

Nutrition and Food Sciences' Advising Newsletter

Sign Up for Fall 2022 Classes! See your advisor ASAP!

Registration: **April 25th – May 20th**: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

Courses offered both fall and spring

NFSC 100 – Basic Nutrition

See class schedule

NFSC 120 – Elementary Food

Dis	TR	1:00 p.m. – 1:50 p.m.
Lab	R	2:00 p.m. – 4:50 p.m.
Lab	F	11:00 a.m. – 1:50 p.m.

NFSC 155 – Intro to Nutrition & Food Sciences

New to the major? You should enroll in NFSC 155

Lec	M	4:00 p.m. – 4:50 p.m.
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NFSC 200W - Health at Every Size

See class schedule

NFSC 230 – Intro to Foodservice Administration

Lec	MWF	11:00 a.m. – 11:50 a.m.
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NFSC 303 – Nutrition and Physical Fitness

See class schedule

NFSC 310 – Global Nutrition

See class schedule

NFSC 318 – Nutrition & Disease

Lec	MWF	10:00 a.m. – 10:50 a.m.
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NFSC 340 – Human Nutrition

Dis	MWF	1:00 p.m. – 1:50 p.m.
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NFSC 360 – Nutrition Through the Life Cycle

Dis	MWF	9:00 a.m. – 9:50 a.m.
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NFSC 365 – Nutrition Counseling & Education

Sem	TR	12:30 p.m. – 1:45 p.m.
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NFSC 465 – Community Nutrition

Lec	W	4:00 p.m. – 6:50 p.m.
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NFSC 489/489C – Externship

See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 560 – Adv Training in Motivation Int

Lec	W	12:00 p.m. – 1:50 p.m.
Act	F	12:00 p.m. – 1:50 p.m.

Courses offered fall only

NFSC 122 – Food Safety + Sanitation

Lec	TR	11:00 a.m. – 11:50 a.m.
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NFSC 320 – Science of Food

Dis	TR	10:00 a.m. -10:50 a.m.
Lab	T	2:00 p.m. – 4:50 p.m.
Lab	W	11:00 a.m. – 1:50 p.m.
Lab	W	2:00 p.m. – 4:50 p.m.

NFSC 403 – Sports Nutrition

Lec	W	5:00 p.m. – 7:50 p.m.
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NFSC 431W – Foodservice Equipment & Production

Dis	MW	4:00 p.m. – 4:50 p.m.
Lab	M	10:00 a.m. – 12:50 p.m.

NFSC 440 – Adv. Human Nutrition

Lec	TR	8:00 a.m. – 9:50 a.m.
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NFSC 457 – Futures in Dietetics

Lec	W	10:00 a.m.- 10:50 a.m.
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NFSC 468 – Child Nutrition

Lec	TR	11:00 a.m. – 12:15 p.m.
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NFSC 470 – Medical Nutrition Therapy I

Lec	MWF	2:00 p.m. – 2:50 p.m.
Act	F	11:00 a.m. – 12:50 p.m.

Fall 2022 graduate courses

NFSC 600 – Research Methods Nutr Sci

Lec	T	11:00 a.m. – 1:50 p.m.
Lab	R	11:00 a.m. – 1:50 p.m.

NFSC 663 – Public Health Nutrition

Sem	M	4:00 p.m. – 6:50 p.m.
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Courses offered spring only

NFSC 345W – Diet Suppl + Functional Foods

NFSC 425 – Advanced Food Science

NFSC 429W – Cultural Foods

NFSC 430 – Foodserv Procurement & Mgmt

NFSC 455 – Futures in Nutrition and Food Sci

NFSC 471– Medical Nutrition Therapy II

NFSC 530– Nutr Program Mgmt and Admin

NFSC 643 – Advanced Topics in Micro & Micronutrient

NFSC 644 – Nutritional Epigenomics

NFSC 671 – Advanced Clinical Nutrition

Summer 2022 Courses

More information on website:

<https://rce.csuchico.edu/summer/register>

All classes subject to change. Please check the class schedule for most current information.

Graduation Information

Students file for graduation one year ahead of the planned graduation date.

If you plan to graduate Fall 2022, the filing date is December 15th, 2021

If you plan to graduate **Spring 2023**, the filing date is **May 15th, 2022**.

It's still not too late to file for **Spring 2022** graduation. Apply ASAP if you have not already done so!

Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit:

http://www.csuchico.edu/evaluations/forms/grad_app.shtml.

If you are graduating in Fall 2022 (and have not yet applied for graduation), Spring 2023, or Fall 2023, you need to review your degree progress report with your designated faculty member - see contact information below.



Spring Graduation Ceremonies
Check for Updates from the University



Do you know who your advisor is?

Option/Career Interest	Advisor	Office/Extension	Office Hours	Email
New to Major? Unsure of Career Goals?	Michelle Morris	Holt 355 x4757	e-mail for Zoom appointment	mrmorris@csuchico.edu
Interested in becoming a Registered Dietitian Nutritionist?	Katie Silliman (Last Name: A-H)	Holt 324 x6245	e-mail for Zoom appointment	ksilliman@csuchico.edu
	Lauren McNamara (Last Name: I-R)	Holt 326 X6264	e-mail for Zoom appointment	lmmcnamara@csuchico.edu
	Stephanie Bianco (Last Name: S-Z)	Holt 334 x4022	e-mail for Zoom appointment	sbianco@csuchico.edu
Option in Dietetics Advisor	Laura Curtis	Holt 353 X6327	e-mail for Zoom appointment	lccurtis@csuchico.edu
School Food Service or becoming a Certified Dietary Manager	Joan Giampaoli	Holt 369 x6410	e-mail for Zoom appointment	jgiampaoli@csuchico.edu
Nutrition Education, Lactation Education, or Sports Nutrition	Julie Holland	Holt 322 x6567	e-mail for Zoom appointment	jmholland@csuchico.edu
Food Science, Agriculture, Marketing, Sustainability, or Media and Writing	Maria Giovanni	Holt 336 x4023	e-mail for Zoom appointment	mgiovanni@csuchico.edu
International Nutrition And Public Health	Seth Klobodu	Holt 332 x6264	e-mail for Zoom appointment	ssklobodu@csuchico.edu
Allied Health Career such as Nursing, Physician Assistant, etc.	Katie Silliman	Holt 324 x6245	e-mail for Zoom appointment	ksilliman@csuchico.edu
Related Programs:				
Masters in Nutritional Science	Keiko Goto	Holt 328 x6767	e-mail for Zoom appointment	kgoto@csuchico.edu
Minor in Food Service Administration	Joan Giampaoli	Holt 369 x6410	e-mail for Zoom appointment	jgiampaoli@csuchico.edu
Minor in Nutrition	Katie Silliman	Holt 324	e-mail for Zoom appointment	ksilliman@csuchico.edu
Minor in Food Science	Maria Giovanni	Holt 336 X4023	Email for Zoom Appointment	mgiovanni@csuchico.edu