

# Our Mission

The mission of the nutrition and food science undergraduate program is to educate students in food science, nutrition and foodservice management. The Bachelor of Science degree will prepare students to apply their knowledge and skills for careers that require a registered dietitian nutritionist (RDN) credential, other nutrition-related careers, and careers in foodservice administration. Courses in the option in general dietetics meet the requirements of the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND).

<http://www.eatrightpro.org>

The mission of the nutritional science graduate program is to provide educational experiences for students to increase their expertise in the science of nutrition and nutrition education. With the Master of Science degree, students gain confidence in conducting and analyzing research. The program will prepare students to become competent, evidence-based nutrition professionals and practitioners.

<http://www.csuchico.edu/nfsc>



# University Community

California State University, Chico is one of 23 campuses in the CSU System and has approximately 17,000 students.

The University offers the following academic and support features: Academic Advising; Associated Students Child Development Lab; Career Center; Accessibility Resource Center; Financial Aid and Scholarship office; International Student Advising; IT Support Services; Counseling Center; Student Employment office; Student Health Center; Student Learning Center; Writing Center; Office of Diversity and Inclusion; and the Wildcat Recreation Center with a state-of-the-art gym, swimming pool, climbing wall, fitness center, and running track.

The University recognizes almost 240 student organizations each year, including fraternities, sororities, and special interest, social, and professional groups.

Chico has a population of about 100,000. Its historic downtown and family-oriented neighborhoods maintain a sense of community and small-town living.

Bidwell Park has a total of 3,670 acres, making it one of the largest municipal parks in the United States. It surrounds the eastern portion of Chico and extends through the foothills of the Sierra Nevada Mountains.



CALIFORNIA STATE UNIVERSITY | **Chico**

## Department of Nutrition and Food Science



**Department of Nutrition and Food Science**

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# Why Choose CSU, Chico ?

**BS Nutrition and Food Sciences with options in:**

- **General dietetics**, Accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
- **Nutrition management**
- **Food and nutrition communication** with the following areas of study
  - Lifecycle nutrition
  - Sports nutrition
  - Media and writing

**MS Nutritional Science with options in:**

- **General nutritional science**
- **Nutrition education**

**Post-baccalaureate dietetic internship**

- Accredited by ACEND
- Available to students enrolled in the nutritional science MS program

**Dedicated faculty**

- Ten full-time faculty members
- Research interests cover a range of topics, such as community nutrition, clinical nutrition, international nutrition, food safety, food science, food and culture, nutrition communication and counseling, nutritional epidemiology, and non-diet approaches to health

**Undergraduate student clubs**

- The Nutrition and Food Science Association (NFSA) is open to any student interested in nutrition, food science, fitness, or other related health issues. NFSA participates in University and community health fairs, tours of local businesses and social gatherings to build connections
- Embodied welcomes all majors and is committed to celebrating diversity and encouraging size acceptance through education, advocacy, and service endeavors

# Coursework

The major requires course work in:

- Chemistry; physiology; statistics
- Microbiology; food safety
- Medical nutrition therapy
- Nutrition; food science; food production
- Food and nutrition communication; education
- Nutrition and foodservice management
- Community nutrition; nutrition counseling



Students will gain knowledge in the areas of food science and food systems; techniques of food preparation and modification of recipes and food products; the physical and biological sciences; and the behavioral and social sciences. After students complete the program they will be able to:

- Integrate scientific information and research into evidence-based practice
- Display a variety of communication skills sufficient for entry into practice
- Develop and deliver information, products and services to diverse individuals, groups and populations
- Strategically apply the principles of management and systems in the provision of services to individuals and organizations

# Pathways in Nutrition

## Why Choose NFSC?

## Growth in Jobs



From  
2014-2024  
nutrition and  
foodservice jobs  
are projected to  
increase by 16%

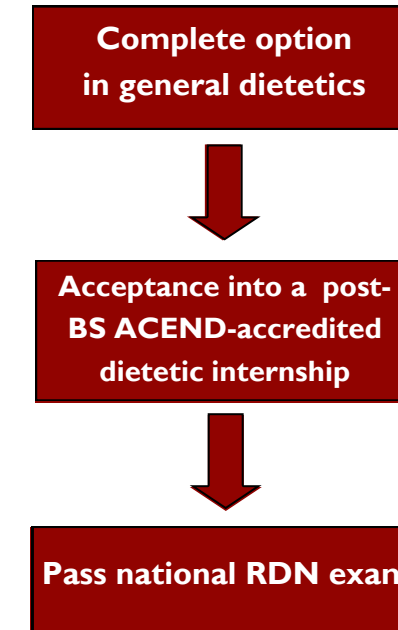
- Competitive salaries
- Hands-on experiences both inside and outside classroom
- Numerous externship opportunities



## Center for Healthy Communities (CHC)

- Is a leader in nutrition education, food security and physical activity programs
- Provides over 100 externship and paid positions for CSUC students
- Provides opportunities for interdisciplinary community-based research

## Steps to becoming a registered dietitian nutritionist (RDN)



\*The Commission on Dietetics Registration (CDR) has mandated that beginning January 1, 2024, a minimum of a graduate degree will be required to sit for the RDN credential exam.



# Employment Opportunities

## For RDNs:

**Business and management dietitians** work in schools, health care facilities, business, and industry

**Clinical dietitians** are a vital part of the medical team in various health care facilities

**Community dietitians** work in public or home health agencies, daycare centers, health clubs, and in government

**Educator and/or research dietitians** work in colleges, food and pharmaceutical companies, universities, government agencies, and in medical centers

**Consultant dietitians** work in private practice or for companies that contract dietitians

## With nutrition and food sciences BS:

**Foodservice manager** is responsible for the daily operation of a healthcare facility, school foodservice, or other establishments that prepare and serve meals to customers/clients.

**Nutrition writer/communication expert** writes and creates nutrition-related media for newspapers, periodicals, radio and TV, and other information sectors.

**Nutrition and fitness educator/trainer** works to promote nutrition and physical fitness in corporate, commercial, or community settings.

**Nutrition educator or assistant** provides education to low-income populations in schools, food programs, and other public health programs.