WELCOME BACK

As our students are enjoying their home away from home, we want to give a little reminder about important dates for the fall 2018 semester!

IMPORTANT FALL DATES

NOVEMBER
11/12/18 Monday Veteran’s Day – Campus Closed
11/16/18 Friday Halls (excluding UV & Konkow) close at 6:00 PM for Thanksgiving
11/19 – 11/23/18 Thanksgiving Break – No classes held
11/25/18 Sunday Halls open at 9:00 AM

DECEMBER
12/17 – 12/21/18 Final Exams – Fall 2018 semester ends
12/21/18 Friday Halls (excluding UV & Konkow) close at 6:00 PM for winter break
12/24/18-1/21/19 Winter Break
1/18/19 Friday Halls open at 9:00 AM
1/22/19 Tuesday Classes Begin

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The Hub is a common space at University Housing where residents can gather with friends, study, watch TV and movies, grab a snack and can play video games. There are two locations, one in Sutter Courtyard and another at University Village.

There are a lot of games in the Hub—from Chess to Cards Against Humanity. If you are out of "guest" passes into your hall—come hang out at the Hub. We have a microwave if you want to heat up a quick snack. We have office supplies if you need something stapled!

The Hub offers a lot of free events—from our Crafty Cats program for residents and their friends to make fun crafts to our Friday ‘Late Night in the Hub’ events between 10 PM–1 AM. FREE FOOD is often included in ‘The Late Night in the Hub’ events.

Free Tutoring is offered in the Hub. The times and areas of focus will be posted in the Hub.

Don’t forget about The Hub @ UV! Check out our brand new Hub in University Village’s North Programming Building! There are Up Late events held at The Hub @ UV twice a month, so stay connected on our social media to find out about all of our fun events coming up!

The Hub at Sutter Courtyard hours for the 2018-2019 school year are: Monday–Thursday: 8am–10pm/Friday: 8 AM–2 AM/Saturday: 2 PM–2 AM/Sunday: 2 PM–10 PM

The Hub at UV hours for the 2018-2019 school year are: Monday–Thursday: 2 PM–10 PM/Friday: 8 AM–2 AM/Saturday: 2 PM–2 AM/Sunday: 2 PM–10 PM
# Fall Semester Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>SATURDAY, OCT. 6th</td>
<td><em>Incredibles 2</em> playing in Glenn Lawn</td>
<td></td>
<td>8:30 PM</td>
</tr>
<tr>
<td>SUNDAY, OCT. 7th</td>
<td>North Side Brunchin’</td>
<td>In North Campus Mechoopda Lounge</td>
<td>11:00 AM - 1:00 PM</td>
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<tr>
<td>TUESDAY, OCT. 9th</td>
<td><strong>Crafty Cats: Tie Dye T-Shirts</strong></td>
<td>In Sutter Courtyard</td>
<td>6:00 PM</td>
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<tr>
<td>WEDNESDAY, OCT. 10th</td>
<td><strong>Crafty Cats: String Art</strong></td>
<td>In The HUB</td>
<td>6:00PM - 8:00PM</td>
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<tr>
<td>WEDNESDAY, OCT. 11th</td>
<td><strong>‘The S Word’ Movie and Discussion</strong></td>
<td>In The HUB</td>
<td>6:00PM - 8:00PM</td>
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<tr>
<td>THURSDAY, OCT. 12th</td>
<td><strong>Up Late in The HUB</strong></td>
<td></td>
<td>10:00PM - 2:00AM</td>
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<tr>
<td>FRIDAY, OCT. 13th</td>
<td><strong>Up Late in The HUB</strong></td>
<td></td>
<td>10:00PM - 2:00AM</td>
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<tr>
<td>OCT. 15th-18th</td>
<td><strong>Spirit Week</strong></td>
<td>In All Resident Halls</td>
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**The Hub Hours at Sutter Court**
- Monday–Thursday: 9AM–10PM; Friday: 9AM–2AM
- Saturday: 2PM–2AM; Sunday: 2PM–10PM

**The Hub Hours at UV**
- Monday–Thursday: 4PM–10PM; Friday: 4PM–2AM
- Saturday: 2PM–2AM; Sunday: 2PM–10PM
Student Offers “Six Rules” Every Parent/Guardian Should Know

The following “rules” may be helpful in understanding and supporting your student throughout their college year.

**RULE 1**
Write, text or email (even if they don’t write back). Freshmen are typically eager to experience all the away from home independence they can in those first few weeks, but most are still anxious to maintain family ties and the security those ties bring. Even though 99 percent of freshmen won’t ever admit it, they love news from home, however, mundane is may seem to you. There is nothing more depressing than a week of empty mailboxes (whether “real” or “virtual”) but don’t expect a reply to every point of contact you make.

