

CSU'S GOT TALENT

2024 WEBCAST SERIES



Presented by Systemwide Learning & Development



10am-11am PT **JUNE 18**

Jennifer Moss

Acclaimed Workplace Well-being Expert, Speaker & Author

The Burnout Epidemic

A Candid Conversation about Balancing Wellbeing and Performance



Micro-affirmations

Nurturing a Culture of Care through Small but Powerful Gestures

JULY 16 10am-11am PT

Viet Hoang

Speaker & Trainer Partner at Pint Size Ideas



10am-11am PT **SEPT 18**

Fuscia Sirois, Ph.D.

Professor of Social & Health Psychology, University of Durham, UK



Procrastination

What It Is, Why We Do It, and What You Can Do About It



Frugal Innovation

Co-building a Better World with Less

OCT 16 10am-11am PT

Navi Radjou

Innovation & Leadership Advisor Bestselling Author Thinkers50 Innovation Award Winner



10am-11am PT **NOV 13**

Lizette Ojeda, Ph.D.

Executive Coach, Expert in Intersectionality, Impostor Syndrome & Burnout



Outsmarting Impostor Syndrome

How to Own Your Zone of Brilliance with More Confidence and Less Stress