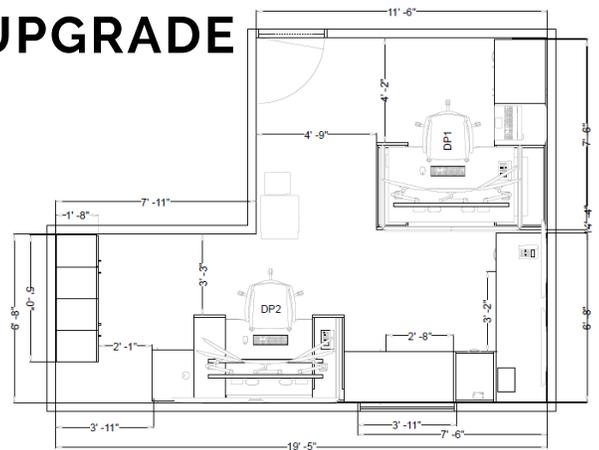
FROM THE OTHER SIDE OF THE TRACKS

FACILITIES MANAGEMENT
& SERVICES
QUARTERLY NEWSLETTER
JANUARY 2020 VOL. 1



PROJECT UPDATE

CHICO STATE POLICE DEPARTMENT DISPATCH UPGRADE



The Chico State Police Dept. Dispatch Upgrade Project was taken on to de-clutter and make better use of the space in the dispatch area. It is a great example of teamwork from a wide array of trades and function groups all working toward a common goal, which included the following personnel:

Contractors:

Simplex Alarms

ATT

RFI

TSRV

NOPS

Watson

Chico State:

Movers

Facility Workers

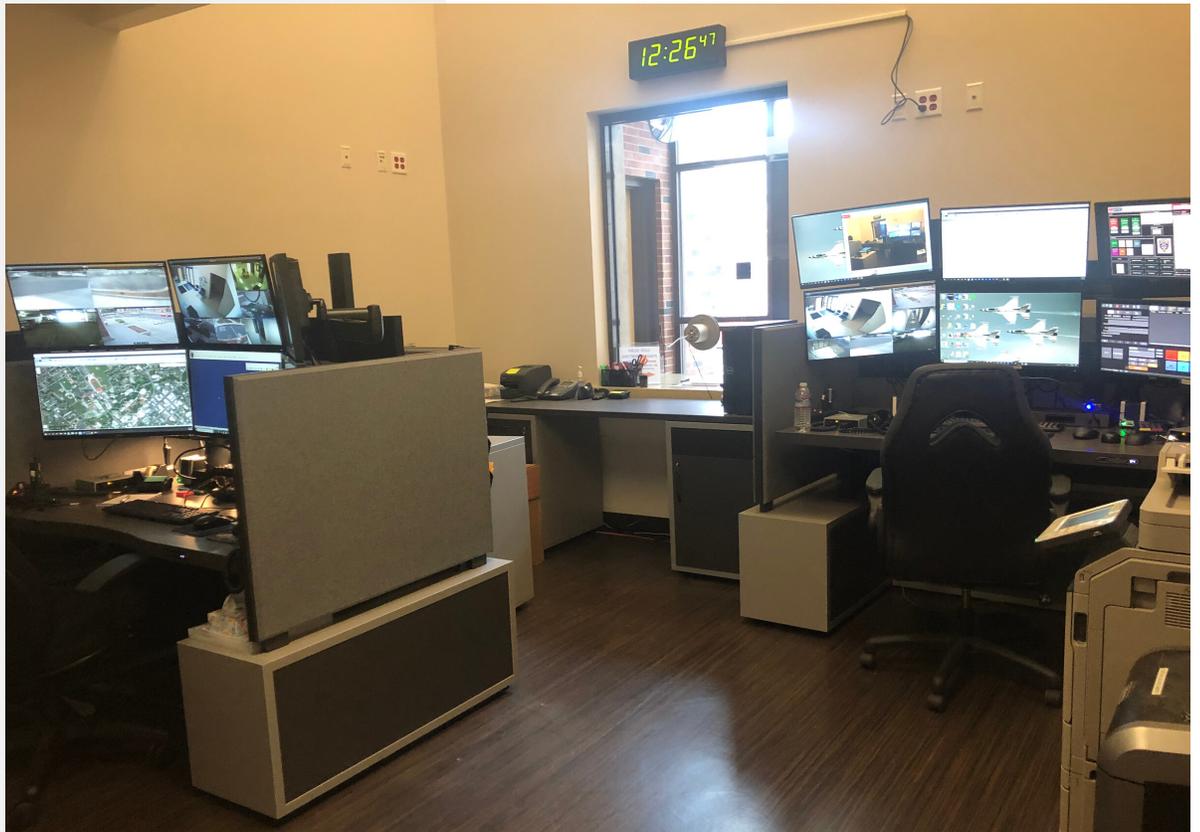
Painters

Electricians

Central Supply

FMS Design

BITS



The project was on a very tight timeline and was completed over break to minimize disturbances to the campus community as it affected many systems including the alarm/security systems across campus.

