Courses offered both fall and spring

NFSC 100 – Basic Nutrition
See class schedule

NFSC 120 – Intro to Food Science
Dis MW 2:00 p.m. – 2:50 p.m.
Lab F 8:00 a.m. – 10:50 a.m.
Lab R 2:00 p.m. – 4:50 p.m.

NFSC 155 – Intro to Nutrition & Food Sciences
New to the major? You should enroll in NFSC 155
Lec M 4:00 p.m. – 4:50 p.m.

NFSC 200W - Health at Every Size
See class schedule

NFSC 230 – Intro to Foodservice Administration
Lec MWF 11:00 a.m. – 11:50 a.m.

NFSC 303 – Nutrition and Physical Fitness
See class schedule

NFSC 310 – Ecology of Human Nutrition
See class schedule

NFSC 318 – Nutrition & Disease
Lec TR 11:00 a.m. – 12:15 p.m.

NFSC 340 – Human Nutrition
Dis MWF 12:00 p.m. – 12:50 p.m.

NFSC 345W – Diet Supplements & Functional Foods
Lec MWF 1:00 p.m. – 1:50 p.m.
Lec MWF 2:00 p.m. – 2:50 p.m.

NFSC 360 – Nutrition Through the Life Cycle
Dis TR 12:30 p.m. – 1:45 p.m.

NFSC 365 – Nutrition Counseling & Education
Sem TR 2:00 p.m. – 3:15 p.m.

NFSC 430 – Foodservice Procurement and Mgmt
Lec M 3:00 p.m. – 4:50 p.m.
Act W 2:00 p.m. – 3:50 p.m.

NFSC 431W – Foodservice Equipment & Production
Dis MWF 4:00 a.m. – 4:50 a.m.
Lab R 8:00 a.m. – 10:50 a.m.
Lab R 11:00 a.m. – 1:50 p.m.

NFSC 465 – Community Nutrition
Lec M 11:00 a.m. – 1:50 p.m.

NFSC 489/489C – Externship
See a faculty member to take advantage of pre-professional practice opportunities in your area of interest

NFSC 560 – Adv Training in Motivation Int
Lec T 12:00 p.m. – 1:50 p.m.

Courses offered spring only

NFSC 425 – Advanced Food Science
Lec W 5:00 p.m. – 7:50 p.m.

NFSC 429W – Cultural Food
Dis MW 9:00 a.m. – 9:50 a.m.
Dis MW 10:00 a.m. – 10:50 a.m.
Lab T 11:00 a.m. – 1:50 p.m.
Lab T 8:00 a.m. – 10:50 a.m.
Lab W 11:00 a.m. – 1:50 p.m.
Lab W 2:00 p.m. – 4:50 p.m.

NFSC 455 – Futures in Nutrition & Food Sciences
Lec M 5:00 p.m. – 5:50 p.m.

NFSC 468 – Child Nutrition
Lec Not offered Spring, 2022

NFSC 471 – Medical Nutrition Therapy II
Lec TR 3:30 p.m. – 4:45 p.m.
Act R 5:00 p.m. – 6:50 p.m.

NFSC 530 – Nutrition Program Mgmt & Admin
Lec Not offered Spring, 2022

Spring 2022 graduate courses

NFSC 643 – Adv. Topics Macro/Micronutrients
Sem TR 4:00 p.m. – 5:50 p.m.

NFSC 644 – Nutritional Genomics
Sem W 4:00 p.m. – 5:50 p.m.

NFSC 671 – Advanced Clinical Nutrition
Sem M 5:00 p.m. – 7:50 p.m.

NFSC 691 – Application in Nutrition. Research.
Sem F 10:00 a.m. – 10:50 a.m.

Courses offered fall only

NFSC 122 – Food Safety and Sanitation
NFSC 320 – Science of Food
NFSC 403 – Sports Nutrition
NFSC 440 – Advanced Human Nutrition
NFSC 457 – Futures in Dietetics
NFSC 470 – Medical Nutrition Therapy I

Summer 2021 Courses
More information on website:

All classes subject to change. Please check the class schedule for most current information.
**Graduation Information**

Students file for graduation one year ahead of the planned graduation date. If you plan to graduate **Fall 2022**, the filing date is December 15th, 2021. If you plan to graduate **Spring 2022**, the filing date is May 15th, 2021.

It’s still not too late to file for **Spring 2022** graduation. Apply ASAP if you have not already done so!

