Nutrition and Food Sciences' Advising Newsletter

Sign Up for Spring 2019 Classes! See your advisor ASAP!

Registration: October 15th – December 7th: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

Courses offered both fall and spring

NFSC 100 – Basic Nutrition
See class schedule

NFSC 120 – Elementary Food

Dis	MW	2:00 p.m. – 2:50 p.m.
Lab	R	2:00 p.m. – 4:50 p.m.
Lab	F	8:00 a.m. – 10:50 a.m.
Lab	F	11:00 a.m. – 1:50 p.m.
Lab	S	11:00 a.m. – 1:50 p.m.

NFSC 122 – Food Safety & Sanitation

Lec	MW	3:00 p.m. – 3:50 p.m.

NFSC 155 – Intro to Nutrition & Food Sciences
New to the major? You should enroll in NFSC 155

Lec	M	4:00 p.m. – 4:50 p.m.

NFSC 200/200I - Health at Every Size
See class schedule

NFSC 230 – Intro to Foodservice Administration

Lec	MWF	11:00 a.m. – 11:50 a.m.

NFSC 303 – Nutrition and Physical Fitness
See class schedule

NFSC 310 – Ecology of Human Nutrition
See class schedule

NFSC 318 – Nutrition & Disease

Lec	TR	11:00 a.m. – 12:15 p.m.

NFSC 340 – Human Nutrition

Dis	MWF	12:00 p.m. – 12:50 p.m.

NFSC 345W – Diet Supplements & Functional Foods

Lec	MWF	1:00 p.m. – 1:50 p.m.
Lec	MWF	2:00 p.m. – 2:50 p.m.

NFSC 360 – Nutrition Through the Life Cycle

Dis	TR	11:00 a.m. – 12:15 a.m.
Dis	TR	12:30 p.m. – 1:45 p.m.

NFSC 365 – Nutrition Counseling & Education

Sem	TR	2:00 p.m. – 3:15 p.m.
Sem	TR	3:30 p.m. – 4:15 p.m.

NFSC 430 – Foodservice Procurement and Mgmt

Lec/Act	MW	3:00 p.m. – 4:50 p.m.

NFSC 431 – Foodservice Equipment & Production

Dis	MW	8:00 a.m. – 8:50 a.m.
Lab	M	3:00 p.m. – 3:50 p.m.
Lab	M	4:00 p.m. – 4:50 p.m.

NFSC 465 – Community Nutrition

Lec	M	11:00 a.m.—12:50 p.m.

NFSC 465L – Community Nutrition Clinical
TBA- Contact Instructor

NFSC 489/489C – Externship
See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 560 – Adv Training in Motivation Int

Lec	T	11:00 a.m. – 12:50 p.m.

Courses offered spring only

NFSC 425 – Advanced Food Science

Lec	R	5:00 p.m. – 7:50 p.m.

NFSC 429 – Cultural Food

Dis	MW	9:00 a.m. – 9:50 a.m.
Dis	MW	10:00 a.m. – 10:50 a.m.
Dis	MW	1:00 p.m. – 1:50 p.m.
Lab	T	8:00 a.m. – 10:50 a.m.
Lab	T	2:00 p.m. – 4:50 p.m.
Lab	T	5:00 p.m. – 7:50 p.m.
Dis	W	11:00 a.m. – 1:50 p.m.
Lab	W	3:00 p.m. – 5:50 p.m.
Lab	R	8:00 a.m. – 10:50 a.m.

NFSC 455 – Futures in Nutrition & Food Sciences

Lec	M	5:00 p.m. – 5:50 p.m.

NFSC 468 – Child Nutrition

Lec	M	6:00 p.m. – 8:50 p.m.

NFSC 471 – Medical Nutrition Therapy II

Lec	TR	3:30 p.m. – 4:45 p.m.
Act	W	6:00 p.m. – 7:50 p.m.
Act	R	5:00 p.m. – 6:50 p.m.
Act	F	11:00 a.m. – 12:50 p.m.

NFSC 490 – Literacy in Nutrition Research

Lab	F	11:00 a.m. – 12:50 p.m.