Update provided by: *Jon Simmons*

GETTING TO KNOW EACH OTHER



LOCKSMITH

Darrell Anderson



What's your favorite part of the job?

The customer interaction.

How do you spend your free time?

Working, hunting, fishing, spending time with my wife, Elva, and hanging out with my Bulldog Rosco.

If they made a movie of your life, which actor/actress would you want to play you?

Jonah Hill (Superbad) or Patrick Renna (Sandlot)

What's something people don't know about you?

I like to garden.

ELECTRICIAN

John Hughes Jr.

What's your favorite part of the job?

Electricity

How do you spend your free time?

I like to spend my free time with my kids & going on new adventures with them.

If they made a movie of your life, which actor/actress would you want to play you?

Vin Diesel

What's something people don't know about you?

I love fixing cars. But not for a living!!

SR. PLANNER/ESTIMATOR/SCHEDULER

Karen Gilmet

What's your favorite part of the job?

I have worked on a wide variety of projects over the years, so I am always being challenged and learning something new. This keeps my job interesting and fun, but it is the design aspect of my job that I really enjoy the most because drafting and design was where I started my career.

How do you spend your free time?

My husband Joe and I live in Orland and are "empty nesters", except for our dog, Lucy. We have 3 sons and 5 grandchildren that we love spending time with, but 2 sons and 4 grand kids live in Missouri so we don't see them as often as we would like. My mom, Lorraine, also lives in Orland and we love getting together for dinner and "game night" about twice a week. I also keep busy as a volunteer board member with three non-profit organizations in Orland. I enjoy movies, jigsaw puzzles, and reading novels, but my favorite pastime is singing with the Glenn Chorale, a community choir, which I have done for about 36 years.

If they made a movie of your life, which actor/actress would you want to play you?

No idea.

What's something people don't know about you?

I have worked at FMS for almost 31 years, so most people don't know that I began as a Drafting Technician I. I had about 10 years prior drafting experience which included a little CAD experience. CAD was a new tool, so I am sure that knowledge helped me land the job. Over the years, I gradually learned more about construction and project management on the job, and was eventually re-classed to a Planner/Estimator/Scheduler.



CUSTODIAN

Adam Doak

What's your favorite part of the job?

My favorite part of the job is being a floater because it gave me a chance to learn all the buildings.

How do you spend your free time?

I love to spend my free time with my seven year old daughter because we are so much alike.

If they made a movie of your life, which actor/actress would you want to play you?

Eddie Murphy

What's something people don't know about you?

I'm taking an online course to eventually get my real estate license.



GROWING TEAM

Welcome New FMS Employees

October 2019 - January 2020



Long Thao

Custodian

Jon Simmons

Manager of

Building Maintenance

Joe Turri

Operating Engineer

Jose Martinez

Operating Engineer

FMS Advancements

Mary Argetsinger

Groundswoker

Cody Hogue

Building Service Engineer



EMPLOYEES OF THE MONTH

Thank you to the following FMS employees
for their hard work and dedication:

Mike Mandry, *October 2019*

Blanca Vazquez, *November 2019*

Jeff Miles, *December 2019*

Karen Gilmet, *January 2020*

DID YOU KNOW?



You can view your paychecks and W2s online!
To register, go to: www.cecpilot.sco.ca.gov



With your Chico State ID card, you can purchase
over-the-counter medications from the
Student Health Center at a ridiculously low cost!
Check out the [price list](#).



SUSTAINABILITY TIP

Weatherize!

Weather stripping doors and windows, improving and adding insulation, and letting sunlight in on cold winter days can greatly improve the temperature of your home and improve your energy efficiency. You can potentially save hundreds of dollars a year with a properly weatherized home!



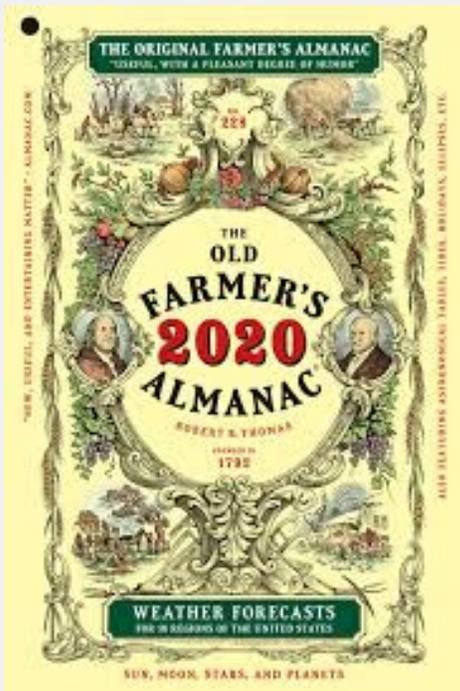
Protip: Keep yourself insulated by eating plenty of warm foods.



Brought to you by: *Alyssa Myers, Thomas McNairn & the Sustainability Team*

SPEAKING OF THE WEATHER

Here are a few interesting facts from the 2020 Farmer's Almanac.



The Almanac calls for above-normal winter precipitation over the eastern third of the country. The Pacific Northwest and Southwest should see near-normal precipitation.

