Nutrition and Food Sciences’ Advising Newsletter

Sign Up for Fall 2019 Classes! See your advisor ASAP!

Registration: April 22nd – May 17th: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

Courses offered both fall and spring

NFSC 100 – Basic Nutrition
See class schedule

NFSC 120 – Elementary Food
Dis TR 1:00 p.m. – 1:50 p.m.
Lab R 2:00 p.m. – 4:50 p.m.
Lab F 8:00 a.m. – 10:50 a.m.
Lab F 11:00 a.m. – 1:50 p.m.
Lab S 11:00 a.m. – 1:50 p.m.

NFSC 200W - Health at Every Size
See class schedule

NFSC 303 – Nutrition and Physical Fitness
See class schedule

NFSC 310 – Ecology of Human Nutrition
See class schedule

NFSC 318 – Nutrition and Disease
Lec MWF 9:00 a.m. – 9:50 p.m.

NFSC 340 – Human Nutrition
Dis MWF 1:00 p.m. – 1:50 p.m.
Dis MWF 2:00 p.m. – 2:50 p.m.

NFSC 345W – Diet Supplements & Functional Foods
Lec MWF 10:00 a.m. – 10:50 a.m.

NFSC 360 – Nutrition Through the Life Cycle
Dis MWF 9:00 a.m. – 9:50 a.m.

NFSC 365 – Nutrition Counseling & Education
Sem TR 12:30 p.m. – 1:45 p.m.

NFSC 430 – Foodservice Procurement and Mgmt
Lec TR 3:00 p.m. – 4:50 p.m.

NFSC 431W – Foodservice Equipment & Production
Dis MW 3:00 p.m. – 3:50 p.m.
Lab M 4:00 p.m. – 4:50 p.m.

NFSC 465 – Community Nutrition
Lec W 4:00 p.m. – 6:50 p.m.

NFSC 489/489c – Externship
See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 490 – Literacy in Nutrition Research
Lec R 10:00 a.m. – 10:50 a.m.

Courses offered fall only

NFSC 320 – Science of Food
Dis MW 8:00 a.m. – 8:50 a.m.
Lab T 8:00 a.m. – 10:50 a.m.
Lab T 2:00 p.m. – 4:50 p.m.
Lab T 5:00 p.m. – 7:50 p.m.
Lab W 11:00 a.m. – 1:50 p.m.
Lab W 3:00 p.m. – 5:50 p.m.
Lab R 8:00 a.m. – 10:50 p.m.

NFSC 403 – Sports Nutrition
Lec MW 5:00 p.m. – 7:50 p.m.

NFSC 440 – Advanced Human Nutrition
Sem TR 8:00 a.m. – 9:50 a.m.

NFSC 457 – Futures in Dietetics
Lec F 10:00 a.m. – 10:50 a.m.

NFSC 469 – Nutrition and Aging
Lec TR 11:00 a.m. – 12:15 p.m.

NFSC 470 – Medical Nutrition Therapy I
Lec MWF 2:00 p.m. – 2:50 p.m.
Act F 11:00 a.m. – 12:50 p.m.
Act R 6:00 p.m. – 7:50 p.m.

Fall 2019 graduate courses

NFSC 560 – Ad. Training in Motivational Int.
Lec W 12:00 p.m. – 1:50 p.m.

Lec T 2:00 p.m. – 4:50 p.m.
Act R 2:00 p.m. – 3:50 p.m.

NFSC 642 – Topics in Vitamins & Minerals
Sem W 4:00 p.m. – 6:50 p.m.

NFSC 660 – Nutrition Education
Sem T 5:00 p.m. – 7:50 p.m.

Courses offered spring only

NFSC 425 – Advanced Food Science
NFSC 429W – Cultural Food
NFSC 455 – Futures in Nutrition & Food Sciences
NFSC 468 – Child Nutrition
NFSC 471 – Medical Nutrition Therapy II

Summer 2019 Courses

More information on website:
http://rce.csuchico.edu/schedule/credit/2131-a13

NFSC 100 – Basic Nutrition
7/02-7/26 Online

NFSC 200W – Health at Every Size
6/04-6/28 Online

NFSC 303 – Nutrition/Physical Fitness
6/04-6/28 Online

All classes subject to change. Please check the class schedule for most current information.
Graduation Information

Students file for graduation one year ahead of the planned graduation date.
If you plan to graduate Spring 2020, the filing date is May 15th, 2019.
If you plan to graduate Fall 2020, the filing date is December 15th, 2019.

