**My Gender Aptitude**

1. Which of the following most accurately describes you?
   1. I’m a real man.
   2. I’m a real woman.
   3. I’m not a real man or a real woman, but I’d like to be.
   4. None of the above. I’m something else entirely.
2. Have you ever worn clothes of the “opposite sex?”
   1. No
   2. Yes
3. When you go to a department store to buy yourself clothing, do you shop mostly in a department labeled for your assigned gender?
   1. Yes
   2. No, because sometimes the other departments have stuff that fit me better.
   3. Yes because it’s very important to me to do that.
   4. I will shop in any department for *anything* that’s fabulous.
4. Has someone ever accused you of being not really a man or not really a woman?
   1. No.
   2. Yes.
   3. No, but I’ve felt that myself.
   4. Yes, and I’ve had to agree with them.
5. Have you ever been mistaken for being a member of a gender other than that which you think you’re presenting?
   1. No.
   2. Yes.
   3. Yes, but not as frequently as I used to be.
   4. I intentionally try to confuse people.
6. Have you ever been discriminated against, harassed or attacked because of your gender presentation?
   1. No.
   2. No, I’ve been careful.
   3. Yes, and it happens to women every hour of the day.
   4. Yes.
7. If you fell in love with a heterosexual woman, you would be
   1. Pleased as punch.
   2. Really confused.
   3. Nervous as hell.
   4. Curious, curious, curious.
8. If you fell in love with a heterosexual man, you would be
   1. Reassuring yourself that the ancient Greeks had friendships like that.
   2. Pleased as punch.
   3. Nervous as hell.
   4. Curious, curious, curious.
9. If you fell in love with a lesbian, you would be
   1. Apprehensive but titillated.
   2. Nervous as hell.
   3. Pleased as punch.
   4. Curious, curious, curious.
10. If you fell in love with a gay man, you would be
    1. Reassuring yourself that the ancient Greeks had friendships like that.
    2. Resigned to your fate.
    3. Pleased as punch.
    4. Curious, curious, curious.
11. If you fell in love with a man who used to be a woman, you would be
    1. Convinced that he’s really a woman and you’re not really gay.
    2. Really confused.
    3. Nervous as hell.
    4. Curious, curious, curious.
12. If you fell in love with a woman who used to be a man, you would be
    1. Concerned how well she would pass in public.
    2. Wondering why you couldn’t have met her before her change.
    3. Nervous as hell.
    4. Curious, curious, curious.
13. Which one of the following statements most nearly matches your idea of gender?
    1. Gender simply is.
    2. I’ve been working on my own gender for a long time, and I’m getting to the point where I may actually have made it my own.
    3. I think there’s a lot about gender that we don’t know about yet, and I wonder why that might be.
    4. Gender is what happens to me when I get dressed in the morning.

Adapted from Kate Bornstein. *My Gender Workbook*. New York: Routledge, 1998.