**Courses offered both fall and spring**

- **NFSC 100** – Basic Nutrition  
  See class schedule
- **NFSC 120** – Elementary Food  
  Dis TR 1:00 p.m. – 1:50 p.m.  
  Lab R 2:00 p.m. – 4:50 p.m.  
  Lab F 11:00 a.m. – 1:50 p.m.
- **NFSC 155** – Intro to Nutrition & Food Sciences  
  New to the major? You should enroll in NFSC 155
  Lec M 4:00 p.m. – 4:50 p.m.
- **NFSC 200W** – Health at Every Size  
  See class schedule
- **NFSC 230** – Intro to Foodservice Administration  
  Lec MWF 11:00 a.m. – 11:50 a.m.
- **NFSC 303** – Nutrition and Physical Fitness  
  See class schedule
- **NFSC 310** – Global Nutrition  
  See class schedule
- **NFSC 318** – Nutrition & Disease  
  Lec MWF 10:00 a.m. – 10:50 a.m.
- **NFSC 340** – Human Nutrition  
  Dis MWF 1:00 p.m. – 1:50 p.m.
- **NFSC 360** – Nutrition Through the Life Cycle  
  Dis MWF 9:00 a.m. – 9:50 a.m.
- **NFSC 365** – Nutrition Counseling & Education  
  Sem TR 12:30 p.m. – 1:45 p.m.
- **NFSC 465** – Community Nutrition  
  Lec W 4:00 p.m. – 6:50 p.m.
- **NFSC 489/489C** – Externship  
  See a faculty member to take advantage of pre-professional practice opportunities in your area of interest
- **NFSC 560** – Adv Training in Motivation Int  
  Lec W 12:00 p.m. – 1:50 p.m.  
  Act F 12:00 p.m. – 1:50 p.m.

**Courses offered fall only**

- **NFSC 122** – Food Safety + Sanitation  
  Lec TR 11:00 a.m. – 11:50 a.m.
- **NFSC 320** – Science of Food  
  Dis TR 10:00 a.m. – 10:50 a.m.
  Lab T 2:00 p.m. – 4:50 p.m.
  Lab W 11:00 a.m. – 1:50 p.m.
  Lab W 2:00 p.m. – 4:50 p.m.
- **NFSC 403** – Sports Nutrition  
  Lec W 5:00 p.m. – 7:50 p.m.
- **NFSC 431W** – Foodservice Equipment & Production  
  Dis MW 4:00 p.m. – 4:50 p.m.
  Lab M 10:00 a.m. – 12:50 p.m.
- **NFSC 440** – Adv. Human Nutrition  
  Lec TR 8:00 a.m. – 9:50 a.m.
- **NFSC 457** – Futures in Dietetics  
  Lec W 10:00 a.m. – 10:50 a.m.
- **NFSC 468** – Child Nutrition  
  Lec TR 11:00 a.m. – 12:15 p.m.
- **NFSC 470** – Medical Nutrition Therapy I  
  Lec MW 2:00 p.m. – 2:50 p.m.
  Act F 11:00 a.m. – 12:50 p.m.

**Fall 2022 graduate courses**

- **NFSC 600** – Research Methods Nutr Sci  
  Lec T 11:00 a.m. – 1:50 p.m.
  Lab R 11:00 a.m. – 1:50 p.m.
- **NFSC 663** – Public Health Nutrition  
  Sem M 4:00 p.m. – 6:50 p.m.