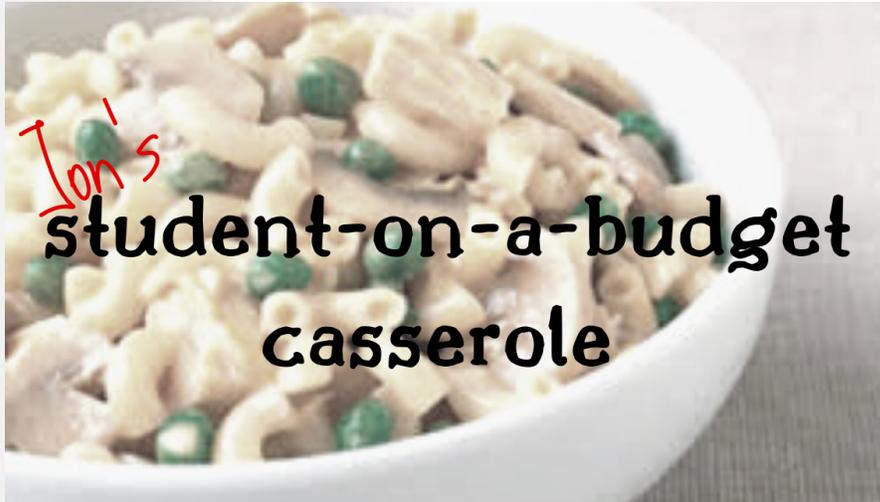
The worst of this year's bitterly cold winter will affect the eastern parts of the Rockies all the way to the Appalachians.

The coldest outbreak of the season should arrive during the final week of January and last through the beginning of February.

According to the long-range outlook, spring will be slow to start. With occasional wet snow and unseasonably chilly conditions, winter will hang on through March and into April.

From The Old Farmer's Almanac, 2020 ed.

SECRET (FMS) FAMILY RECIPES



Ingredients:

- 1 box kraft macaroni & cheese
- 1 can del monte peas (drained)
- 1 can starkist "chunk light" tuna (drained)

Directions: (smother with ketchup) mix together

TMOSS'S NO CHARGE BONELESS CHICKEN THIGHS

an easy recipe for any season

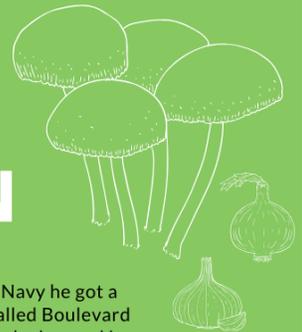
INGREDIENTS

- 8-10 chicken thighs
- 1/3 c. soy sauce
- 1/4 c. brown sugar
- 1 tbsp. honey
- 1 tbsp. olive oil
- 1 tbsp. apple cider vinegar
- 1 tbsp. Sriracha (or to taste)
- 3 garlic cloves minced
- 1 tsp. dried basil
- 1/4 tsp. ginger powder
- fresh ground pepper to taste

DIRECTIONS

Mix together all ingredients. Add the chicken thighs and toss until each is coated. Use tongs to transfer the chicken thighs to the grill. Cook and enjoy!

BRIAN'S BRANDY CHICKEN



When Brian finished his time in the Navy he got a job at a restaurant in Sacramento called Boulevard Bistro. He worked on the line where he learned how to prepare soups, sauces, and various dishes. This is one of his favorite dishes that he learned to prepare.

INGREDIENTS:

- 2 boneless chicken breasts
- 1 c. sliced mushrooms
- 2 tbsp. olive oil
- 1 1/2 tbsp. minced shallots
- 1 1/2 tbsp. minced garlic
- 2 oz. brandy
- 1 c. heavy whipping cream
- 2 tbsp. flour

PREPARATION:

- 1 Lightly flour chicken on both sides
- 2 Preheat pan over medium heat and add oil
- 3 Place chicken in pan and saute 3-4min each side
- 4 Remove from heat and add shallots, garlic, mushrooms, and brandy; allow the brandy to catch fire and when the flame goes out let simmer for 30sec
- 5 Add heavy whipping cream; salt & pepper to taste
- 6 Allow cream to reduce until thick and then plate with rice and veggies

Submissions by:
Jon Simmons
Thomas DuSell
Brian Cross



EMPLOYEE ANNIVERSARIES

1/20 - 3/20

Steven Friedrich, *Custodian* 25yrs. on 2/24/20

Tim Moody, *Laborer* 20yrs. on 3/19/20

Carl Gervasi, *Painter* 5yrs. on 3/9/20

Brian Faria, *Facility Worker II* 5yrs. on 3/16/20

Michael Groom, *Custodian* 5yrs. on 3/16/20

Antonia Magana, *Custodian* 5yrs. on 3/26/20

Michelle Mullinax, *Custodian* 1yr. on 2/4/20

Matthew Gray, *Carpenter* 1yr. on 3/4/20

**THANK YOU TO ALL THOSE WHO
CONTRIBUTED TO THE JANUARY
QUARTERLY FMS NEWSLETTER**

CREATED BY: AMANDA DUBNER & ANNALISSE DE VROOME