NFSC 530 – Nutrition Program Mgmt & Admin

Lab	T	4:00 p.m. – 6:50 p.m.

Spring 2019 graduate courses

NFSC 641 – Topics in Macronutrients

Sem	M	5:00 p.m. – 7:50 p.m.

NFSC 660 – Nutrition Education

Sem	TBA	TBA

Courses offered fall only

NFSC 320 – Science of Food
NFSC 403 – Sports Nutrition
NFSC 440 – Advanced Human Nutrition
NFSC 457 – Futures in Dietetics
NFSC 470 – Medical Nutrition Therapy I
NFSC 642 – Topics in Vitamins and Minerals

Summer 2019 Courses

More information on website:
http://rce.csuchico.edu/schedule/credit/2131-a13

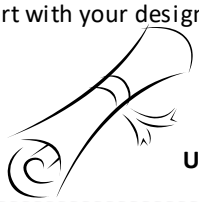
All classes subject to change. Please check the class schedule for most current information.

Graduation Information

Students file for graduation one year ahead of the planned graduation date.
If you plan to graduate **Fall 2019**, the filing date is **December 15th, 2018**.
If you plan to graduate **Spring 2020**, the filing date is **May 15th, 2019**.

It's still not too late to file for **Spring 2019** graduation. Apply ASAP if you have not already done so!
Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit: http://www.csuchico.edu/evaluations/forms/grad_app.shtml.

If you are graduating in Fall 2019 (and have not yet applied for graduation), Spring 2020, or Fall 2020, you need to review your degree progress report with your designated faculty member - see contact information below.



Spring Graduation Ceremonies

Graduate: Thursday, May 16, 2019
Undergraduate: Saturday, May 18, 2019, 8:30 a.m.

Do you know who your advisor is?

Option/Career Interest	Advisor	Office/Extension	Office Hours	Email
New to Major? Unsure of Career Goals?	Dr. Michelle Morris	Holt 355 x4757	On leave Fall 2018	mrmorris@csuchico.edu
Interested in becoming a Registered Dietitian Nutritionist?	Dr. Katie Silliman (Last Name: A-H)	Holt 324 x6245	M 12:00p-2:00p T 10:00a-12:00p W 2:30p-3:30p	ksilliman@csuchico.edu
	Dr. Lauren Housley (Last Name: I-R)	Holt 314 x4762	MWF 10:00a-11:00a F 11:00a-12:00p	lhousley@csuchico.edu
	Stephanie Bianco (Last Name: S-Z)	Holt 334 x4759	M 10:00a-12:00p	sbianco@csuchico.edu
Option in Dietetics Advisor	Courtney Clark	Holt 330 x6410	TR 12:30p-2:30p W 10:00a-2:00p	clclark@csuchico.edu
School Food Service or becoming a Certified Dietary Manager?	Dr. Joan Giampaoli	Holt 326 x6410	M 9:00a-11:00a TW 10:00a-12:00p	jgiampaoli@csuchico.edu
Nutrition Education, Lactation Education, or Sports Nutrition?	Dr. Julie Holland	Holt 322 X6567	M 1:00p-2:30p R 11:00a – 1:00p	jmholland@csuchico.edu
Food Science, Agriculture, Marketing, Sustainability, or Media and Writing?	Dr. Maria Giovanni	Holt 336 X4023	M 10:30a-1:30p F 12:30a-2:30p	mgiovanni@csuchico.edu
Public Health Nutrition or International Nutrition	Dr. Seth Klobodu	Holt 332 X6163	M 1:00p-3:00p W 12:00p-2:00p	ssklobodu@csuchico.edu
Allied Health Career such as Nursing, Physician Assistant, etc?	Dr. Katie Silliman	Holt 324 X6245	See above	ksilliman@csuchico.edu

Related Programs:

Masters in Nutritional Science	Dr. Keiko Goto	Holt 328 X6767	TR 10:00a-12:00p	kgoto@csuchico.edu
Minor in Food Service Administration	Dr. Joan Giampaoli	Holt 326 X6410	See above	jgiampaoli@csuchico.edu
Minor in Nutrition	Dr. Katie Silliman	Holt 367	See above	ksilliman@csuchico.edu