

Nutrition and Food Sciences' Advising Newsletter

Sign Up for Spring 2020 Classes! See your advisor ASAP!

Registration: **October 28th – November 22nd**: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

Courses offered both fall and spring

NFSC 100 – Basic Nutrition

See class schedule

NFSC 120 – Elementary Food

Dis	MW	2:00 p.m. – 2:50 p.m.
Lab	T	8:00 a.m. – 10:50 a.m.
Lab	T	11:00 a.m. – 1:50 p.m.
Lab	T	2:00 p.m. – 4:50 p.m.

NFSC 155 – Intro to Nutrition & Food Sciences

New to the major? You should enroll in NFSC 155

Lec	M	4:00 p.m. – 4:50 p.m.
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NFSC 200W - Health at Every Size

See class schedule

NFSC 230 – Intro to Foodservice Administration

Lec	MWF	3:00 p.m. – 3:50 p.m.
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NFSC 303 – Nutrition and Physical Fitness

See class schedule

NFSC 310 – Ecology of Human Nutrition

See class schedule

NFSC 318 – Nutrition & Disease

Lec	TR	11:00 a.m. – 12:15 p.m.
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NFSC 340 – Human Nutrition

Dis	MWF	12:00 p.m. – 12:50 p.m.
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NFSC 345W – Diet Supplements & Functional Foods

Lec	MWF	1:00 p.m. – 1:50 p.m.
Lec	MWF	2:00 p.m. – 2:50 p.m.

NFSC 360 – Nutrition Through the Life Cycle

Dis	TR	12:30 p.m. – 1:45 p.m.
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NFSC 365 – Nutrition Counseling & Education

Sem	TR	2:00 p.m. – 3:15 p.m.
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NFSC 430 – Foodservice Procurement and Mgmt

Lec	M	3:00 p.m. – 4:50 p.m.
Act	W	3:00 p.m. – 4:50 p.m.

NFSC 431W – Foodservice Equipment & Production

Dis	MF	8:00 a.m. – 8:50 a.m.
Lab	W	8:00 a.m. – 10:50 a.m.
Lab	W	11:00 a.m. – 1:50 p.m.

NFSC 465 – Community Nutrition

Lec	M	11:00 a.m. – 12:50 p.m.
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NFSC 489/489C – Externship

See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 560 – Adv Training in Motivation Int

Lec	T	12:00 p.m. – 1:50 p.m.
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Courses offered spring only

NFSC 425 – Advanced Food Science

Lec	W	5:00 p.m. – 7:50 p.m.
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NFSC 429W – Cultural Food

Dis	MW	9:00 a.m. – 9:50 a.m.
Dis	MW	10:00 a.m. – 10:50 a.m.
Dis	MW	1:00 p.m. – 1:50 p.m.
Lab	R	11:00 a.m. – 1:50 p.m.
Lab	R	2:00 p.m. – 4:50 p.m.
Lab	F	8:00 a.m. – 10:50 a.m.
Lab	F	11:00 a.m. – 1:50 p.m.

NFSC 455 – Futures in Nutrition & Food Sciences

Lec	M	5:00 p.m. – 5:50 p.m.
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NFSC 468 – Child Nutrition

Lec	M	6:00 p.m. – 7:15 p.m.
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NFSC 471 – Medical Nutrition Therapy II

Lec	TR	3:30 p.m. – 4:45 p.m.
Act	F	11:00 a.m. – 12:50 p.m.

NFSC 530 – Nutrition Program Mgmt & Admin

Lec	TR	2:00 p.m. – 3:15 p.m.
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Spring 2019 graduate courses

NFSC 641 – Topics in Macronutrients

Sem	M	5:00 p.m. – 7:50 p.m.
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NFSC 670 – Topics in Clinical Nutrition

Sem	W	4:00 p.m. – 5:50 p.m.
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Courses offered fall only

NFSC 122 – Food Safety and Sanitation

NFSC 320 – Science of Food

NFSC 403 – Sports Nutrition

NFSC 440 – Advanced Human Nutrition

NFSC 457 – Futures in Dietetics

NFSC 470 – Medical Nutrition Therapy I

Summer 2020 Courses

More information on website:

<http://rce.csuchico.edu/schedule/credit/2131-a13>

All classes subject to change. Please check the class schedule for most current information.

Graduation Information

Students file for graduation one year ahead of the planned graduation date.

If you plan to graduate **Fall 2020**, the filing date is **December 15th, 2019**.

If you plan to graduate **Spring 2021**, the filing date is **May 15th, 2020**.

It's still not too late to file for **Spring 2020** graduation. Apply ASAP if you have not already done so!

Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit:

http://www.csuchico.edu/evaluations/forms/grad_app.shtml.

If you are graduating in Fall 2020 (and have not yet applied for graduation), Spring 2021, or Fall 2021, you need to review your degree progress report with your designated faculty member - see contact information below.



Spring Graduation Ceremonies

Graduate: Thursday, May 14, 2020

Undergraduate: Saturday, May 16, 2020, 8:30 a.m.



Do you know who your advisor is?

Option/Career Interest	Advisor	Office/Extension	Office Hours	Email
New to Major? Unsure of Career Goals?	Dr. Seth Klobodu	Holt 332 X6163	M 11:00a-2:00p W 2:00p-3:00p	ssklobodu@csuchico.edu
Interested in becoming a Registered Dietitian Nutritionist?	Dr. Katie Silliman (Last Name: A-H)	Holt 324 x6245	M 2:00p-3:00p T 1:00p-3:00p W 10:30a-12:30p or by appointment	ksilliman@csuchico.edu
	Dr. Michelle Morris (Last Name: I-R)	Holt 355 x4757	M 3:00p-5:00p	mrmorris@csuchico.edu
	Stephanie Bianco (Last Name: S-Z)	Holt 334 x4759	T 3:15p-4:45p	sbianco@csuchico.edu
Option in Dietetics Advisor	Lauren Housley	Holt 314 X4762	M 10:00a-11:00a W 10:00a-12:00p	lhousley@csuchico.edu
School Food Service or becoming a Certified Dietary Manager?	Dr. Joan Giampaoli	Holt 369 x6410	TR 9:00a-10:30a F 10:00a-12:00p	jgiampaoli@csuchico.edu
Nutrition Education, Lactation Education, or Sports Nutrition?	Dr. Julie Holland	Holt 322 X6567	M 5:00p-6:00p W 8:00a-11:00a F 12:00p-1:00p	jmholland@csuchico.edu
Food Science, Agriculture, Marketing, Sustainability, or Media and Writing?	Dr. Maria Giovanni	Holt 336 X4023	M 9:15a-11:15a T 10:30a-1:30p	mgiovanni@csuchico.edu
Allied Health Career such as Nursing, Physician Assistant, etc?	Dr. Katie Silliman	Holt 324 X6245	M 12:00p-2:00p W 11:00a-1:00p R 10:00a-11:00a or by appointment	ksilliman@csuchico.edu

Related Programs:

Masters in Nutritional Science	Dr. Keiko Goto	Holt 328 X6767	MW 2:00p-2:45p T 9:00a-11:30a	kgoto@csuchico.edu
Minor in Food Service Administration	Dr. Joan Giampaoli	Holt 369 X6410	See above	jgiampaoli@csuchico.edu
Minor in Nutrition	Dr. Katie Silliman	Holt 324	See above	ksilliman@csuchico.edu