It’s still not too late to file for Fall 2019 graduation. Apply ASAP if you have not already done so!

Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit:
http://www.csuchico.edu/evaluations/forms/grad_app.shtml

If you are graduating in Fall 2019 (and have not yet applied for graduation), Spring 2018, or Fall 2018, you need to review your degree progress report with your designated faculty member - see contact information below.

Spring Graduation Ceremonies
Graduate: Thursday, May 16, 2019
Undergraduate: Friday, May 18, 2019, 8:30 a.m.

Do you know who your advisor is?

<table>
<thead>
<tr>
<th>Option/Career Interest</th>
<th>Advisor</th>
<th>Office/Extension</th>
<th>Office Hours</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>New to Major? Unsure of Career Goals?</td>
<td>Dr. Michelle Morris</td>
<td>Holt 355</td>
<td>R 2:00p-3:20p</td>
<td><a href="mailto:mrmorris@csuchico.edu">mrmorris@csuchico.edu</a></td>
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<td>x4757</td>
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<td>Interested in becoming a Registered Dietitian Nutritionist?</td>
<td>Dr. Katie Silliman</td>
<td>Holt 324</td>
<td>M 12:00p-2:00p</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a></td>
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<tr>
<td></td>
<td>(Last Name: A-H)</td>
<td>x6245</td>
<td>T 10:00a-12:00p</td>
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<td>W 2:30p-3:30p</td>
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<td>Dr. Lauren Housley</td>
<td>Holt 314</td>
<td>M 9:00a-11:00a</td>
<td><a href="mailto:lhousley@csuchico.edu">lhousley@csuchico.edu</a></td>
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<tr>
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<td>(Last Name: I-R)</td>
<td>x4762</td>
<td>WF 10:00p-11:00a</td>
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<td>Stephanie Bianco</td>
<td>Holt 334</td>
<td>T 1:00p-3:30p</td>
<td><a href="mailto:sbianco@csuchico.edu">sbianco@csuchico.edu</a></td>
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<td>(Last Name: S-Z)</td>
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<td>Option in Dietetics Advisor</td>
<td>Courtney Clark</td>
<td>Holt 330</td>
<td>T 9:00a-12:00p</td>
<td><a href="mailto:clclark@csuchico.edu">clclark@csuchico.edu</a></td>
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<td>R 10:00a-1:00p</td>
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<td>School Food Service or a becoming a Certified Dietary Manager?</td>
<td>Dr. Joan Giampaoli</td>
<td>Holt 326</td>
<td>MW 9:00a-10:50a</td>
<td><a href="mailto:jgiampaoli@csuchico.edu">jgiampaoli@csuchico.edu</a></td>
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<td>F 10:00a-10:50a</td>
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<td>Nutrition Education, Lactation Education, or Sports Nutrition?</td>
<td>Dr. Julie Holland</td>
<td>Holt 322</td>
<td>RF 8:30a-10:30a</td>
<td><a href="mailto:jmholland@csuchico.edu">jmholland@csuchico.edu</a></td>
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<td>Food Science, Agriculture, Marketing, Sustainability, or Media and Writing?</td>
<td>Dr. Maria Giovanni</td>
<td>Holt 336</td>
<td>M 9:30a-12:30a</td>
<td><a href="mailto:mgiovanni@csuchico.edu">mgiovanni@csuchico.edu</a></td>
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<td>R 10:30a-12:30a</td>
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<td>Allied Health Career such as Nursing, Physician Assistant, etc?</td>
<td>Dr. Katie Silliman</td>
<td>Holt 324</td>
<td>See above</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a></td>
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Related Programs:

Masters in Nutritional Science | Dr. Keiko Goto     | Holt 328         | T/R 10:00a-12:00p     | kgoto@csuchico.edu           |
|                              |                    | X6767            |                       |                              |
| Minor in Food Service Administration | Dr. Joan Giampaoli | Holt 326         | See above             | jgiampaoli@csuchico.edu      |
|                              |                    | X6410            |                       |                              |
| Minor in Nutrition            | Dr. Katie Silliman | Holt 324         | See above             | ksilliman@csuchico.edu       |
|                              |                    |                  |                       |                              |