**Courses offered spring only**

- **NFSC 345W** – Diet Suppl + Functional Foods
- **NFSC 425** – Advanced Food Science
- **NFSC 429W** – Cultural Foods
- **NFSC 430** – Foodserv Procurement & Mgmt
- **NFSC 455** – Futures in Nutrition and Food Sci
- **NFSC 471** – Medical Nutrition Therapy II
- **NFSC 530** – Nutr Program Mgmt and Admin
- **NFSC 643** – Advanced Topics in Micro & Micronutrient
- **NFSC 644** – Nutritional Epigenomics
- **NFSC 671** – Advanced Clinical Nutrition

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**Summer 2022 Courses**

More information on website:  
https://rce.csuchico.edu/summer/register

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All classes subject to change. Please check the class schedule for most current information.
Graduation Information
Students file for graduation one year ahead of the planned graduation date.
If you plan to graduate Fall 2022, the filing date is December 15th, 2021
If you plan to graduate Spring 2023, the filing date is May 15th, 2022.

It’s still not too late to file for Spring 2022 graduation. Apply ASAP if you have not already done so!

Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit: http://www.csuchico.edu/evaluations/forms/grad_app.shtml.

If you are graduating in Fall 2022 (and have not yet applied for graduation), Spring 2023, or Fall 2023, you need to review your degree progress report with your designated faculty member - see contact information below.

Spring Graduation Ceremonies
Check for Updates from the University

Do you know who your advisor is?

<table>
<thead>
<tr>
<th>Option/Career Interest</th>
<th>Advisor</th>
<th>Office/Extension</th>
<th>Office Hours</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>New to Major? Unsure of Career Goals?</strong></td>
<td>Michelle Morris</td>
<td>Holt 355 x4757</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:mrmorris@csuchico.edu">mrmorris@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>Interested in becoming a Registered Dietitian Nutritionist?</strong></td>
<td>Katie Silliman</td>
<td>Holt 324 x6245</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a></td>
</tr>
<tr>
<td>(Last Name: A-H)</td>
<td>Lauren McNamara</td>
<td>Holt 326 x6264</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:immcmamara@csuchico.edu">immcmamara@csuchico.edu</a></td>
</tr>
<tr>
<td>(Last Name: I-R)</td>
<td>Stephanie Bianco</td>
<td>Holt 334 x4022</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:sbianco@csuchico.edu">sbianco@csuchico.edu</a></td>
</tr>
<tr>
<td>(Last Name: S-Z)</td>
<td>Laura Curtis</td>
<td>Holt 353 x6327</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:lccurtis@csuchico.edu">lccurtis@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>Option in Dietetics Advisor</strong></td>
<td>Laura Curtis</td>
<td>Holt 353 x6327</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:lccurtis@csuchico.edu">lccurtis@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>School Food Service or becoming a Certified Dietary Manager</strong></td>
<td>Joan Giampaoli</td>
<td>Holt 369 x6410</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:jgiampaoli@csuchico.edu">jgiampaoli@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>Nutrition Education, Lactation Education, or Sports Nutrition</strong></td>
<td>Julie Holland</td>
<td>Holt 322 x6567</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:jmholland@csuchico.edu">jmholland@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>Food Science, Agriculture, Marketing, Sustainability, or Media and Writing</strong></td>
<td>Maria Giovanni</td>
<td>Holt 336 x4023</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:mgiovanni@csuchico.edu">mgiovanni@csuchico.edu</a></td>
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<tr>
<td><strong>International Nutrition And Public Health</strong></td>
<td>Seth Klobodu</td>
<td>Holt 332 x6264</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:ssklobodu@csuchico.edu">ssklobodu@csuchico.edu</a></td>
</tr>
<tr>
<td><strong>Allied Health Career such as Nursing, Physician Assistant, etc.</strong></td>
<td>Katie Silliman</td>
<td>Holt 324 x6245</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a></td>
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<tr>
<td><strong>Related Programs:</strong></td>
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<tr>
<td>Masters in Nutritional Science</td>
<td>Keiko Goto</td>
<td>Holt 328 x6767</td>
<td>e-mail for Zoom</td>
<td><a href="mailto:kgoto@csuchico.edu">kgoto@csuchico.edu</a></td>
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<tr>
<td>Minor in Food Service Administration</td>
<td>Joan Giampaoli</td>
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<tr>
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