



Journalism & Pre-Nursing Cross-Major Planning Guide *Public Relations Option*

Use this planning guide in careful consultation with [Academic Advising](#), the [Chico State Catalog](#), and your Degree Progress Report.

If you have an interest in writing, collaborative work, and social media, the journalism and public relations (JOUR) major with an option in public relations may be the right fit for you. In this major, you'll learn about strategic messaging across multiple platforms, brand management, communications, and community outreach.

Potential Career Opportunities:

- Pharmaceutical communications manager
- Public health communicator
- Health-care PR specialist
- Social media specialist



SEMESTER ONE	
MATH 105 (GE Area A4)	3.0
BIOL 103 or BIOL 104 (GE Area B2)**	4.0
GE Area A1	3.0
JOUR 130W (GE Area A2)	3.0
PSYC 101* (GE Area D2)	3.0
Total Units	16.0

SEMESTER TWO	
BIOL 103 or BIOL 104 (GE Area B2)**	4.0
CHEM 107 or CHEM 108 (GE Area B1)**	4.0
JOUR 260W	3.0
CMST 255 (GE Area A3)	3.0
CHLD 252 (GE Area E)	3.0
Total Units	17.0

SEMESTER THREE	
BIOL 211 (GE Area B2)	4.0
JOUR 265	3.0
NFSC 100* (GE Area E)	3.0
ANTH 113* or SOCI 100* (GE Area D1)	3.0
KINE 152 (GE Area C1) or GE Area C2	3.0
Total Units	16.0

SEMESTER FOUR	
JOUR 320	3.0
JOUR Group A Elective	3.0
JOUR Group B Elective	3.0
KINE 152 (GE Area C1) or GE Area C2	3.0
HIST 130 or POLS 155	3.0
Total Units	15.0

*Classes marked with one asterisk indicate classes that meet the pre-nursing program preferred prerequisites

**It's highly recommended that you *do not* take BIOL 103 and any chemistry course concurrently

***Classes in BOLD indicate classes that meet both majors' GE requirements