**Note:** it is too late to have your name published in the graduation program. To apply for graduation, please visit: [http://www.csuchico.edu/evaluations/forms/grad_app.shtml](http://www.csuchico.edu/evaluations/forms/grad_app.shtml).

If you are graduating in Fall 2022 (and have not yet applied for graduation), Spring 2023, or Fall 2023, you need to review your degree progress report with your designated faculty member - see contact information below.

**Spring Graduation Ceremonies**

- **Graduate:** Thursday, May 22, 2022; 3:00pm
- **Undergraduate:** Saturday, May 16-22, 2022.

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### Do you know who your advisor is?

**Option/Career Interest**

<table>
<thead>
<tr>
<th>Advisor Name</th>
<th>Office Hours</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td><strong>New to Major? Unsure of Career Goals?</strong></td>
<td></td>
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</tr>
<tr>
<td>Julie Holland</td>
<td>T 8:00a-10:50a R 10:00a-12:50p</td>
<td><a href="mailto:jmholland@csuchico.edu">jmholland@csuchico.edu</a> or by appointment</td>
</tr>
<tr>
<td><strong>Interested in becoming a Registered Dietitian Nutritionist?</strong></td>
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<tr>
<td>Katie Silliman</td>
<td>M 12:30p-3:30p</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a> or by appointment</td>
</tr>
<tr>
<td>Lauren McNamara</td>
<td>T 10:00a-12:00p</td>
<td><a href="mailto:lmcnamara@csuchico.edu">lmcnamara@csuchico.edu</a> or by appointment</td>
</tr>
<tr>
<td>(Last Name: A-H)</td>
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<tr>
<td>Stephanie Bianco</td>
<td>TBA</td>
<td><a href="mailto:sbianco@csuchico.edu">sbianco@csuchico.edu</a> or by appointment</td>
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<tr>
<td>(Last Name: S-Z)</td>
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<tr>
<td><strong>Option in Dietetics Advisor</strong></td>
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<tr>
<td>Laura Curtis</td>
<td>M 2:00p-4:00p R 11:00a-12:30p</td>
<td><a href="mailto:lccurtis@csuchico.edu">lccurtis@csuchico.edu</a> or by appointment</td>
</tr>
<tr>
<td><strong>School Food Service or becoming a Certified Dietary Manager?</strong></td>
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<tr>
<td>Joan Giampaoli</td>
<td>T 10:00a-12:00p F 11:00a-12:00p</td>
<td><a href="mailto:jgiampaoli@csuchico.edu">jgiampaoli@csuchico.edu</a> or by appointment</td>
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<tr>
<td><strong>Nutrition Education, Lactation Education, or Sports Nutrition?</strong></td>
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<tr>
<td>Julie Holland</td>
<td>T 8:00a-10:50a R 10:00a-12:50p</td>
<td><a href="mailto:jmholland@csuchico.edu">jmholland@csuchico.edu</a> or by appointment</td>
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<tr>
<td><strong>Food Science, Agriculture, Marketing, Sustainability, or Media and Writing?</strong></td>
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<tr>
<td>Maria Giovanni</td>
<td>M 11:30a-1:30p T 10:00a-1:00p R 3:30p-5:30p</td>
<td><a href="mailto:mgiovanni@csuchico.edu">mgiovanni@csuchico.edu</a> or by appointment</td>
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<tr>
<td><strong>International Nutrition Public Health</strong></td>
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<tr>
<td>Seth Klobodu</td>
<td>M 2:00p-4:00p F 2:00p-4:00p</td>
<td><a href="mailto:ssklobodu@csuchico.edu">ssklobodu@csuchico.edu</a> or by appointment</td>
</tr>
<tr>
<td><strong>Allied Health Career such as Nursing, Physician Assistant, etc?</strong></td>
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<td></td>
</tr>
<tr>
<td>Katie Silliman</td>
<td>M 12:30p-3:30p</td>
<td><a href="mailto:ksilliman@csuchico.edu">ksilliman@csuchico.edu</a> or by appointment</td>
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</tbody>
</table>

**Related Programs:**

- **Masters in Nutritional Science**
  - Keiko Goto
  - T 8:45a-10:45a R 8:45a-10:45a
  - kgoto@csuchico.edu or by appointment

- **Minor in Food Service Administration**
  - Joan Giampaoli
  - See above
  - jgiampaoli@csuchico.edu

- **Minor in Nutrition**
  - Katie Silliman
  - See above
  - ksilliman@csuchico.edu

- **Minor in Food Science**
  - Maria Giovanni
  - See above
  - mgiovanni@csuchico.edu