



## Nutrition and Food Science & Pre-Nursing Cross-Major Planning Guide *General Dietetics Option*

Use this planning guide in careful consultation with [Academic Advising](#), the [Chico State Catalog](#), and your Degree Progress Report.

If you're interested in learning how the body uses nutrients for overall well-being, culinary skills, and how nutrition is related to disease, the nutrition and food science (NFSC) major with an option in general dietetics may be right for you. In this major, you'll learn about nutrition and disease, human nutrition, and food science skills.

### Potential Career Opportunities:

- Clinical dietitian
- Nutrition manager
- Food-service director
- Community nutrition



SEMESTER ONE	
MATH 105 (GE Area A4)	3.0
BIOL 103* or BIOL 104 (GE Area B2)**	4.0
GE Area A1	3.0
GE Area A2	3.0
PSYC 101 (GE Area D2)	3.0
<b>Total Units</b>	<b>16.0</b>

SEMESTER TWO	
BIOL 103* or BIOL 104 (GE Area B2)**	4.0
<b>CHEM 107 or CHEM 108 (GE Area B1)**</b>	4.0
NFSC 155	1.0
GE Area A3	3.0
CHLD 252 (GE Area E)	3.0
<b>Total Units</b>	<b>15.0</b>

SEMESTER THREE	
BIOL 211 (GE Area B2)	4.0
NFSC 120	3.0
NFSC 100* (GE Area E)	3.0
ANTH 113 or SOCI 100 (GE Area D1)	3.0
GE Area C1 or GE Area C2	3.0
<b>Total Units</b>	<b>16.0</b>

SEMESTER FOUR	
<b>CHEM 107 or CHEM 108 (GE Area B1)**</b>	4.0
NFSC 122	2.0
NFSC 340	3.0
<b>HIST 130 or POLS 155</b>	3.0
GE Area C1 or GE Area C2	3.0
<b>Total Units</b>	<b>15.0</b>

\*Classes marked with one asterisk indicate classes that only meet the pre-nursing program preferred prerequisites

\*\*It's highly recommended that you *do not* take BIOL 103 and any chemistry course concurrently

\*\*\*Classes in BOLD indicate classes that meet both majors' GE requirements