

Nutrition and Food Sciences' Advising Newsletter

Sign Up for Spring 2022 Classes! See your advisor ASAP!

Registration: **October 25th – November 19th**: If you are a continuing student you may find your day to begin registering for classes by checking your portal account.

Courses offered both fall and spring

NFSC 100 – Basic Nutrition

See class schedule

NFSC 120 – Intro to Food Science

Dis	MW	2:00 p.m. – 2:50 p.m.
Lab	F	8:00 a.m. – 10:50 a.m.
Lab	R	2:00 p.m. – 4:50 p.m.

NFSC 155 – Intro to Nutrition & Food Sciences

New to the major? You should enroll in NFSC 155

Lec	M	4:00 p.m. – 4:50 p.m.
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NFSC 200W - Health at Every Size

See class schedule

NFSC 230 – Intro to Foodservice Administration

Lec	MWF	11:00 a.m. – 11:50 a.m.
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NFSC 303 – Nutrition and Physical Fitness

See class schedule

NFSC 310 – Ecology of Human Nutrition

See class schedule

NFSC 318 – Nutrition & Disease

Lec	TR	11:00 a.m. – 12:15 p.m.
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NFSC 340 – Human Nutrition

Dis	MWF	12:00 p.m. – 12:50 p.m.
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NFSC 345W – Diet Supplements & Functional Foods

Lec	MWF	1:00 p.m. --1:50 p.m.
Lec	MWF	2:00 p.m. – 2:50 p.m.

NFSC 360 – Nutrition Through the Life Cycle

Dis	TR	12:30 p.m. – 1:45 p.m.
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NFSC 365 – Nutrition Counseling & Education

Sem	TR	2:00 p.m. – 3:15 p.m.
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NFSC 430 – Foodservice Procurement and Mgmt

Lec	M	3:00 p.m. – 4:50 p.m.
Act	W	2:00 p.m. – 3:50 p.m.

NFSC 431W – Foodservice Equipment & Production

Dis	MW	4:00 a.m. – 4:50 a.m.
Lab	R	8:00 a.m. – 10:50 a.m.
Lab	R	11:00 a.m. – 1:50 p.m.

NFSC 465 – Community Nutrition

Lec	M	11:00 a.m. – 1:50 p.m.
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NFSC 489/489C – Externship

See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 560 – Adv Training in Motivation Int

Lec	T	12:00 p.m. – 1:50 p.m.
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Courses offered spring only

NFSC 425 – Advanced Food Science

Lec	W	5:00 p.m. – 7:50 p.m.
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NFSC 429W – Cultural Food

Dis	MW	9:00 a.m. – 9:50 a.m.
Dis	MW	10:00 a.m. – 10:50 a.m.
Lab	T	11:00 a.m. – 1:50 p.m.
Lab	T	8:00 a.m. – 10:50 a.m.
Lab	W	11:00 a.m. – 1:50 p.m.
Lab	W	2:00 p.m. – 4:50 p.m.

NFSC 455 – Futures in Nutrition & Food Sciences

Lec	M	5:00 p.m. – 5:50 p.m.
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NFSC 468 – Child Nutrition

Lec	Not offered Spring, 2022	
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NFSC 471 – Medical Nutrition Therapy II

Lec	TR	3:30 p.m. – 4:45 p.m.
Act	R	5:00 p.m. – 6:50 p.m.

NFSC 530 – Nutrition Program Mgmt & Admin

Lec	Not offered Spring, 2022	
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Spring 2022 graduate courses

NFSC 643 – Adv. Topics Macro/Micronutrients

Sem	TR	4:00 p.m. – 5:50 p.m.
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NFSC 644 – Nutritional Genomics

Sem	W	4:00 p.m. -5:50 p.m.
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NFSC 671 – Advanced Clinical Nutrition

Sem	M	5:00 p.m. – 7:50 p.m.
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NFSC 691 – Application in Nutrition. Research.

Sem	F	10:00 a.m. – 10:50 a.m.
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Courses offered fall only

NFSC 122 – Food Safety and Sanitation

NFSC 320 – Science of Food

NFSC 403 – Sports Nutrition

NFSC 440 – Advanced Human Nutrition

NFSC 457 – Futures in Dietetics

NFSC 470 – Medical Nutrition Therapy I

Summer 2021 Courses

More information on website:

All classes subject to change. Please check the class schedule for most current information.

Graduation Information

Students file for graduation one year ahead of the planned graduation date.

If you plan to graduate **Fall 2022**, the filing date is **December 15th, 2021**.

If you plan to graduate **Spring 2022**, the filing date is **May 15th, 2021**.

It's still not too late to file for **Spring 2022** graduation. Apply ASAP if you have not already done so!

Note: it is too late to have your name published in the graduation program. To apply for graduation, please visit:

http://www.csuchico.edu/evaluations/forms/grad_app.shtml.

If you are graduating in Fall 2022 (and have not yet applied for graduation), Spring 2023, or Fall 2023, you need to review your degree progress report with your designated faculty member - see contact information below.



Spring Graduation Ceremonies

Graduate: Thursday, May 22, 2022; 3:00pm

Undergraduate: Saturday, May 16-22, 2022.



Do you know who your advisor is?

Option/Career Interest	Advisor	Office Hours	Email
New to Major? Unsure of Career Goals?	Julie Holland	T 8:00a-10:50a R 10:00a-12:50p	jmholland@csuchico.edu or by appointment
Interested in becoming a Registered Dietitian Nutritionist?	Katie Silliman (Last Name: A-H)	M 12:30p-3:30p	ksilliman@csuchico.edu or by appointment
	Lauren McNamara (Last Name: I-R)	T 10:00a-12:00p	lmcnamara@csuchico.edu or by appointment
	Stephanie Bianco (Last Name: S-Z)	TBA	sbianco@csuchico.edu or by appointment
Option in Dietetics Advisor	Laura Curtis	M 2:00p-4:00p R 11:00a-12:30p	lccurtis@csuchico.edu or by appointment
School Food Service or becoming a Certified Dietary Manager?	Joan Giampaoli	T 10:00a-12:00p F 11:00a-12:00p	jgiampaoli@csuchico.edu or by appointment
Nutrition Education, Lactation Education, or Sports Nutrition?	Julie Holland	T 8:00a-10:50a R 10:00a-12:50p	jmholland@csuchico.edu or by appointment
Food Science, Agriculture, Marketing, Sustainability, or Media and Writing?	Maria Giovanni	M 11:30a-1:30p T 10:00a-1:00p R 3:30p-5:30p	mgiovanni@csuchico.edu or by appointment
International Nutrition Public Health	Seth Klobodu	M 2:00p-4:00p F 2:00p-4:00p	ssklobodu@csuchico.edu or by appointment
Allied Health Career such as Nursing, Physician Assistant, etc?	Katie Silliman	M 12:30p-3:30p	ksilliman@csuchico.edu or by appointment

Related Programs:

Masters in Nutritional Science	Keiko Goto	T 8:45a-10:45a R 8:45a-10:45a	kgoto@csuchico.edu or by appointment
Minor in Food Service Administration	Joan Giampaoli	See above	jgiampaoli@csuchico.edu
Minor in Nutrition	Katie Silliman	See above	ksilliman@csuchico.edu
Minor in Food Science	Maria Giovanni	See above	mgiovanni@csuchico.edu