**RULE 2**
Ask questions (but not too many). College freshmen are “cool” (or so they think) and have a tendency to resist interference with their new found lifestyle, but most still desire the security of knowing that someone is still interested in them. Feel free to give advice on particular academic majors but do not insist on your student declaring a major during his/her freshman or even sophomore year. The educational system is designed to allow students to explore all sorts of alternatives to a life-long plan and career goal. Try for the supportive, relief-giving style rather than the alienating, nag effect. Besides, everyone has two years of “general education” courses to complete. It’s a time for some exploration.

**RULE 3**
Expect change (but not too much). Your student will change (either drastically within the first months, slowly over four years or somewhere in between the two). It is natural, inevitable and it can be inspiring and beautiful. Often it is a pain in the neck. A pre-Med student may discover that biology is not her thing at all. Also, it is important to note that the average student changes his or her major at least three times during the four years of college. The main thing is to be patient…and that completing a “four year” degree in four years is the exception.

**RULE 4**
Don’t worry (too much) about frantic calls or letters. Often, troubles become too much for a freshman to handle (a bad grade, deteriorated relationship and a shrunken T-shirt all in one day) and the only place to run is home. In such a “crisis” our student unloads the trouble of tears and returns to the routine, relieved and enlightened, while you inherit the burden of worry.

**RULE 5**
Don’t tell them: “These are the best years of their lives.” Any parent who believes that all college students get good grades, know what they want to study, always have activity-packed weekends and thousands of close friends, and lead carefree, worry-free lives is wrong. So are the parents who think “college-educated” means “mistake-proof.” Parents who perpetuate and insist upon that “best years” stereotype are working against their child’s already difficult self-development. Those who accept and understand the highs and lows of their student’s reality are proving the support and encouragement where it is needed the most.

**RULE 6**
Trust them. Finding yourself is a difficult enough process without feeling that the people whose opinions you respect most are second-guessing you. One of the most important things my mom ever wrote to me in my four years at college was this: “I love you and want for you all the things that make you the happiest; and I guess you, not I, are the one who knows best what those things are.” She wrote that during my senior year. If you’re smart, you’ll believe it, mean it and say it now.

Ian Michelin, a student at Western Washington University, wrote this article after she graduated. This article was reprinted with permission from Reflections, the quarterly newsletter of the WWU Office of University Residences.
UMatter is an initiative funded by a grant awarded to Chico State by the California Mental Health Services Administration in 2013 using funds from California State Proposition 63. This start-up program is designed to eliminate negative stigmas and to promote healthy student interaction and positive mental health practices.

This program aims to:
- increase awareness about how mental health and mental illness impacts our students.
- decrease the stigma that prevents students from accessing help.
- increase bystander intervention if students, staff, or faculty see a student in distress.

UMatter comprises a team of psychologists, staff, and interns from all grade levels and various majors. Contributing expertise ranges from psychology, to business, to biology, and everything in between.

Program services include presentations on mental health topics to classes and other groups, contributing to events with an array of tabling and activities, and partnering with other on campus organizations to promote and social justice among all of California State University, Chico. UMatter staff and interns actively work on expanding our background of research and program development. We build an online collection of various resources through our social media program. Most visibly, we are working on a deep collection of presentations and events for use throughout the school year.

Here is a UMatter PSA. This video is credited to Brenna Burk: 
https://www.youtube.com/watch?time_continue=2&v=HCIY11b903o

Permission granted to reprint content by UMatter Office
In recent years, the City of Chico and the campus community have worked together to create solutions to keep our community members as safe as possible. Significant efforts have been made to combat the possibility that Chico will become a destination Halloween celebration environment. To that end, University Housing has instituted a no guest policy for all on campus residence halls and University Village (UV) during the Halloween period. This policy is in continued support of the larger Chico Community’s effort to limit the number of out-of-town guests, thus returning any celebration back to the local residents of our city. This year, the no guest policy begins on Thursday, October 25, at 8:00 pm and ends at 8:00 am on Thursday, November 1. Specific details and information will be available from Residential Life staff members if you or your students have questions.

**NOTE:** Other no guest time periods include Labor Day Weekend, St. Patrick’s Day week, and the Cesar Chavez holiday weekend.

We encourage all students to give some thought to costume choices. This reminder is posted throughout campus.
UNIVERSITY HOUSING LEADERSHIP OPPORTUNITIES

Want your student to get involved on campus and with the residents that live here on campus? University Housing offers some great opportunities for them.

THE RESIDENCE HALL ASSOCIATION (RHA) serves residents by creating a living and learning experience within University-owned residence halls. RHA serves as a representative body and voice between residents and the Associated Students, University Administration, student organizations, residence hall staff, and the Chico community.

HUB PRODUCTIONS is responsible for creating a variety of weekly events and special programs especially for students living in the residence halls. Our line-up includes late night events, craft nights, thought-provoking diversity events, and creative academic enrichment programs.

