

9. Health Considerations

Whenever you experience or witness an emergency, you must act responsibly and take immediate action.

FROM ANY TELEPHONE
<h1>Call 911</h1>
<h2>State the problem</h2>
<h2>Give your location</h2>
<p>Ambulance (paramedics), Police and/or Fire Department will be sent to the location.</p>

Caution: If the emergency is NOT life threatening, please do not call 911. Rather, call any of the local taxi cabs or your neighbor and get transportation to either the local hospital or to an Emergency Care facility. There are two main reasons for this caution: In the first place, a 911 call should be made **ONLY** in life threatening cases. Secondly, the cost of a 911 emergency response is extremely high.

In the event that you have called 911 or had a non-life threatening emergency, as soon as you are able, please use the contacts below to notify the University of the problem. The University Police can contact James Luyirika- Sewagudde, Jr. or other OIE staff member after office hours on your behalf.

University Police	530 898 5555
James Luyirika-Sewagudde, Jr	530 898 5721
Office of International Education	530 898 5415
Faculty/Staff sponsor	

Health Insurance Coverage: As a Visiting Scholar (not a student) **you are not eligible to use the Student Health Center.** This is one of the reasons why you are required to provide evidence of Health Insurance coverage for you and for any of your J-2 dependent(s) who may be with you during your exchange program. Coverage must be maintained at all times.

Hospitals and Medical Care

The Health Care system in the United States is different from that of your home country. Here, each time you are seen by a doctor (physician), go to the hospital or clinic, you will be charged. In most cases, going to the hospital will be more expensive than the emergency clinic.

Enloe Hospital: 530-891-7300

Enloe Hospital is on the corner of W. 5th Avenue and the Esplanade. In any extreme and life threatening emergency, 911 should be called for an ambulance. In a lesser cases, the patient may be driven to the hospital emergency room.

Hospital care and cost

It is important to know that going to the hospital emergency room is very expensive. You should, whenever possible visit one of the Medical Care facilities listed below.

Medical Clinics

We know that you will take care of your health. We do encourage you to have health concerns addressed, no matter how small they may seem. Doing so as early as possible will prevent unnecessary complications. Below we have listed several medical clinics which you may access. These clinics take patients without an appointment. You have to pay for the services at the time of your visit. You would then follow-up with your health insurance carrier for reimbursement.

Medical Clinics

<p>Chico Immediate Care Center 376 Vallombrosa, Telephone: 530-891-1676 Open: 7 AM to 11 PM daily</p>	<p>Convenient Care 670 Rio Lindo Ave. #300 Telephone: 530 345 1675 Open Monday - Friday: 8 AM to 6 PM Saturday/Sunday 9 AM-1 PM</p>
<p>Shalom Free Clinic 1190 E. First Ave 530 518 8300</p>	<p>Women's Resource Clinic 115 West 2nd Ave Chico CA 95926 Telephone: 530 897-6101</p>
<p>Enloe Children's Health Center 277 Cohasset Rd. Chico CA 95926 Telephone: 530 332-6000</p>	<p>Mangrove Medical Group 1040 Mangrove Ave Chico, CA 95926 Telephone: 530 345 0064</p>