THE COMMUNITY COUNCILS (COCO) are the official governing body of their respective communities in conjunction with the Residence Hall Association (RHA) of CSU, Chico. COCO is a great student leadership opportunity to represent and impact the residential community. COCO members work together to plan and present fun programs for the residents of our halls, coordinate community-wide service programs, propose facility changes and improvements, and gain valuable experiences and skills in leadership, teamwork, and community building.

Encourage your student to talk with their Resident Advisors or Resident Community Coordinator to find out more.
The Chico State Career Center and all academic departments at CSU, Chico share a similar mission: to prepare our students for meaningful and productive lives beyond our campus corridors. Whether students are gearing up for graduate school, an internship, or a full time position, they will benefit from the partnerships that are forged between the Career Center and your department.

As parents and guardians, you are an excellent referral source. You have continuous contact with students and many of them turn to you for advice and guidance. Faculty and staff members should feel free to refer students to the Career Center at any point that a career-related question arises. We consider our office to be a one-stop center for career planning and internship and career assistance. We have six professional advisors plus support staff to service the career needs of our students. Below are just a few of our services that may be of particular interest to you when referring your students to the Career Center.

SERVICES AVAILABLE FOR ALL MAJORS INCLUDE:

Drop-In Advising Hours  
Monday–Friday (while school is in session)  
1:00 PM–4:00 PM, SSC 270

One-on-One Career & Internship Advising  
On-Campus Recruiting  
Resume & Cover Letter Assistance  
Interview Preparation  
Career Fairs & Workshops  
Help with Choosing a Major  
Career Assessments and Interpretations  
Resources for Occupational Research  
Help with Grad School Selection and Application Materials

Thank you for referring your students!

UPCOMING CAREER FAIR EVENTS

Career and Internship Job Fair  
WEDNESDAY, NOVEMBER 7, 2018  
10:00 AM–2:00 PM, BMU

The Career and Internship Job Fair is open to students and alumni from all majors seeking career positions and internships. Employers represent business, government, non-profit, technical, healthcare and social services, and local Chico sectors. This fair is a great opportunity for students to explore career interests/options and make valuable contacts for the future.

HealthShare  
WEDNESDAY, NOVEMBER 14, 2018  
3:00 PM–4:30 PM, BMU 203

This event will feature a panel of professionals from health-related organizations. The panelists will share about their organizations and opportunities for internships and career positions. A question and answer session will follow and then students will get to step up to booths with representatives from each organization offering materials and more time to answer questions.

Attendee limit: 100

Education Hiring Fair  
SATURDAY, MARCH 9, 2019  
10:00 AM–1:00 PM, BMU

School districts from all over California are looking to meet and hire future teachers and education leaders in their districts. This career fair is a must for those who want to learn more about a career in teaching at the K-12 level, start networking early, or talk to hiring officials. You do not have to be a Chico State student or alumni to attend—all are welcome. No need to pre-register.

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A WORD ABOUT LIVING OFF CAMPUS

I had the pleasure of meeting many of you during summer orientation where we discussed various aspects of off-campus living while attending CSU, Chico.

Over the past 40 years, I have experienced Chico State as an alum, a former off-campus housing provider, and Chico’s mayor, viewing students as they integrate into the local community. While students may face challenges as they transition into the off-community, typically these are not difficult to overcome with a little guidance and assistance.

One suggested guidance relates to the abundance of new off-campus student housing constructed recently in our campus-area neighborhoods. An increased inventory has led to some aggressive leasing strategies by certain housing providers. Encourage your student to avoid making decisions without consulting family, friends and trusted advisors or encourage them to call me with questions or concerns. **If your student is 18 years or older, know that they can be legally bound by a lease contract** without your knowledge or approval resulting in a significant financial obligation. Please encourage them to make a careful and informed decision.

As you learned during “Summer O,” a key student resource is our off-campus website [www.csuchico.edu/offcampus](http://www.csuchico.edu/offcampus). Your student can access this site for various rental tools and community resources. Ask them to consider taking advantage of the **Rental Housing Certification Program**. This 45-minute web-based instruction and corresponding test will equip them with knowledge of their rights and responsibilities when transitioning to our campus-area neighborhoods and may local landlords will **waive applications fees** for those who present their certificate of completion when they apply for housing. Consider offering your often required co-signature after they have successfully completed the program.

Off-Campus Housing Connections, also found on this website, is a valuable tool to identify property owners and managers who historically work closely with the University. The list provides a link to their individual websites where you will find detailed property descriptions and availability lists, a valuable resource when searching for local rental housing.

Please let me know if you have any questions regarding any aspect of your student’s Chico experience. You can reach me at 530-898-6131 or via email at dpherbert@csuchico.edu.

I am committed to insuring your student’s success as they integrate into the Chico community.

Sincerely,

Dan Herbert
Director Off-Campus Student Services